



MARLINS OF RALEIGH

**“SCQ Meet”
Goldsboro, North Carolina
February 8-10, 2008**

Hosted by the Marlins of Raleigh

SITE: Raymond A. Bryan Pool, Goldsboro Family YMCA, 1105 Parkway Drive,
Goldsboro, North Carolina 27534

PARKING: Parking will be available in the main lot in front of the building. Please
enter through the main entrance.

DATE: Friday- Sunday
February 8-10, 2008

TIMES:

10-unders & 11-12 girls	Friday- warm-up 4:15pm Meet starts: 5:30pm Sat. and Sun. warm-up – 7:30am meet starts – 8:30am
11-12 Boys and 13-over	Friday- warm-up 4:15pm Meet starts-5:30pm Sat. and Sun. warm-up – not before 12:30noon meet starts – not before 1:30pm

SANCTION: Conducted under the Sanction of USA Swimming, Inc., issued by North
Carolina Swimming, Inc. NCS Sanction #NC08015

FACILITY: 50 meter bulkhead to make 25 yard short course section, eight lanes,
non-turbulent lane ropes, Paragon starting blocks, Colorado Timing
System and scoreboard. Computer results will be used. Therapy pool
and 25 yard pool will be available for continuous warm-up and warm
down. Spectator seating is available in the balcony. Spectators will not
be allowed on deck.

**NOTE: NO FOOD OR DRINK ALLOWED ON DECK. HOWEVER
SWIMMERS MAY HAVE A PLASTIC BOTTLE FOR WATER.
NO TOBACCO USE ALLOWED IN ANY PART OF THE BUILDING.**

RULES: The meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

All events will be timed finals.

Each swimmer must provide his/her own timer and counter for the 500 free, 1650 free, 400 IM.

The 500, 1650 free and 400 IM will be deck seeded with positive check-in. Check-in will be required 30 minutes before the start of the meet for the event's session. The NCS Scratch Rule will be in effect.

CLASSIFICATION: 18-Under

ELIGIBILITY: All swimmers must be registered with USA Swimming, Inc. Swimmers 14-under who have achieved a NCS State Meet Qualifying standard in an event will not be allowed to swim that event. Swimmers, regardless of their age, will not be able to enter an 18-under event in which they have already achieved a NCS Senior Championship qualifying time. Swimmers aging up to a new age classification between this meet and the North Carolina 14-under Age Group Championship meet may elect to enter event(s) in the older age group. **12-under Swimmers who need time cuts for Age Group sectionals in the 200's of fly, back and breast and the 400 IM and 1650 free may enter the 11-18-events at this meet. 11-12's swimming the 200's of stroke must supply us with proof of time of accomplishing the A time in the 100's of said stroke. 11-12's swimming the 1650 Free must supply us with proof of time of accomplishing the A time in the 500 Free. 11-12's swimming the 400 IM must provide us with proof of time of accomplishing the 200 IM A Time. Please provide proof of times.** 500 free for 10-under's can be swum with the 12-unders. ALL 500 and 1650 swimmers must provide their own timers.

1650 Free will be swum Slowest to Fastest,

The 400 IM and the 500 Free will be swum slowest to fastest, girls first and then boys.

ENTRIES: Submit entries on disk using Hy-tek CL2 format, by standard data Interchange Format (SD3). If you do not have a team program you can use the Team Manager Lite on the Hy-Tek website. This is a free download. List swimmers' ages as of February 8, 2008. Use best yard times achieved. Teams using Hy-tek Team Manager COMMLINK-II format or similar team management formats need to set this up as one meet. Meet entry file can be found on the Marlins of Raleigh website at www.marlinsofraleigh.com or at www.ncswim.org **NO, NT's allowed**

When submitting late entries... ONLY Word Files or Emails will be accepted. NO NEW entry files will be accepted. If a team enters a swimmer or swimmers with NT's, it will be sent back and given one day to change times by sending a word file with changes.

ENTRY LIMIT: Swimmers are limited to five individual events per day. Swimmers who are entered in more than the allowed number of events will automatically

be dropped from the event(s) that put the swimmer over the limit. No refunds will be given for inappropriate entries. Meet management reserves the right to combine heats and/or sessions where and when needed.

**ENTRY
DEADLINE:**

Complete meet entries are due on Tuesday, January 29, 2008. Entries will not be accepted without Summary sheet and payment of entry fees. Late entries (including additional events or switching of events for swimmers already entered in the meet) may be accepted at the **discretion of the Meet Director. Double entry fees will be charged for all late or changed entries. Telephone and fax entries will not be accepted. All clubs will receive emailed results before midnight on February 10, 2008. A HARD COPY MUST ACCOMPANY ANY EMAIL ENTRIES OR THEY WILL BE SENT BACK AS INCOMPLETE.**

ENTRY FEES:

NCS Individual Events	\$2.00
Out of State Individual	\$2.25
Relay Charge	\$8.00
NCS Travel Surcharge	\$2.00
Facility Charge	\$5.00

Entry fees must accompany entries and are not refundable.

Make checks payable to: MOR

**EMAIL ENTRIES &
FEES TO:**

Email : **Pam Rocque** **baytvrs@nc.rr.com**
Cara Cameron **coachcara45@aol.com**

Send Payment and Hard copy to:
MOR SCQ Meet
4900 Waters Edge Drive
Suite 200
Raleigh, NC, 27606
919-851-3000

Entries must include:

1. Correct entry fees.
2. Entry forms properly completed.
3. Received by Tuesday, January 29, 2008
4. Do not send entries in a manner which requires signature for delivery.

AWARDS:

Individual Events: Ribbons 1st – 8th place

WARM-UPS:

First 30 minutes: All lanes general warm-up; no diving.
Last 25 minutes: Lanes 1 and 8 Pace.
Lanes 2,3,4,5,6, 7 race starts from start end of pool.
One way swimming, exit from opposite end of pool.

SAFETY: Warm-up assignments will be determined after entries are received. The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

COACHES MEETING: A coaches' meeting will be held at the Meet Referee's discretion. Coaches packets will be distributed when the coaches present their USA Swimming Coach membership card. Coaches without a coach membership card will not be allowed on the pool deck. Coaches are responsible for all the information distributed in the packet and at this meeting.

MEET DIRECTOR: Pam Rocque
bayrtvrs@nc.rr.com

Cara Cameron
Coachcara45@aol.com

MEET REFEREE: Bob Figuers

MEET MARSHALL: Ted Pierson

MOR Head Coach Paul Silver morsilver@bellsouth.net

HOSPITALITY: Hospitality will be open to officials, coaches, and meet workers and provided by The Goldsboro Family YMCA

Apparel: Kast A Way swim wear will be on site with apparel needs.

RELEASE STATEMENT: USA Swimming, Inc., North Carolina Swimming, Inc, Marlins of Raleigh and the Goldsboro Family YMCA shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

OFFICIALS MEETING February 8th at 4:45pm inside hospitality room. Any other meetings will be held at the Meet Referees discretion.

ORDER OF EVENTS

Friday, February 8, 2008

Warm-ups - 4:15pm Timed Finals – 5:30pm

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	13-18 200 IM	2
3	11-12 200 IM	4
5	13-18 50 Free	6
7	11-12 100 Free	8
9	11-18 1650 yard freestyle	10

Saturday, February 9, 2008

Warm-ups - 7:30am Timed Finals - 8:30am

11	10-under 200 Free	12
13	11-12 200 Free	
15	10-under 50 Fly	16
17	11-12 50 fly	
19	10-under 100 Back	20
21	11-12 100 Back	
23	10-under 100 Breast	24
25	11-12 100 Breast	
27	10-under 200 IM	28
29	11-12 50 Free	
31	10-under 50 Free	32

Saturday, February 9, 2008

Warm-ups - not before 12:30noon Timed Finals – not before 1:30pm

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
	11-12 200 Free	34
35	13-18 200 Free	36
	11-12 50 Fly	38
39	13-18 100 Fly	40
	11-12 100 Back	42
43	11-18 200 Back	44
	11-12 50 Free	46
47	13-18 100 Breast	48
	11-12 100 Breast	50
51	11-18 400 IM	52

Sunday, February 10, 2008

Warm-ups – 7:30am Timed Finals – 8:30am

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
53	10-under 100 Free	54
55	11-12 100 Fly	
57	10-under 100 Fly	58
59	11-12 50 Back	
61	10-under 50 Back	62
63	11-12 100IM	
65	10-u 100 IM	66
67	11-12 50 Breast	
69	10-un 50 Breast	70
71	11-12 500 Free	

Sunday, February 10, 2008

Warm-ups – not before 12:30noon Timed Finals – not before 1:30pm

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
73	13-18 100 Free	74
	11-12 100 IM	76
77	11-18 200 Fly	78
	11-12 100 Fly	80
81	13-18 100 Back	82
	11-12 50 Back	84
85	11-18 200 Breast	86
	11-12 50 Breast	88
89	13-18 500 Free	90
	11-12 500 Free	92

Entry Summary Sheet
 2008 "SCQ" Meet
 Goldsboro Family YMCA
 February 8-10, 2008
 Due: January 29, 2008

Use this form for a summary of entries.

Age Group	Total # of Swimmers	Total # Entries	Total # Relays	Total Surcharge Fee	Total Entry Fee
10-under Girls					
10-under Boys					
11-12 Girls					
11-12 Boys					
13-14 Girls					
13-14 Boys					
15-18 Girls					
15-18 Boys					
Total Fees					

Total Fees

Return This Summary Sheet with Entry Fees and Forms to:

MOR SCQ Entries
4900 Waters Edge Dr. Suite 200
Raleigh, NC, 27606
baytrvs@nc.rr.com

Call Letters _____

Coach _____

Team Name _____

Street Address _____

City _____ State _____ Zip _____

EMAIL _____ Phone _____

United States Swimming, Inc., North Carolina Swimming, Marlins of Raleigh and the Goldsboro Family YMCA, and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature _____ Date _____