

LarsonAllen Invitational

January 19-21, 2008

Sanction: Held under the sanction of USA Swimming, issued by North Carolina Swimming, Inc.
Sanction # NC08021

Host: Mecklenburg Aquatic Club

Facility: MAC Swim Center at Charlotte Latin School
9850 Providence Road
Charlotte NC 28277
(704) 846-5335

The MAC Swim Center is a 30,000 square-foot facility featuring a 50-meter by 25-yard Paddock Pool racing tank. In the 10-lane 25 yard competition course, pool depth ranges from 6 to 12 feet with lanes that are 8-foot wide. Up to 11 lanes will be available for continuous warm-up and warm-down. For finals, in the 10 lane 50-meter competition course pool depth ranges from 4 to 12 feet with lanes that 7 foot wide. We will be racing in 8 lanes using 1 lane for warm-up an warm-down with a buffer lane between. The facility also features a Colorado 6000 system and 10-lane scoreboard. There is bleacher seating for 600 competitors and spectators.

Schedule:

13-14 & Senior Sessions

Saturday & Sunday Prelims	8:30 AM
Warm-up:	7:00 AM
Saturday & Sunday Finals	6:15 PM
Warm-up:	5:00 PM
Monday Timed Finals	9:00 AM
Warm-up:	7:30 AM

11-12 Sessions

Saturday & Sunday Prelims	1:30 PM
Warm-up:	12:30 Noon*
Saturday & Sunday Finals	6:15 PM
Warm-up:	5:00 PM
Monday Timed Finals	2:30 PM
Warm-up:	1:30 PM**

10-Under Sessions

Saturday & Sunday Timed Finals	1:30 PM
Warm-up:	12:30 Noon*
Monday Timed Finals	2:30 PM
Warm-up:	1:30 PM**

There will be an **officials meeting**, in the hospitality room, 60 minutes prior to each session. There will be a **coaches meeting**, in the hospitality room, at 8:15am on Saturday for the 13-14/Senior Coaches & at 1:30 or 15 minutes prior to the start of the afternoon session for the Age Group Coaches.

*Note: 12 & Under swimmers will get a minimum of 30 minutes in warm-up in the competition course prior to the start of the afternoon session.

**The warm-up & start times for this session may change to an earlier start based on the timeline for the Senior events in the morning session. Teams will be notified by Sunday afternoon as to any change.

Rules: This meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and NCS Safety Program, except where rules therein are

optional and exceptions herein are stated.

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Format: This meet is an Age Group and Senior Invitational meet. All events on Saturday and Sunday will be conducted on a preliminary and finals basis (prelims will be short course yards, finals long course meters) except the 11-12 500 Free, all 10-Under events and all relay events (these events are timed finals). During each final session, there will be an A heat of 11-12 and 13-14 and an A & B heat for seniors, except for the senior 400IM and 500Free where there will only be an A heat. Monday's events will be conducted as short course timed finals for all ages.

Eligibility: This is a closed invitational. Teams attending are invited by MAC.

Time Standards: There are no time standards governing this meet. Each team may select their own delegation. Please make every attempt to bring a balanced team (12 & unders and 13 & overs). It is expected that the quality of competition will be very high and that most swimmers will be AA or above level (A for 10 & Unders).

Seeding: 400 IM & 500 Free: The 13-14 and Senior 400 IM and the 13-14 and Senior 500 Free will be prelim/final events with the fastest 8 returning to swim at finals. These events will swim in the prelims slowest to fastest 13-14 girls, 13-14 boys, Senior girls and Senior boys. All 11-12 500 Free heats will swim in the morning with heats going slowest to fastest, all girls then all boys.

**Since the 11-12 500 Free is a timed final event, there will be a 10-minute break between the Senior Boys 100 backstroke and the 13-14 Girls 500Free at FINALS.

1000 Free: This will be a timed final event with all heats swum at the end of the 13 & Over session, swimming slowest to fastest, FIRST ALL of the women's heats and then ALL of the men's heats.

Relays

All 13-14 and senior relay events will be swum as timed finals in the Finals session. The 11 & 12 and 10 & Under relays will swim at the conclusion of the 12 & Under session on Saturday and Sunday afternoon.

Check-in: All events 400 yards and longer will be deck seeded. A positive check-in by the deadline indicated below is required to be seeded into the event. Swimmers who fail to check-in will be able to swim only if open lanes are available.

<u>Event</u>	<u>Check-in Deadline</u>
13-14 & Senior 400 IM	Saturday by 8:00 AM
13-14 & Senior 400 Fr Relay	Saturday by 8:00 AM
10-Un & 11-12 200 Fr Relay	Saturday by 12:30 PM
13-14 & Senior 500 Free	Sunday by 8:00 AM
13-14 & Senior 400 Med Relay	Sunday by 8:00 AM
11-12 500 Free	Sunday by 12:30 PM
10-Un & 11-12 200 Med Relay	Sunday by 12:30 PM

Senior 1000 Free Sunday by 9:00AM**

**Be sure to check in your swimmers by this deadline so we can appropriately determine the timeline for Monday.

- Scratch Rule:** The North Carolina Swimming Scratch Rule will be in effect (see attached).
- Entry Limit:** Individual: All swimmers are limited to nine individual events for the meet and no more than three individual events per day.
- Relay: Each club may enter up to two relay teams per relay event.
- 400 IM & 500 Free: The 11-12 500 Free will be limited to the fastest 40 seeded times in boys and girls events (4 heats each). The 13-14 400 IM/500 Free and Senior 400IM/500Free will be limited to the fastest 50 seeded times in both women's and men's events (5 heats each).
- 1000 Free: The 1000 Free will be limited to the fastest 50 seeded times in both women's and men's events (5 heats each). We will secure 20 spots for 14 and unders and 30 spots for 15 and overs. If there are less than 20 for the 14 and unders the remainder of the slots will go to 15 and over swimmers.
- Entry Fees:** Individual events: 10 & Under: \$2.00 per event; 11 & 12: \$2.25 per event; and 13 & Over: \$2.75 per event.
- Relay events: \$8.00 per relay
NCS Travel Fund \$2.00 per swimmer
Facility Surcharge: \$5.00 per swimmer
- All fees are non-refundable. Entries will not be accepted unless accompanied by entry fees. Please make checks payable to Mecklenburg Aquatic Club.
- Entry Forms:** Entries must be sent in a HyTek file. Please send printed copies of entries for verification. Entries must include each swimmer's USA Swimming number, first and last name, age, seeding time to the 100th of a second and event number for each event entered. The enclosed team summary sheet as well as fees must be included with entry disk. Please list each swimmer's age as of January 19, 2008.
- Entry Deadline:** Entries must be received by **7:30 PM on Wednesday, January 9, 2008**. No telephone entries will be accepted. No late entries will be accepted. Please mail entries to:
- LarsonAllen Entries
Mecklenburg Aquatic Club
9850 Providence Road
Charlotte NC 28277-0227
entry@justswimmac.org
- Awards:** Individual events: 1st - 3rd place medals; 4th - 10th place ribbons.
Relays: 1st - 3rd place ribbons.
- Scoring:** Any A and B heat will have 8 swimmers per heat.
Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2
- A final heats will score 1-8th place.
B final heats will score 9-16th place.
Any event that doesn't swim in finals will still score 1-16th.
- Release:** USA Swimming, North Carolina Swimming, Inc., Charlotte Latin School and the Mecklenburg Aquatic Club and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay is permitted. Glass containers or bottles are not permitted inside the MAC Swim Center.

Meet Management: Meet Director: Laura Glanton
Meet Referee: Dick Van Halsema
Meet Marshall: Dwight Dickerman

Hospitality & Concessions: There will be a hospitality room that is open to only coaches and officials. Refreshments will be available at the concession stand.

Attachments: Order of Events
Hytek File

Information: For more information, please call Russ Kasl at 704-846-5335 ext. 106, rkasl@justswimmac.org or Larry Hough at ext. 107, lhough@justswimmac.org.

LarsonAllen Invitational Order of Events

Saturday Morning, January 19, 2008	13-14, Senior Prelims (sc): 8:30 AM
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Women	Event	Men
5	13-14 200 Y Freestyle	6
7	Senior 200 Y Freestyle	8
13	13-14 100 Y Breaststroke	14
15	Senior 100 Y Breaststroke	16
21	13-14 100 Y Butterfly	22
23	Senior 100 Y Butterfly	24
29	13-14 400 Y Ind Medley*	30
31	Senior 400 Y Ind Medley*	32
37	13-14 400 Y Free Relay**	38
39	Senior 400 Y Free Relay**	40

Saturday Afternoon, January 19, 2008	10-Un Timed Finals, 11-12 Prelims (sc): 1:30 PM
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Women	Event	Men
1	10-Un 200 Y Freestyle	2
3	11-12 200 Y Freestyle	4
9	10-Un 50 Y Backstroke	10
11	11-12 50 Y Backstroke	12
17	10-Un 50 Y Butterfly	18
19	11-12 50 Y Butterfly	20
25	10-Un 100 Y Ind Medley	26
27	11-12 100 Y Ind Medley	28
33	10-Un 200 Y Free Relay**	34
35	11-12 200 Y Free Relay**	36

Notes:

- (1) FINALS: Finals for all 11-12, 13-14, and Senior events begin at 6:15 PM and will swim in numerical order.
- (2) * 400 IM: The 400 IM is prelim/final event with the fastest heat returning to swim in finals. These events will swim in the prelims slowest to fastest 13-14 girls, 13-14 boys, Senior girls and Senior boys.
- (3) **RELAYS: RELAYS: All relays will be swum as timed final events and all age groups except 11-12 & 10 & Under will be swum at the end of the finals session.

MAC/Charlotte INVITATIONAL Order of Events

Sunday Morning, January 20, 2008 AM	13-14, Senior Prelims (sc): 8:30
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Women	Event		Men
41	13-14	200 Y Butterfly	42
43	Senior	200 Y Butterfly	44
49	13-14	50 Y Freestyle	50
51	Senior	50 Y Freestyle	52
57	13-14	200 Y Breaststroke	58
59	Senior	200 Y Breaststroke	60
65	13-14	100 Y Backstroke	66
67	Senior	100 Y Backstroke	68
71	13-14	500 Y Freestyle*	72
73	Senior	500 Y Freestyle*	74
79	13-14	400 Y Medley Relay**	80
81	Senior	400 Y Medley Relay**	82

Sunday Afternoon, January 20, 2008 PM	10-Un Timed Finals, 11-12 Prelims (sc): 1:30
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Women	Event		Men
45	11-12	100 Y Butterfly	46
47	10-Un	100 Y Butterfly	48
53	11-12	50 Y Freestyle	54
55	10-Un	50 Y Freestyle	56
61	11-12	100 Y Breaststroke	62
63	10-Un	100 Y Breaststroke	64
69	11-12	500 Y Freestyle*	70
75	10-Un	200 Y Medley Relay**	76
77	11-12	200 Y Medley Relay**	78

Notes:

- (1) **FINALS:** Finals for all 11-12, 13-14, and Senior events begin at 6:15 PM and will swim in numerical order.
- (2) **500/400 FREE:** The 13-14 and Senior 500/400 Free are prelim/final events with the fastest heat returning to swim in finals. These events will swim in the prelims slowest to fastest 13-14 girls, 13-14 boys, Senior girls and Senior boys. All 11-12 500 Free heats will swim in the morning with heats going slowest to fastest, all girls then all boys.

****RELAYS:** RELAYS: All relays will be swum as timed final events and all age groups except 11-12 & 10 & Under will be swum at the end of the finals session.

MAC/Charlotte INVITATIONAL Order of Events

Monday Morning, January 21, 2008	13-14, Senior Timed Finals (sc): 9:00 AM
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Women		Event	Men
83	13-14	200 Y Ind Medley	84
85	Senior	200 Y Ind Medley	86
87	13-14	100 Y Freestyle	88
89	Senior	100 Y Freestyle	90
91	13-14	200 Y Backstroke	92
93	Senior	200 Y Backstroke	94
95	Senior	1000 Y Freestyle**	96

Monday Afternoon, January 21, 2008	10-Un & 11-12 Timed Finals (sc): 2:30 PM
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Women		Event	Men
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97	10-Un	100 Y Freestyle	98
99	11-12	100 Y Freestyle	100
101	10-Un	100 Y Backstroke	102
103	11-12	100 Y Backstroke	104
105	10-Un	50 Y Breaststroke	106
107	11-12	50 Y Breaststroke	108
109	10-Un	200 Y Ind Medley	110
111	11-12	200 Y Ind Medley	112

Notes:

** 1000 FREE: This will be a timed final event with all heats swum at the end of the 13 & Over session, following a 10 minute break, swimming slowest to fastest, FIRST ALL of the women's heats and then ALL of the men's heats.

North Carolina Swimming Scratch Rule

204.3. INDIVIDUAL SCRATCH RULE. Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet information shall specify all mandatory check-in and scratch deadlines and procedures.

.1 Pre-Seeded Meets – Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.

.2 Events Seeded on Deck – Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless he notifies the clerk of course before the seeding for that event has begun that he wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet.

.3 Preliminary & Final Events

- A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck, then 204.3.2 applies.
- B. Any swimmer qualifying for an A final, scored or unscored, or a scored B final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 204.3.4.
- C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete.
- D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim.
- E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s).

.4 Exception for Failure to Compete – No penalty shall apply for failure to compete in or scratch an individual event if:

- A. The Referee is notified in the event of illness or injury and accepts proof thereof.
- B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within (30) minutes following his last individual preliminary heat, swim-off, or reswim.
- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

204.4. RELAY SCRATCH RULE

.1 All Meets – Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.