

HPSC POLAR BEAR INVITATIONAL
Senior Development and 12/UNDER BB+, B/C
hosted by
HIGH POINT SWIM CLUB
January 19-20, 2008

- SITE:** Huntersville Family Fitness & Aquatic Center
11725 Verhoeff Road
Huntersville, NC 28078
(704) 766-2222
- HOTEL INFO:** More hotel information to follow.
- SANCTION:** Conducted Under sanction of USA Swimming Inc., issued by North Carolina Swimming Inc. NCS Sanction # NC08010.
- CLASSIFICATION:** Senior Development and Age Group 12 & Under 'BB' & Faster / 12 & Under 'B/C' as defined in the NCS handbook.
- FACILITY:** The Huntersville Family Fitness & Aquatics center has a 12,952 square-foot pool area featuring a 50-meter by 25-yard Paddock Pool Racing tank. The pool depth ranges from 6 feet at the starting end to 17 feet at the far end of the pool with eight 9 foot wide lanes. The pool is equipped with Competitor 4" Racing Lanes and with single pedestal Paddock stainless steel starting platforms. The facility also features a Colorado 5000 timing system and an eight-lane scoreboard. Hy-Tek Meet Manager software will be used.
- NOTE: NO FOOD OR DRINK ALLOWED ON DECK. HOWEVER SWIMMERS MAY HAVE A PLASTIC BOTTLE FOR WATER OR OTHER SPORTS BEVERAGE.
- NO TOBACCO USE ALLOWED IN ANY PART OF THE BUILDING
- CONCESSION:** Huntersville Family Fitness & Aquatic Center
- PARKING:** Park in the main lot at the front of the Athletic Center. Enter the building at main entrance only.
- RULES:** Unless otherwise specified, the meet will be conducted in accordance with the current USA Swimming code and the NCS official handbook and the NCS safety program.
- ELIGIBILITY:** All swimmers must be registered with USS, Inc.
- ENTRIES:** Complete the summary sheet and attached entry forms or computer generated forms, showing age as of January 19th, 2008.

Swimmers may enter 5 individual events per day. This meet will be limited to the first 400 SWIMMERS PER SESSION entered. You will be notified if the meet is closed.

NOTE: Sessions may be modified to accommodate better competition. Teams will be notified of any changes.

NOTE: The sessions will be modified as needed to accommodate the 4-hour rule.

ENTRY DEADLINE: The entry deadline is 5PM Tuesday, January 9th, 2008. Late entries MAY be accepted at the discretion of the meet director, but will not be seeded. No FAX entries will be accepted.

Do not send entries that require signature upon delivery.

Email entries in Hy-Tek format are preferred, but hard copy entry forms (either computer generated or forms included in this meet information), summary sheet and fees must be received by the entry deadline.

ENTRY FEES: \$2.00 per individual event.
\$8.00 per relay event.
\$2.00 per Swimmer for the NSC travel fund surcharge.
\$5.00 per Swimmer Facility Surcharge.
Double fees if late entry.

Entry fees must accompany entries and are not refundable.

Make checks payable to: High Point Swim Club

MAIL ENTRIES TO: Aaron Reeves
3206 Quail Run Dr.
High Point NC 27265
EMAIL ENTRIES TO: meetentries@polarbearswim.org

AWARDS: Ribbons 1st - 8th place for individual events. Events will be awarded as 8&Under, 9/10, 11/12, 13/14 and 15&Over.

Coaches Meeting There will be a coaches meeting on Saturday Morning in Hospitality beginning at 7:15 AM.

Officials Meeting There will be an officials meeting in Hospitality on Saturday morning beginning at 7:45 AM.

SAFETY: The NCS Safety program is in effect for this meet. Coaches are reminded to closely supervise their swimmers at all times. Failure to comply with safety requests can result in expulsion from the meet.

WARM-UPS:

- Morning session (Senior Development/12 & Under BB and faster)- warmups start 7:30; timed finals 8:25.
- Mid session (8 & Under)- warm-ups starting no earlier than 12:00, timed finals start 45 minutes later.
- Afternoon session (12 & Under B/C)- warm-ups starting no earlier than 3:00, timed finals start 45 minutes later

Teams will be assigned lanes for warm and will be notified by email and postings at the pool of lane assignments. Each team will be allowed to run warm up as they wish in their assigned lanes. Warm up must be monitored closely by certified coaches and the NCS warm up guidelines must be followed. Diving will happen from the 50 start end of the pool for all sessions. Diving will not be allowed for any lane during the first ½ of the warm up session.

MEET DIRECTOR: Max Salsbury
MEET REFEREE: Skip Queen
MEET MARSHALL: Aaron Reeves

RELEASE STATEMENT: USA Swimming, Inc., North Carolina Swimming, Inc., High Point Swim Club and Huntersville Family Fitness & Aquatic Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Questions may be directed to 336-887-4772 (club)

ORDER OF EVENTS

Senior Development and 12 & Under 'BB' & Faster Morning Session

Saturday January 19, 2008

Warm-ups at 7:30 AM Timed Finals at 8:25 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	11 & Over 200 Yard Backstroke	2
3	10 & Under 100 Yard IM	4
6	11-12 100 Yard IM	6
7	11 & Over 200 Yard Breaststroke	8
9	10 & Under 200 Yard Freestyle Relay	10
11	11-12 200 Yard Freestyle Relay	12
13	Open 200 Yard Freestyle Relay	14
15	10 & Under 50 Yard Backstroke	16
17	11-12 50 Yard Backstroke	18
19	10 & Under 50 Yard Freestyle	20
21	11-12 50 Yard Freestyle	22
23	13 & Over 50 Yard Freestyle	24
25	10 & Under 100 Yard Butterfly	26
27	11-12 100 Yard Butterfly	28
29	13 & Over 100 Yard Butterfly	30
31	10 & Under 50 Yard Breaststroke	32
33	11-12 50 Yard Breaststroke	34
35	Open 400 Yard IM	36

8 & Under Mid Session, Saturday January 19, 2008

Warm-ups not before 12:00 PM -- Timed Finals 45 Minutes Later

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
37	8 & Under 50 Yard Butterfly	38
39	8 & Under 25 Yard Backstroke	40
41	8 & Under 100 Yard Medley Relay	42
43	8 & Under 100 Yard Individual Medley	44
45	8 & Under 25 Yard Breaststroke	46
47	8 & Under 50 Yard Freestyle	48

12 & Under 'B/C' Afternoon Session, Saturday January 19, 2008

Warm-ups not before 3:00 PM -- Timed Finals 45 Minutes Later

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
49	9-10 100 Yard Freestyle	50
51	11-12 100 Yard Freestyle	52
53	9-10 50 Yard Backstroke	54
55	11-12 50 Yard Backstroke	56
57	9-10 200 Yard Medley Relay	58
59	11-12 200 Yard Medley Relay	60
61	9-10 100 Yard Individual Medley	62
63	11-12 100 Yard Individual Medley	64
65	9-10 100 Yard Butterfly	66
67	11-12 100 Yard Butterfly	68
69	9-10 50 Yard Breaststroke	70
71	11-12 50 Yard Breaststroke	72

Senior Development and 12 & Under 'BB' & Faster
Sunday January 20, 2008
Morning Session
Warm-ups at 7:30 AM -- Timed Finals at 8:25 AM

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
73	10 & Under 200 Yard Freestyle	74
75	11-12 200 Yard Freestyle	76
77	13 & Over 200 Yard Freestyle	78
79	10 & Under 200 Yard Medley Relay	80
81	11/12 200 Yard Medley Relay	82
83	Open 200 Medley Relay	84
85	11 & Over 200 Yard Butterfly	86
87	10 & Under 100 Yard Breaststroke	88
89	11&12 100 Yard Breaststroke	90
91	13 & Over 100 Yard Breaststroke	92
93	10 & Under 100 Yard Freestyle	94
95	11-12 100 Yard Freestyle	96
97	13 & Over 100 Yard Freestyle	98
99	10 & Under 50 Yard Butterfly	100
101	11/12 50 Yard Butterfly	102
103	10 & Under 100 Yard Backstroke	104
105	11-12 100 Yard Backstroke	106
107	13 & Over 100 Yard Backstroke	108
109	10 & Under 200 Yard Individual Medley	110
111	11-12 200 Yard Individual Medley	112
113	13 & Over 200 Yard Individual Medley	114
115	Open 500 Yard Freestyle	116

8 & Under Mid Session, Saturday January 20, 2008
Warm-ups not before 12:00 PM -- Timed Finals 45 Minutes Later

Girls	Event	Boys
117	8 & Under 25 Yard Freestyle	118
119	8 & Under 50 Yard Backstroke	120
121	8 & Under 100 Yard Free Relay	122
123	8 & Under 100 Yard Freestyle	124
125	8 & Under 25 Yard Butterfly	126
127	8 & Under 50 Yard Breaststroke	128

12 & Under 'B/C'
Sunday January 20, 2008

Afternoon Session

Warm-ups not before 3:00 PM -- Timed Finals 45 Minutes Later

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
129	9-10 50 Yard Freestyle	130
131	11-12 50 Yard Freestyle	132
133	9-10 100 Yard Backstroke	134
135	11-12 100 Yard Backstroke	136
137	9-10 200 Yard Free Relay	138
139	11-12 200 Yard Free Relay	140
141	9-10 200 Yard Freestyle	142
143	11-12 200 Yard Freestyle	144
145	9-10 50 Yard Butterfly	146
147	11-12 50 Yard Butterfly	148
149	9-10 100 Yard Breaststroke	150
151	11-12 100 Yard Breaststroke	152
153	9-10 200 Yard Individual Medley	154
155	11-12 200 yard Individual Medley	156

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ENTRY SUMMARY WORKSHEET

Age Group	Total Number of Swimmers	Total Number of Entries		Entry Fee per Event	Total Entry Fee
10 & UN Girls - BB & UP Session			X	\$2.00	
10 & UN Boys - BB & UP Session			X	\$2.00	
11-12 Girls - BB & UP Session			X	\$2.00	
11-12 Boys - BB & UP Session			X	\$2.00	
8-UN Girls - Session			X	\$2.00	
8-UN Boys - Session			X	\$2.00	
9-10 Girls - B / C Session			X	\$2.00	
9-10 Boys - B / C Session			X	\$2.00	
11-12 Girls - B / C Session			X	\$2.00	
11-12 Boys - B / C Session			X	\$2.00	
Senior Development Girls - Session			X	\$2.00	
Senior Development Boys - Session			X	\$2.00	
Relay Only Swimmers					
Total # of Swimmers			X	\$7.00	
Total Relays Entered			X	\$8.00	
Total Fees Due With Entry					

Make Checks Payable to: High Point Swim Club

Return This Summary Sheet with to Aaron Reeves
 Entry Fees and Forms to: High Point Swim Club
 3206 Quail Run Dr
 High Point NC 27265

Call Letters _____ **E-mail Address:** _____

Coach _____

Team Name _____ Phone (Work) (____) ____ - _____

Street Address _____ (Home) (____) ____ - _____

City _____ State _____ Zip Code _____