



**2008 NORTH CAROLINA SWIMMING
14 & UNDER SHORT COURSE
AGE GROUP CHAMPIONSHIPS
FEBRUARY 21-24, 2008**

SANCTION: Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction #NC08025

HOST: New Wave Swim Team
P.O. Box 18012
Raleigh, NC 27619
(919) 981-0644

FACILITY: Triangle Aquatic Center
275 Convention Drive
Cary, NC 27511

Competition Pool The Triangle Aquatic Center facility features a 50-meter pool divided into two courses which include an 8-lane, 25-yard competition course and a 10-lane, 25-yard competition course, with a variable depth ranging from 7 to 12 feet. Both courses will be used for the preliminary session if swimmer numbers and timeline deem it necessary. The afternoon and evening finals sessions will be conducted in the 8-lane course. An additional 10-lane, 25-yard pool is available for continuous warm-up/warm-down. The pool is equipped with state-of-the-art, anti-turbulent lane lines and Paragon starting blocks. A fully electronic, Daktronic timing system, digital scoreboards and stopwatches will be used in each competition lane. Hy-Tek Meet Manager software will be used. Locker rooms for changing are available.

Only meet volunteers, USA Swimming registered athletes and USA Swimming registered officials may be on deck. **NO SPECTATORS** on deck.

Other Site Information: There is seating capacity for 1,000 spectators on the viewing level. There is ample parking available in the adjacent mall lot. A concession stand is available for drinks and snack items.

Rules: *Please inform all families of the following pool rules.*

- 1) No smoking is allowed inside the facility.
- 2) No food, drinks or coolers allowed inside the facility.
- 3) No glass containers are allowed inside the facility.
- 4) No chairs allowed in the spectator level. Swimmers may have a chair on deck.

RULES: This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and the current North Carolina Swimming Rules and Regulations, and the current North Carolina Swimming Safety Program. These rules will serve as the official guide for technical and procedural rules, except wherein are optional and exceptions are herein stated.

CLASSIFICATION: North Carolina Swimming 14 & Under Age Group Championship Meet with Qualifying Time Standards.

FORMAT: Preliminary/Final Short Course (25yd) Championship Swim Meet for 11-12 and 13-14 age groups. A & B Heats will be swum in Finals for 11-12 and 13-14 age groups. The fastest eight swimmers compete in the **A Final** and the next fastest eight swim in the **B Final**. The B Final will be swum prior to the A Final. Only the **A Final** will be scored. **The 10 & Under age group will be timed finals.** Meet Management reserves the right to run two courses as necessary.

ELIGIBILITY:

This meet is open to North Carolina registered swimmers who have achieved the 2008 NCS 14 & Under Age Group Championship qualifying standard, as listed on the order of events, for each event entered in this meet. **NOTE: Swimmers qualifying in the 1000 Free also qualify for the 1650 Free and vice versa.**

Only times achieved since September 1, 2006 (short or long course seasons) may be submitted as proof of qualifying time.

Show age as of February 21, 2008.

List **best** time SHORT COURSE YARDS. Long course entries must be noted as such and those entries will be seeded after the slowest short course time entered in that event. **Do not convert a long course time; use the actual long course cut and note that it is long course.**

ENTRIES:

All entries must be submitted by using the USA Swimming On-line Meet Entry (OME) system. Please follow the instructions on the website www.usaswimming.org/ome. You will be required to create a free account with the website to submit your entry. OME will be available for this meet beginning January 13, 2008. Entries will close on Tuesday, February 12, 2008 at 7:00 pm. This entry would include times achieved through February 10, 2008.

There will be two meets to choose from, 1) 13-14 / 11-12 and 2) 10 & Under. This is due to the entry fee difference for prelim/finals and timed finals.

There will be NO LATE ENTRIES to this meet.

Membership – The OME entry system is connected to the USA Swimming times membership database, (SWIMS) and will provide entry times. These times are proven. If you would like to enter a time that is not showing in the system, there is also a custom entry function in OME, **but these times are not proven. If a custom time is used, proof must be submitted to the Meet Entry Chairperson by Thursday, February 21st by 5:00 pm or the entry will be scratched. Proof of time consists of a copy of the final meet results proving the entry time from a USA Sanctioned, approved, or observed meet, including sanction numbers, date and location. Hy-Tek Team Manager results will NOT be accepted as proof. Prior to the deadline, proof of time may be emailed to wavemeets@nc.rr.com. The proof will be checked and you will be emailed the status.**

Coach membership is also reflected as of the entry date. Please list all coaches attending.

OME is not an eligibility report. It is necessary to know what events are going to be entered before starting OME.

The OME system processes payment by credit card. It will accept Visa, MasterCard, American Express and Discover Card. Upon payment, a confirmation email providing a receipt and a summary of the events entered will be returned. For this meet, the entries are not in the meet until payment has been processed.

Questions or problems with OME should be directed to USA Swimming, Susan Woessner, swoessner@usaswimming.org, (719) 866-3589 or (719) 332-0184.

Age Group Meet Directors
Lana Sanders
Karen Garbarino
11913 Larka Court
Raleigh, NC 27613
wavemeets@nc.rr.com

Coaches with questions may call Lana Sanders at (919) 696-0642 or Karen Garbarino at (919) 247-4990.

The roster of participating swimmers will be sent to NCS Registration Coordinator, Kate Esch, to verify current NC Swimming registration of coaches and athletes.

ENTRY LIMIT:**Individual**

11-12 and 13-14 swimmers are limited to nine individual events for the meet, and no more than three individual events per day, including time trials. 10 & Under swimmers may swim up to four individual events per day, not to exceed nine individual events for the meet.

Relay

The number of relay entries allowed is determined by the number of swimmers from each team who are entered in individual events. At least one swimmer entered in an individual event must swim on each relay team.

1-4 individual event swimmers: Maximum of one relay team

5-8 individual event swimmers: Maximum of two relay teams

9-12 individual event swimmers: Maximum of three relay teams

13 or more individual event swimmers: Maximum of four relay teams

Each club may enter up to four relay teams in each relay event. Only two relays teams may score. The two highest placing relays per club will be scored, regardless of designation.

“Relay Only” swimmers must be entered in the OME system and pay the \$2.00 NCS Travel Fee and the \$15.00 Facility Fee.

FEES:

Individual Events (11-12, 13-14)	\$2.25 per event
Individual Events (10 & Under)	\$2.00 per event
Relays	\$8.00 per relay
Facility Fee	\$15.00 per swimmer
NCS Travel Fund	\$2.00 per swimmer

All fees are non-refundable.

ENTRY**DEADLINE:**

Entries must be in the OME system by 7:00pm Tuesday, February 12, 2008. Only entry times that are equal to or faster than the 2008 NCS 14 & Under Championship time standards will be accepted. No late entries will be accepted.

SCHEDULE:**Thursday, February 21, 2008**

13-14, 11-12 Timed Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm

Friday, February 22, 2008

13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am
10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm

13-14, 11-12 Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm

Saturday, February 23, 2008

13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am
10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm

13-14, 11-12 Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm

Sunday, February 24, 2008

13-14, 11-12 Preliminaries Warm-ups: 7:00-8:20 am Starts: 8:30 am
10 & Under Finals Warm-ups: 12:00-12:50 pm Starts: 1:00 pm

13-14, 11-12 Finals Warm-ups: 5:00-5:50 pm Starts: 6:00 pm

* 10 & Under events will be timed finals throughout the competition.

** A split period warm-up may be utilized if participant numbers warrant.

Warm-up lane assignments will be communicated to teams prior to the meet.

SEEDING:

13-14 400 IM and 13-14 500 Free

The 13-14 400 yd IM and 13-14 500 yd Free will be swum as preliminary/final events with the fastest 4 heats of women, swum slowest to fastest, followed by the fastest 4 heats of men, swum slowest to fastest; then alternating women and men, fastest to slowest. In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats. A combined girl/boy heat may be swum at the discretion of meet management. Meet management will ensure a 15 minute break for participants before the start of the 13-14 400 yd IM and/or the 500 yd Free.

13-14 1000 Free and 11-12 500 Free

The 13-14 1000 yd Free will be swum as a timed final event with the fastest 3 heats of women, swum slowest to fastest, followed by the fastest 3 heats of men, swum slowest to fastest; then alternating women and men, fastest to slowest. In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats. A combined girl/boy heat may be swum at the discretion of meet management.

The 11-12 500 yd Free will be swum as a timed final event swum fastest to slowest, alternating all women and then all men. A combined girl/boy heat may be swum at the discretion of meet management. In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats.

13-14 1650 Free

The 13-14 1650 yd Free will be swum as a timed final event. The fastest heat of girls and the fastest heat of boys will be swum in the Sunday finals session. All other heats will be swum at the conclusion of the preliminaries, following relays. These heats will be swum fastest to slowest, alternating women's and men's heats. A combined girl/boy heat may be swum at the discretion of meet management. In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women's and men's heats. Meet management will ensure a 15 minute break for participants.

Relays

All relays will be swum as timed final events with the fastest 2 heats of girls, swum slowest to fastest, followed by the fastest two heats of boys, swum slowest to fastest, then alternating girls' and boys' heats, fastest to slowest.

The 200 yd relay events will be swum in the preliminary sessions and the 400 yd relay events will be swum last in the evening finals sessions. There will be a 10-minute break following the AM relays and a 10-minute break before the PM relays.

CHECK-IN:

All individual events 400 yards and longer and all Relay events will be deck-seeded. A positive check-in by the deadline indicated below is required to be seeded into the event. Swimmers who fail to check-in will be able to swim only if open lanes are available.

<u>Individual Events</u>		<u>Check-in Deadline</u>	
13-14	1000 Free	Thursday, Feb. 21	5:15pm
11-12	500 Free	Thursday, Feb. 21	5:15pm
13-14	400 IM	Friday, Feb. 22	9:00am
13-14	500 Free	Saturday, Feb. 23	9:00am
13-14	1650 Free	Sunday, Feb. 24	9:00am

<u>Relay Events</u>			
13-14	200 Medley Relay	Friday, Feb. 21	By end of finals
11-12	200 Medley Relay	Friday, Feb. 21	By end of finals
10&U	200 Medley Relay	Friday, Feb. 21	By end of finals
13-14	400 Medley Relay	Friday, Feb. 21	6:00pm
11-12	400 Medley Relay	Friday, Feb. 21	6:00pm
13-14	200 Free Relay	Saturday, Feb. 22	By end of finals
11-12	200 Free Relay	Saturday, Feb. 22	By end of finals
10&U	200 Free Relay	Saturday, Feb. 22	By end of finals
13-14	400 Free Relay	Saturday, Feb. 22	6:00pm
11-12	400 Free Relay	Saturday, Feb. 22	6:00pm

SCRATCH RULE:

The NCS Scratch Rule will be in effect. Scratches must be given to the Administrative Referee or placed in the scratch box by the deadline. Posted preliminary results are for information only. **Swimmers should check for scratches and listen for announcements. Coaches are asked to have alternates ready to swim. Please communicate any no shows to the Administrative Referee ASAP so alternates may be informed.**

ORDER OF EVENTS:

See attached schedule.

SCORING:**Scoring will be as follows:**

Individual Events: 9-7-6-5-4-3-2-1
Relays: 18-14-12-10-8-6-4-2

A swimmer may score points only if he/she achieves or betters the qualifying time for that event.

AWARDS:

Individual Events: 1st-8th place medals
Relays: 1st-3rd place medals
NCS Team Awards: 1st-6th place plaques

Individual High Point Awards will be presented to the male and female swimmers with the highest point totals in individual events for each age group.

MEET MANAGEMENT:

Meet Directors: Lana Sanders and Karen Garbarino
Meet Referee: Lisa Jackson
Meet Marshals: Mila Mason
Meet Committee: TBA by North Carolina Swimming

MEETINGS:**Coaches:**

There will be a coaches' meeting Thursday, February 21 at 5:45pm and on Friday, February 22 at 8:20am and as announced thereafter by the Meet Referee.

Coaches will be required to have their current USA Swimming card visible at all times while on deck. Coaches without proper credentials will be asked to leave the deck.

Officials:

There will be an officials' meeting Thursday, February 21 at 5:15pm and 30 minutes prior to the start of each of the other sessions.

WARM-UPS: **Guidelines will be published in the coach's packet. Packets will be available at the Clerk of Course upon presentation of current USA Swimming coach credentials.** Please begin warm-up procedures at the starting end of the pool only in the competition course. During the conduct of the meet, the bulkhead is for use of Meet Officials only. Diving will not be allowed until the specific warm-up period is announced. Specific warm-up procedures will be described in the coach's packet as well.

SAFETY: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Running and horseplay will not be allowed. Coaches must carry their coach certification cards at all times when on the pool deck and must hold current certifications and registration with USA Swimming.

HOSPITALITY: There will be a hospitality room available to all coaches, officials and meet volunteers.

CONCESSIONS: Refreshments will be available at the concession stand in the main lobby.

VOLUNTEERS: Volunteer workers and officials are welcome. Announcements for timers and officials will be made prior to the start of each session.
In accordance with the vote of the NCS House of Delegates, each club participating in this meet is requested to provide timers during the conduct of this meet. Lane assignments will be emailed to each team prior to the meet.
Swimmers in the 500 yd, 1000 yd, 1650 yd Free and 400 yd IM must provide their own timers and/or lap counters.

TIME TRIALS: Time trials may be available for swimmers attempting to achieve 14 & Under Sectional time standards, or faster standards, at the discretion of the Meet Referee and subject to timeline constraints. Entry fees for time trials will be \$10.00 per swim. Time trials count in a swimmer's individual event total for each day, but not the meet total. Swimmers participating in time trials must be already entered in an individual event in this meet.

USA Swimming, Inc., North Carolina Swimming, Inc., The New Wave Swim Team, Inc., the Triangle Aquatic Center and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

NCS Scratch Rule

204.3. INDIVIDUAL SCRATCH RULE - Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet information shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets – Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck – Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless he notifies the clerk of course before the seeding for that event has begun that he or she wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet information states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty-four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet information.

.3 Preliminary and Finals Events

A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is **seeded** on the deck, then 204.3.2 applies.

B. Any swimmer qualifying for an A final, scored or unscored, or B scored final race in an individual event who fails to compete in said A or B final shall be barred from further competition for the remainder of the meet, except as noted in 204.3.4. A declared false start or a deliberate delay of meet under USA Swimming Rule 102.14 is not permitted and will be regarded as a failure to compete.

C. In the event of withdrawal or barring for a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete.

D. When the B or C final has not yet been swum and a barring or withdrawal is known sufficiently in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), FILLING ALL LANES IN THE FINAL. In Order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim.

E. If a C or B final has already been swim, the A final of that event shall be swum without filling the empty lane(s).

4. Exception for Failure to Compete – No penalty shall apply for failure to compete in or scratch from an individual event if:

A. The Referee is notified in the event of illness or injury and accepts the proof thereof.

B. The swimmer qualifying for an A or B final race based upon the results of the preliminaries notified the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that he or she may not intend to compete also declares his or her final decision whether or not to scratch within thirty (30) minutes of his or her last individual preliminary heat, swim-off, or reswim.

C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

204.4. RELAY SCRATCH RULE

.1 All Meets – Any relay or relay member, in a relay event that fails to complete to compete in or report for that event shall not be penalized.

2008 Time Standards for the NCS 14 & Under Age Group Championships

10 & UNDER GIRLS			10 & UNDER BOYS	
LONG COURSE	SHORT COURSE	EVENTS	SHORT COURSE	LONG COURSE
36.49	32.39	50 FREE	31.89	36.29
1:21.89	1:12.29	100 FREE	1:10.79	1:20.59
2:58.69	2:36.39	200 FREE	2:31.89	2:52.39
43.69	38.19	50 BACK	38.39	44.29
1:35.29	1:22.19	100 BACK	1:21.69	1:33.69
48.29	41.99	50 BREAST	42.49	48.59
1:47.09	1:33.39	100 BREAST	1:32.69	1:45.99
42.09	37.29	50 FLY	36.69	40.99
1:38.69	1:26.69	100 FLY	1:25.69	1:37.19
---	1:22.79	100 IM	1:21.49	---
3:20.59	2:55.99	200 IM	2:55.29	3:18.89
11-12 GIRLS			11-12 BOYS	
LONG COURSE	SHORT COURSE	EVENTS	SHORT COURSE	LONG COURSE
32.39	28.39	50 FREE	28.59	32.79
1:10.59	1:02.09	100 FREE	1:02.29*	1:10.79*
2:32.39*	2:14.29*	200 FREE	2:15.69*	2:33.99*
5:22.79*	5:58.39*	500 FREE	6:03.59*	5:27.69*
38.09*	33.29*	50 BACK	33.69	38.79
1:21.09*	1:11.89*	100 BACK	1:12.29	1:23.59
41.99*	37.79*	50 BREAST	37.59	43.09
1:33.79	1:22.19	100 BREAST	1:21.09	1:33.59
35.89*	31.89*	50 FLY	32.39	36.59
1:22.49	1:12.99	100 FLY	1:12.19	1:22.09
---	1:11.39*	100 IM	1:12.19	---
2:51.89	2:31.89	200 IM	2:33.59*	2:54.39*
13-14 GIRLS			13-14 BOYS	
LONG COURSE	SHORT COURSE	EVENTS	SHORT COURSE	LONG COURSE
30.79	26.99	50 FREE	25.39*	29.29*
1:06.69*	58.59*	100 FREE	54.99	1:04.79*
2:22.29*	2:05.79*	200 FREE	1:59.09*	2:17.29*
5:03.49	5:38.29	500 FREE	5:22.99*	4:50.79*
10:28.89*	11:45.89*	1000 FREE	11:20.39*	10:11.49*
20:37.59	20:09.89	1650 FREE	19:29.49	20:14.39
1:17.09*	1:06.69*	100 BACK	1:04.19*	1:14.39*
2:43.29*	2:22.49*	200 BACK	2:17.39*	2:39.39*
1:27.29*	1:16.39*	100 BREAST	1:12.29	1:23.59
3:08.19*	2:43.79*	200 BREAST	2:36.29	3:02.39
1:15.09*	1:06.09*	100 FLY	1:03.69*	1:11.59*
2:49.19*	2:28.39*	200 FLY	2:20.79	2:39.89
2:43.79*	2:23.39*	200 IM	2:16.69*	2:36.29*
5:44.59*	5:04.49*	400 IM	4:51.29*	5:34.89*

2008 NORTH CAROLINA SWIMMING
14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP
13-14 & 11-12 PRELIMINARIES
ORDER OF EVENTS

Thursday, February 21, 2008 Warm-ups 5:00-5:50PM Timed Finals 6:00PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
1	10:28.89	11:45.89	13-14 1000yd Freestyle	11:20.39	10:11.49	2
3	5:22.79	5:58.39	11-12 500yd Freestyle	6:03.59	5:27.69	4

Friday, February 22, 2008 Warm-ups 7:00-8:20AM Preliminaries 8:30AM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
5	2:32.39	2:14.29	11-12 200yd Freestyle	2:15.69	2:33.99	6
7	2:22.29	2:05.79	13-14 200yd Freestyle	1:59.09	2:17.29	8
9	41.99	37.79	11-12 50yd Breaststroke	37.59	43.09	10
11	1:27.29	1:16.39	13-14 100yd Breaststroke	1:12.29	1:23.59	12
13	1:22.49	1:12.99	11-12 100yd Butterfly	1:12.19	1:22.09	14
15	1:15.09	1:06.09	13-14 100yd Butterfly	1:03.69	1:11.59	16
17	---	1:11.39	11-12 100yd IM	1:12.19	---	18
19	5:44.59	5:04.49	13-14 400yd Individual Medley	4:51.29	5:34.89	20

Saturday, February 23, 2008 Warm-ups 7:00-8:20AM Preliminaries 8:30AM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
25	NQT	NQT	13-14 200yd Medley Relay	NQT	NQT	26
27	NQT	NQT	11-12 200yd Med Relay	NQT	NQT	28
			10-Minute Break			
29	2:49.19	2:28.39	13-14 200yd Butterfly	2:20.79	2:39.89	30
31	35.89	31.89	11-12 50yd Butterfly	32.39	36.59	32
33	30.79	26.99	13-14 50yd Freestyle	25.39	29.29	34
35	32.39	28.39	11-12 50yd Freestyle	28.59	32.79	36
37	3:08.19	2:43.79	13-14 200yd Breaststroke	2:36.29	3:02.39	38
39	1:33.79	1:22.19	11-12 100yd Breaststroke	1:21.09	1:33.59	40
41	1:17.09	1:06.69	13-14 100yd Backstroke	1:04.19	1:14.39	42
43	1:21.09	1:11.89	11-12 100yd Backstroke	1:12.29	1:23.59	44
45	5:03.49	5:38.29	13-14 500yd Freestyle	5:22.99	4:50.79	46

Sunday, February 24, 2008 Warm-ups 7:00-8:20AM Preliminaries 8:30AM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
51	NQT	NQT	13-14 200yd Free Relay	NQT	NQT	52
53	NQT	NQT	11-12 200yd Free Relay	NQT	NQT	54
			10-Minute Break			
57	38.09	33.29	11-12 50yd Backstroke	33.69	38.79	58
59	2:43.29	2:22.89	13-14 200yd Backstroke	2:17.39	2:39.39	60
61	1:10.59	1:02.09	11-12 100yd Freestyle	1:02.29	1:10.79	62
63	1:06.69	58.59	13-14 100yd Freestyle	54.99	1:04.79	64
65	2:51.89	2:31.89	11-12 200yd IM	2:33.59	2:54.39	66
67	2:43.79	2:23.39	13-14 200yd Individual Medley	2:16.69	2:36.29	68
55	20:37.59	20:09.89	13-14 1650yd Freestyle	19:29.49	20:14.39	56

**14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP
10 & UNDER TIMED FINALS
ORDER OF EVENTS**

Friday, February 22, 2008

Warm-ups 12:00-12:50 PM Meet Starts 1:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
69	2:58.69	2:36.39	10-Under 200yd Freestyle	2:31.89	2:52.39	70
71	48.29	41.99	10-Under 50yd Breaststroke	42.49	48.59	72
73	1:38.69	1:26.69	10-Under 100yd Butterfly	1:25.69	1:37.19	74
75	---	1:22.79	10-Under 100yd IM	1:21.49	---	76

Saturday, February 23, 2008

Warm-ups 12:00-12:50 PM Meet Starts 1:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
77	NQT	NQT	10-Under 200yd Med Relay	NQT	NQT	78
			10-Minute Break			
79	42.09	37.29	10-Under 50yd Butterfly	36.69	40.99	80
81	36.49	32.39	10-Under 50yd Freestyle	31.89	36.29	82
83	1:47.09	1:33.39	10-Under 100yd Breaststroke	1:32.69	1:45.99	84
85	1:35.29	1:22.19	10-Under 100yd Backstroke	1:21.69	1:33.69	86

Sunday, February 24, 2008

Warm-ups 12:00-12:50 PM Meet Starts 1:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
87	NQT	NQT	10-Under 200yd Free Relay	NQT	NQT	88
			10-Minute Break			
89	43.69	38.19	10-Under 50yd Backstroke	38.39	44.29	90
91	1:21.89	1:12.29	10-Under 100yd Freestyle	1:10.79	1:20.59	92
93	3:20.59	2:55.99	10-Under 200yd IM	2:55.29	3:18.89	94

**2008 NORTH CAROLINA SWIMMING
14 & UNDER SHORT COURSE AGE GROUP CHAMPIONSHIP**

**13-14 & 11-12 FINALS
ORDER OF EVENTS**

Friday, February 22, 2008

Warm-ups 5:00-5:50 PM

Meet Starts 6:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
5	2:32.39	2:14.29	11-12 200yd Freestyle	2:15.69	2:33.99	6
7	2:22.29	2:05.79	13-14 200yd Freestyle	1:59.09	2:17.29	8
9	41.99	37.79	11-12 50yd Breaststroke	37.59	43.09	10
11	1:27.29	1:16.39	13-14 100yd Breaststroke	1:12.29	1:23.59	12
13	1:22.49	1:12.99	11-12 100yd Butterfly	1:12.19	1:22.09	14
15	1:15.09	1:06.09	13-14 100yd Butterfly	1:03.69	1:11.59	16
17	---	1:11.39	11-12 100yd IM	1:12.19	---	18
19	5:44.59	5:04.49	13-14 400yd IM	4:51.29	5:34.89	20
			10-Minute Break			
21	NQT	NQT	11-12 400yd Medley Relay	NQT	NQT	22
23	NQT	NQT	13-14 400yd Medley Relay	NQT	NQT	24

Saturday, February 23, 2008

Warm-ups 5:00-5:50 PM

Meet Starts 6:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
29	2:49.19	2:28.39	13-14 200yd Butterfly	2:20.79	2:39.89	30
31	35.89	31.89	11-12 50yd Butterfly	32.39	36.59	32
33	30.79	26.99	13-14 50yd Freestyle	25.39	29.29	34
35	32.39	28.39	11-12 50yd Freestyle	28.59	32.79	36
37	3:08.19	2:43.79	13-14 200yd Breaststroke	2:36.29	3:02.39	38
39	1:33.79	1:22.19	11-12 100yd Breaststroke	1:21.09	1:33.59	40
41	1:17.09	1:06.69	13-14 100yd Backstroke	1:04.19	1:14.39	42
43	1:21.09	1:11.89	11-12 100yd Backstroke	1:12.29	1:23.59	44
45	5:03.49	5:38.29	13-14 500yd Freestyle	5:22.99	4:50.79	46
			10-Minute Break			
47	NQT	NQT	11-12 400yd Free Relay	NQT	NQT	48
49	NQT	NQT	13-14 400yd Free Relay	NQT	NQT	50

Sunday, February 24, 2008

Warm-ups 5:00-5:50 PM

Meet Starts 6:00 PM

Girls Event #	LC QT	SC QT	EVENTS	SC QT	LC QT	Boys Event #
55	20:37.59	20:09.89	13-14 1650yd Freestyle	19:29.49	20:14.39	56
57	38.09	33.29	11-12 50yd Backstroke	33.69	38.79	58
59	2:43.29	2:22.89	13-14 200yd Backstroke	2:17.39	2:39.39	60
61	1:10.59	1:02.09	11-12 100yd Freestyle	1:02.29	1:10.79	62
63	1:06.69	58.59	13-14 100yd Freestyle	55.59	1:04.79	64
65	2:51.89	2:31.89	11-12 200yd IM	2:33.59	2:54.39	66
67	2:43.79	2:23.39	13-14 200yd IM	2:16.69	2:36.29	68