

2008 JANUARY JUBILEE MEET
HOSTED BY THE RALEIGH SWIMMING ASSOCIATION
January 18-21, 2008

- Sanction:** Held under the Sanction of United States Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction # NC08022
- Meet Sponsor:** Raleigh Swimming Association
- Location:** Triangle Aquatic Center
275 Convention Dr.
Cary, NC 27511
919-459-4045
- Date:** January 18-21, 2008
- Times:** Friday Timed Finals Session - Warm-ups: 3:00 PM, Start: 4:00 PM
Saturday and Sunday Prelim Sessions - Warm-up: 8:00 AM, Start: 9:00 AM
Saturday and Sunday Finals Sessions - Warm-up: 5:00 PM, Start: 6:00 PM
Monday Timed Finals Session - Warm-ups: 9:00 AM, Start: 10:00 AM
- Warm-ups:** Warm-up assignments will be determined after the entries have been received and will be included in the coaches' packets.
- Facility:** The Triangle Aquatic Center (TAC) provides 3 indoor pools and supporting amenities including a full-service café, a swim shop, classroom and wireless internet. The 50-meter competition pool with bulkhead offers a total of 18, seven to twelve foot deep 25-yard competition lanes. The 25-yard program pool allows for 10 warm-up/swim-down lanes. The separate warm water instruction pool is fully enclosed and remains open to the public during meet competitions. There is spectator seating for 1,000 above deck that offers bleacher seating with backs, tables and open seating. There is a Daktronics OmniSport 2000 Pro Swimming timing system with two matrix scoreboards. The aquatic facility is conveniently located just off I-40 at exit 291 and adjacent to Cary's largest mall, the Cary Towne Center.
- Parking:** Parking is allowed in designated areas only. Vehicles illegally parked in the parking lots or street area are liable to be ticketed or towed by the local Police Department at the owner's expense.
- Rules:** **General:**
The meet will be conducted in accordance with the current USA Swimming Rules and Regulations, the NCS Official Handbook, and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated. The North Carolina Scratch Rule will be in effect for this meet.
- Distance Events:**
All events 400 yards or longer will be deck seeded. Positive check-in for those events will be required 30 minutes after the start of warm-ups for that session.
The 1650 yard free, 1000 yard free and 500 yard free will be swum fastest to slowest with the first two heats of women, then the first two heats of men, then alternating. **Each swimmer in these events must provide their own counter and timer.** Athletes may enter either the 1650 free or the 1000 free but not both. The 1650 yard free and 1000 yard free events will be swum as timed finals.
- Finals:**
There will be separate Finals for 10 & Under events (1 heat), 12 & Under 200 yard stroke(non-free and non-IM) and 500 yard free events (1 heat), 11-12 50 and 100 yard

events and 200IM (2 heats), 13-14 50, 100, and 200 yard events (2 heats), 13-14 500 yard free (1 heat), Senior 50, 100, and 200 yard events (3 heats), Senior 500 yard free (2 heats).

Finals heats will be swum younger age groups before older (where applicable) and faster heats before slower heats (A final before B Final before C Final).

Relays:

All Relay events will be swum as Timed Finals in the session indicated in the Order of Events. All swimmers entering relays must be listed on the entry sheets. Any relay scratches should be indicated on the session scratch sheet, not on the relay cards. Relays will be seeded and posted along with the individual events.

Relay entries should be by standard age groups (10 & Under, 11-12, 13-14, and 15 & Over) and will be seeded and swum by entry times.

Relay sheets with the names and order of the relay swimmers must be delivered to the clerk of course not later than (NLT) the following deadlines:

800 Free Relay Friday - NLT the conclusion of the 1000 Free;

200 Medley Relay Saturday - NLT the conclusion of the 50 backstroke;

400 Free Relay Saturday - NLT 30 minutes after the start of Finals session warm-ups;

200 Free Relay Sunday - NLT the conclusion of the 100 IM;

400 Medley Relay - NLT 30 minutes after the start of Finals session warm-ups;

Competition Course:

All sessions will be swum in an 8 lane competition course. Meet management reserves the right to expand this to a 10 lane competition course and divide any sessions by gender or age as necessary to best serve the athletes, officials, and families.

Timeline and Meet Entry Constraints:

Meet Management reserves the right to combine events as needed and reserves the right to limit the number of heats in any event 400 yards or longer as well as overall entries in order to maintain reasonable timelines. If entries for the 1650 free and the 1000 free are limited, at least one heat of each event will be allowed for 12 & Under men and 12 & Under women, and at least two heats of each event will be allowed for 13-14 men, 13-14 women, 15 & Over men, and 15 & Over women.

Classification:

Senior / Age Group Open Meet– see time standards below for specific event eligibility

Eligibility:

All athletes must be registered with USA Swimming, Inc. Registrations will be checked according to NCS rules. Out-of-LSC clubs must submit an official copy of their roster along with their entries.

All 50 yard and 100 yard events and all relays are open and have no time standards. All swimmers are eligible to enter these events but must provide an entry time (no NT entries will be accepted).

All events 200 yards or longer have time standards as indicated below. Athletes may compete in any event where they have achieved the time standard shown for that event but must provide an entry time (no NT entries will be accepted).

Time Standards:

10 & Under events >100 yards:

200 free and 200IM - 10 & Under B time

500 free - 10 & Under BB time

12 & Under and 11-12 events >100 yards:

200 free and 200IM – 11-12 B time

200 stroke, 400 IM, and 500 free – 11-12 BB time

1000 and 1650 free – 11-12 A time

13-14 events >100 yards:
All 200's – 13-14 B time
400 IM, and 500 free – 13-14 BB time
1000 and 1650 free – 13-14 A time

15 & Over events >100 yards:
All 200's – 15-16 B time
400 IM, and 500 free – 15-16 BB time
1000 and 1650 free – 15-16 A time

Entries: All entries should be submitted in Hy-tek format, and will be matched to the appropriate event by the event number. Entries may be submitted via email. However hard copies of each entry, showing the swimmers' ages as of January 18, 2008 must be included in the normal post delivery along with the summary sheet, team checklist and payment. Teams are encouraged to submit their entries as soon as possible to ensure their participation in the meet. **All entry information must be received by 6:00 p.m. on Tuesday January 8, 2008.** Entries for 13-14 and 15 & Over 50 yard stroke events (not free) should use the swimmer's corresponding 100 yard stroke event time. Entries for 13-14 and 15 & Over 100 IM events should use the swimmer's corresponding 200 IM time. Entries for events 400 yards or longer may be required to provide proof of the entry time including the meet and date where time standard was achieved. **In the event that any entries can not be confirmed as meeting time standards, those entries will be scratched, and those entry fees will not be refunded.** There will be no "ON DECK" registrations accepted. **Swimmers whose registration can not be confirmed by 6:00 p.m. Thursday, January 17, 2008 will not be allowed to swim in the meet, and their entry fees will not be refunded.** **'NO TIME' entries WILL NOT be accepted for this meet. Swimmers with NT events should be entered with their estimated times. Any NT entries will be scratched, and those entry fees will not be refunded.**

Entry Limit: Swimmers are limited to 3 individual events and 1 relay per session **NOT TO EXCEED 10 INDIVIDUAL EVENTS FOR THE MEET.** Swimmers who are entered in more than the allowed number of events will be automatically dropped from the event(s) that put the swimmer over the limit. No refunds will be given for inappropriate entries.

Entry Deadline: All entries must be received by **6:00 p.m. Tuesday, January 8, 2008.** Telephone entries and fax entries will not be accepted. Entries will be time-stamped upon receipt in the event that we are unable to accommodate all teams and need to limit entries. Late entries may be accepted at the discretion of the Meet Director but will be charged double entry fees. As the meet capacity is met, teams will be notified by telephone or email if their entries can not be accommodated, and entry fees refunded. **NO OTHER REFUNDS WILL BE MADE.**

Entry Fee:	Individual events - all sessions	\$2.75 per event / \$3.00 for out-of-state entries
	Relays - all sessions	\$8.00 per relay
	Facility Surcharge	\$15.00 per swimmer, including relay only swimmers
	NCS Travel Surcharge	\$2.00 (this also applies to relay only swimmers)

No refunds will be given for inappropriate entries.

Mail Entries & Fees To: RSA January Jubilee Meet
4904 Waters Edge Drive
Suite 155
Raleigh, NC 27606
(919) 859-4881
meets@swimrsa.org

Please make checks payable to RALEIGH SWIMMING ASSOCIATION.

Do not send entries in a manner that requires signature upon delivery. Email verification of receipt will be sent.

If there are any questions about entries please call the RSA office or the Meet Director. Please include all team, swimmer and/or event information in the message.

Awards & Results: First through eighth place ribbons will be awarded for each event and age group.

Individual team results will be emailed to each club within 3 days following the completion of the meet. Complete results will also be posted on the RSA website: www.swimrsa.org

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated. NO blocking of fire exits, which includes doors and passages.**

Scoring: The top 16 places for individual events will be scored as follows:

<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
1	20	9	9
2	17	10	7
3	16	11	6
4	15	12	5
5	14	13	4
6	13	14	3
7	12	15	2
8	11	16	1

Relay events score double.

USA Swimming Membership: Coaches must present a current USA Swimming membership card to the meet director to receive their entry package and must display their membership card at all times during the meet.

Coaches Meeting: A coaches meeting will be held at 4:15pm Friday, January 18.
Coach Check-In: Coaches' packages with relay sheets, warm-up times, lane assignments and any updates to the meet information will be distributed to the coach upon check-in at the Clerk of Course.
Coaches must present their USS coach membership card to the Clerk of Course to receive their packets. Coaches without a coach membership card will not be allowed on the pool deck.

Meet Host: Raleigh Swimming Association
Kit Raulerson, Head Coach
(919) 859-4881

Meet Director: Andrew DeSorbo (Andrew.DeSorbo@swimrsa.org)

Referee: Lisa Jackson

Marshall: Fritz Lehman

Meet Entries: Larry Godlewski (lgodlewski@nc.rr.com)

- Officials:** RSA welcomes anyone who would like to assist with officiating during this meet. Please contact the Meet Referee, or include the name, phone number, and level of any willing official with your entry.
Official's briefings will be held in the hospitality room 30 minutes after the start of warm-ups for each session.
- Timers:** Participating clubs may be asked to provide timers in proportion to their entries. Athletes swimming the 400 IM, 500 free, 1000 free, or 1650 free must provide their own timer for these events.
- Hospitality:** A hospitality room will be provided for the coaches, officials, and meet workers.
- Concessions:** Concessions are available at the Triangle Aquatic Center Café Splash Down for spectators and swimmers.
- Release Statement:** USA Swimming, Inc., North Carolina Swimming, Inc., Raleigh Swimming Association, TRIANGLE AQUATIC CENTER AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Hotels:** Holiday Inn Hotel and Suites Cary
5630 Dillard Drive, Cary NC 27511, (919) 851-1220 - 2.5 miles from TAC
Best Western Cary Inn and Extended Stay Suites
1722 Walnut Street, Cary NC 27511, (919) 481-1200 - 1.6 miles from TAC
Days Inn Cary
1716 Walnut Street, Cary NC 27511, (919) 481-4011 - 1.6 miles from TAC:
Holiday Inn Raleigh North
2805 Highwoods Blvd, Raleigh NC 27604, (919) 872-3500 – 13.5 miles from TAC
Best Western Raleigh North
2715 Capital Blvd., Raleigh NC 27604, (919) 790-7741 – 13.4 miles from TAC
Ask for the special RSA January Jubilee Meet rate at any of the above hotels.

2008 RSA January Jubilee Meet
Hosted by the Raleigh Swimming Association
Order of Events

Friday Evening Session – Timed Finals

Warm-ups: 3:00 PM / Start: 4:00 PM

Women	Qual Time	Event	Qual Time	Men
1	12:52.99	12 & Under 1000Y FREE*	12:48.89	2
3	12:07.59	13-14 1000Y FREE*	11:41.49	4
5	11:55.89	15 & Over 1000Y FREE*	11:12.19	6
7	21:41.69	12 & Under 1650Y FREE*	21:35.89	8
9	20:12.19	13-14 1650Y FREE*	19:29.49	10
11	19:58.89	15 & Over 1650Y FREE*	18:47.99	12
13	N/A	14 & Under 800Y FREE RELAY	N/A	14
15	N/A	15 & Over 800 Y FREE RELAY	N/A	16

Saturday AM 13 & Over Session – Prelims

Warm-ups: 8:00 AM / Start: 9:00 AM

Saturday AM 12 & Under Session – Prelims

Warm-ups: 8:00 AM / Start: 9:00 AM

Women	Qual Time	Event	Qual Time	Men
17	2:52.99	12 & Under 200Y FLY	2:51.49	18
19	2:53.39	13-14 200Y FLY	2:44.29	20
21	2:50.99	15 & Over 200Y FLY	2:36.79	22
23	N/A	12 & Under 50Y BACK	N/A	24
25	N/A	13 & Over 50Y BACK	N/A	26
27	3:12.49	12 & Under 200Y BREAST	3:07.39	28
29	3:15.99	13-14 200Y BREAST	3:02.39	30
31	3:12.09	15 & Over 200Y BREAST	2:55.09	32
33	N/A	12 & Under 50Y FREE	N/A	34
35	N/A	13 & Over 50Y FREE	N/A	36
37	N/A	10 & Under 100Y IM	N/A	38
39	N/A	11-12 100Y IM	N/A	40
41	N/A	13-14 100Y IM	N/A	42
43	N/A	15 & Over 100Y IM	N/A	44
45	N/A	10 & Under 200Y MEDLEY RELAY	N/A	46
47	N/A	11-12 200Y MEDLEY RELAY	N/A	48
49	N/A	13-14 200Y MEDLEY RELAY	N/A	50
51	N/A	15 & Over 200Y MEDLEY RELAY	N/A	52

Saturday Evening Session – Finals**Warm-ups: 5:00 PM / Start: 6:00 PM**

Women	Event	Men
141	12 & Under 400 Free Relay	142
143	13-14 400 Free Relay	144
145	15 & Older 400 Free Relay	146
17	12 & Under 200Y FLY	18
19	13-14 200Y FLY	20
21	15 & Over 200 FLY	22
23a	10 & Under 50Y BACK	24a
23b/c	11-12 50Y BACK	24b/c
25a/b	13-14 50Y BACK	26a/b
25c/d/e	15 & Over 50Y BACK	26c/d/e
27	12 & Under 200Y BREAST	28
29	13-14 200Y BREAST	30
31	15 & Over 200Y BREAST	32
33a	10 & Under 50Y	34a
33b/c	11-12 50Y FREE	34b/c
35a/b	13-14 50Y FREE	36a/b
35c/d/e	15 & Over 50Y FREE	36c/d/e
37	10 & Under 100Y IM	38
39	11-12 100Y IM	40
41	13-14 100Y IM	42
43	15 & Over 100Y IM	44

Sunday AM 13&Over Session – Prelims**Warm-ups: 8:00 AM / Start: 9:00 AM****Sunday AM 12&Under Session – Prelims****Warm-ups: 8:00 AM / Start: 9:00 AM**

Women	Qual Time	Event	Qual Time	Men
53	2:50.19	12 & Under 200Y BACK	2:46.59	54
55	2:51.79	13-14 200Y BACK	2:42.79	56
57	2:50.19	15 & Over 200Y BACK	2:34.79	58
59	3:42.69	10 & Under 200Y IM	3:40.89	60
61	3:04.99	11-12 200Y IM	3:03.49	62
63	2:56.49	13-14 200Y IM	2:45.49	64
65	2:53.09	15 & Over 200Y IM	2:38.29	66
67	N/A	10 & Under 100Y FREE	N/A	68
69	N/A	11-12 100Y FREE	N/A	70
71	N/A	13-14 100Y FREE	N/A	72
73	N/A	15 & Over 100Y FREE	N/A	74
75	N/A	12 & Under 50Y BREAST	N/A	76
77	N/A	13 & Over 50Y BREAST	N/A	78
79	N/A	10 & Under 100Y FLY	N/A	80
81	N/A	11-12 100Y FLY	N/A	82
83	N/A	13-14 100Y FLY	N/A	84
85	N/A	15 & Over 100Y FLY	N/A	86
87	N/A	10 & Under 200Y FREE RELAY	N/A	88
89	N/A	11-12 200Y FREE RELAY	N/A	90

91	N/A	13-14 200Y FREE RELAY	N/A	92
93	N/A	15 & Over 200Y FREE RELAY	N/A	94
95	6:40.09	12 & Under 500Y FREE	6:35.09	96
97	6:22.39	13-14 500Y FREE	6:07.69	98
99	6:17.39	15 & Over 500Y FREE	5:52.29	100

Sunday Evening Session – Finals

Warm-Ups: 5:00 PM / Start: 6:00 PM

Women	Event	Men
101	12 & Under 400Y MEDLEY RELAY	102
103	13-14 400Y MEDLEY RELAY	104
105	15 & Over 400Y MEDLEY RELAY	106
53	12 & Under 200Y BACK	54
55	13-14 200Y BACK	56
57	15 & Over 200Y BACK	58
59	10 & Under 200Y IM	60
61	11-12 200Y IM	62
63	13-14 200Y IM	64
65	15 & Over 200Y IM	66
67	10 & Under 100Y FREE	68
69	11-12 100Y FREE	70
71	13-14 100Y FREE	72
73	15 & Over 100Y FREE	74
75a	10 & Under 50Y BREAST	76a
75b/c	11-12 50Y BREAST	76b/c
77a/b	13-14 50Y BREAST	78a/b
77c/d/e	15 & Over 50Y BREAST	78c/d/e
79	10 & Under 100Y FLY	80
81	11-12 100Y FLY	82
83	13-14 100Y FLY	84
85	15 & Over 100Y FLY	86
95	12 & Under 500Y FREE	96
97	13-14 500Y FREE	98
99	15 & Over 500Y FREE	100

Monday Morning Session – Timed Finals

Warm-ups: 9:00 AM / Start: 10:00 AM

Women	Qual Time	Event	Qual Time	Men
107	N/A	10 & Under 100Y BACK	N/A	108
109	N/A	11-12 100Y BACK	N/A	110
111	N/A	13-14 100Y BACK	N/A	112
113	N/A	15 & Over 100Y BACK	N/A	114
115	N/A	12 & Under 50Y FLY	N/A	116
117	N/A	13 & Over 50Y FLY	N/A	118
119	3:20.19	10 & Under 200 FREE	3:09.89	120
121	2:43.49	11-12 200 FREE	2:39.39	122

123	2:36.59	13-14 200 FREE	2:26.79	124
125	2:33.39	15 & Over 200 FREE	2:20.89	126
127	N/A	10 & Under 100Y BREAST	N/A	128
129	N/A	11-12 100Y BREAST	N/A	130
131	N/A	13-14 100Y BREAST	N/A	132
133	N/A	15 & Over 100Y BREAST	N/A	134
135	6:06.19	12 & Under 400Y IM	5:59.59	136
137	5:46.19	13-14 400Y IM	5:27.59	138
139	5:40.29	15 & Over 400Y IM	5:13.19	140

***The 1650 Free, 1000 Free, 500 Free, and 400 IM will be deck seeded with positive check-in required within 30 minutes after the start of warm-ups for that session. The 1650 Free, 1000 free, and 500 free will be swum fastest to slowest, two heats women, two heats men, then alternating. The 1650 Free and 1000 free will be swum as timed finals.**

**Entry Summary Sheet
2008 January Jubilee Meet
Hosted by the Raleigh Swimming Association
Triangle Aquatic Center, Cary, NC
January 18-21, 2008**

Use this form for a summary of entries.

Meet Classification	# Swimmers	# NC Individual Events	# OOS Individual Events	# Relay Events	
NC Women					
NC Men					
Out-of-State Women					
Out-of-State Men					
Column Totals					
	X \$17.00 surcharge	X \$2.75 NC IE fee	X \$3.00 OOS IE fee	X \$8.00 Relay entry fee	TOTAL DUE
		+	+	+	=

Make checks payable to: Raleigh Swimming Association. Total Fees are due at the time entries are received.

Return this summary sheet with entry fees, waivers, official rosters and entry forms to:

RSA January Jubilee Meet
4904 Waters Edge Drive
Suite 155
Raleigh, NC 27606
(919) 859-4881
meets@swimrsa.org

United States Swimming, Inc., North Carolina Swimming, Raleigh Swimming Association, Triangle Aquatic Center and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of this meet.

Signature: _____

Coach: _____

Club: _____

Address: _____

Call Letters: _____

Wk Phone: _____

Hm Phone: _____

Email: _____

** This summary form and a check for all applicable fees are required for this to be a valid entry.

2008 January Jubilee Meet
Hosted by the Raleigh Swimming Association
Entry Checklist

Coaches:

Please let us know ASAP if you are coming to this meet. Send email to kit.raulerson@swimrsa.org and sgswimming@gmail.com with approximate numbers for **each** session (Senior and Age Group).

Please use this checklist to make sure you return all the required items. The following forms must be filled out and included with your entry.

1. Fee Summary Form (including Email contact address) _____
2. Individual Entry forms including USS numbers OR
computer-generated entries, along with a hard copy of entry _____
3. **NO NT entries. They will be scratched without refund** _____
4. Relay Entry Forms _____
5. Check payable to Raleigh Swimming Association for all fees _____