

## 2008 GYSSA Short Course Championships

February 29 - March 2, 2008

Host: YMCA of Catawba Valley and YMCA of Western North Carolina

Sponsor: Greater YMCA Sunbelt Swimming Association

Sanction: The YMCA of the USA Competitive Swimming and Diving Committee has sanctioned this meet as a Championship Level Competition. National YMCA sanction number is CAQ-0708-1049. This meet will be USA Swimming approved under NC Swimming Approval NC#08034AP. This competition will satisfy the Championship Meet requirement for YMCA Nationals.

Location: Huntersville Family Fitness and Aquatic Center  
11725 Verhoeff Drive  
Huntersville, NC 28078

Facility: The competition pool is an 8-lane, 25 yard course with nine foot wide lanes separated by non-turbulent lane lines, Paragon starting blocks, and a minimum pool depth of 6 feet. Ample warm-up/warm down space will be available throughout the meet. A Colorado timing system and scoreboard will be used. Seating for approximately 600 spectators and competitors is available.

Schedule: Friday, 2/29/08

Warm-up: 3:30 pm  
Timed Finals: 4:30 pm

Saturday, 3/1/08 and Sunday, 3/2/08

10 & under	11 & over
Warm-up: 7:30 am	Warm-up: 12:30 pm
Timed Finals: 8:30 am	Timed Finals: 1:30 pm

Eligibility: This meet is open only to teams in the Greater YMCA Sunbelt Swimming Association. Swimmers must be registered on the roster of a GYSSA member team. All participants must be a member of a local YMCA and must have full privilege annual membership at that YMCA to be eligible. Each participant must have competed in at least three (3) inter-association (closed YMCA) meets prior to the entry deadline. There are no time standards for this meet with the exception of events 400 yards and longer, in which swimmers must have achieved a USAS "B" time to compete.

Age Groups: **Swimmers will compete using their age on February 29, 2008.** The age groups for competition will be: 6 & under, 8 & under, 9-10, 11-12,

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and Senior. The Senior age group will be separated into 14 & Under and 15 & Over for awards and results purposes.

**Entry Limits:** Swimmers may compete in a maximum of three (3) individual events and two (2) relay events per day.

Senior events are open to swimmers of any age, however, participation in a Senior individual event 400 yards or longer is limited to those swimmers that have achieved a USAS 13-14 'B' time in the event, prior to the entry deadline.

**Relay Teams:** GYSSA member teams will be limited to only one scoring relay team for each relay event. Member teams may enter unlimited relay teams in a relay event; however, only the highest placing relay team for that member team will score points.

**Format:** The meet will be conducted in accordance with current USA Swimming Technical Rules, National YMCA Championship Meet Rules, and Rules that Govern YMCA Competitive Sports.

Times will be reported to USA Swimming.

**NOTE: Please indicate which swimmers on your team are NOT registered with USA Swimming. Include this list with your entry. This is necessary for reporting times to USA Swimming. The easiest method is to go into your Team Manager program and for each non-USA Swimming registered swimmer, erase the swimmer ID number that HyTek automatically generates.**

All events will be seeded prior to the start of the meet with the exception of the 1650 Freestyle, 500 Freestyle, and 400 IM which will require positive check-in no later than 30 minutes before the scheduled start of the session in which the event will be contested. The meet referee may combine heats where possible.

**Awards:** Heat-winner awards will be provided for all individual events.

<b>Teams:</b>	Top three overall teams	Trophies
	Top three small teams (75 & Under)	Trophies

<b>Individuals:</b>	1 <sup>st</sup> thru 3 <sup>rd</sup>	Medals
	4 <sup>th</sup> thru 16 <sup>th</sup>	Ribbons

<b>Relays:</b>	1 <sup>st</sup>	Medals
	2 <sup>nd</sup> thru 8 <sup>th</sup>	Ribbons

**Scoring:** Both individual and relay events will score 1<sup>st</sup> thru 16<sup>th</sup> places as follows:

**Individual:** 20,17,16,15,14,13,12,11,9,7,6,5,4,3,2,1

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Relay: 40,34,32,30,28,26,24,22,18,14,12,10,8,6,4,2

The Senior age group will be separated into 14 & Under and 15 & Over for awards and points purposes.

Entry Method: **Email**, mail or deliver all entries to:

Jon Jolley  
701 First Street NW  
Hickory, NC 28601  
[jjolley@twave.net](mailto:jjolley@twave.net)  
(828) 381-8806

### Entry

Procedure: The preferred method of entry is a Hy-Tek Commlink file, generated by the Hy-Tek Team Manager software. Enter best short course (25 yard) times.

The following materials must accompany all entry packages and be **received** no later than **Wednesday, February 20<sup>th</sup>, 2008**.

- Diskette, e-mailed entry file, or typed entry forms
- Hard copies of all entries (for entries generated by Hy-Tek)
- Team Roster
- Signed Entry Summary Form
- Check for entry fees
- Proofs of Coaches' Certifications \*

**\* In order to be on deck for this meet, coaches must have the following certifications current through the last day of the meet:**

- (1) CPR
- (2) First Aid
- (3) Lifeguarding (or Red Cross Coaches Safety Training)
- (4) Principles of YMCA Swimming and Diving

**Acceptable proof of certification includes any of the following:**

- (1) Current USY Coach's Card
- (2) Current USA Swimming Coach's Card, plus Principles of YMCA Swimming and Diving Card
- (3) A current card for each certification

Entry Fees: \$2.00 per individual event  
\$8.00 per relay event  
\$8.00 per swimmer facility surcharge

**Make checks payable to YSST.**

Check-ins:	Event	Check-in Deadline
	Senior 1650 Freestyle	4:00 pm Friday

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11-12 500 Freestyle	4:00 pm Friday
Senior 400 IM	4:00 pm Friday
Senior 500 Freestyle	1:00 pm Saturday

Check-in at the scorer's table.

Meet Director: Jon Jolley  
(828) 381-8806

Meet Referee: Dick McDonald

Meet Officials: YSST and YWNC welcome the participation of parent volunteers who are currently USA Swimming and/or YMCA certified officials. Please include a listing of officials with your team entries or contact Jon Jolley.

Timers: Each team is expected to supply timers for each session of the meet. The number of timers from each team should be proportional to the number of swimmers competing from that team.

Release

Statement: The YMCA of the USA Competitive Swimming and Diving Committee, USA Swimming, Greater YMCA Sunbelt Swimming Association, North Carolina Swimming, YMCA of Catawba Valley, YMCA of Western North Carolina, Town of Huntersville, Huntersville Family Fitness & Aquatics, and Health & Sport Works shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injury to anyone during the conduct of this event.

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## Order of Events

Friday, 2/29/2008

Warm-up: 3:30 pm, Timed Finals: 4:30 pm

Girls	Event	Boys
1	11-12 200 IM	2
3	Senior 1650 Free*	4
5	10 & Under 200 Free	6
7	11-12 500 Free	8
9	Senior 400 IM*	10

Saturday, 3/1/2008 (10 & Under)

Warm-up: 7:30 am, Timed Finals: 8:30 am

Girls	Event	Boys
11	8 & Under 100 IM	12
13	9-10 100 IM	14
15	6 & Under 25 Back	16
17	7-8 25 Back	18
19	9-10 50 Back	20
21	8 & Under 50 Breast	22
23	9-10 100 Breast	24
25	6 & Under 25 Free	26
27	7-8 25 Free	28
29	9-10 50 Free	30
31	8 & Under 50 Fly	32
33	9-10 100 Fly	34
35	8 & Under 100 Medley Relay	36
37	10 & Under 200 Medley Relay	38

Saturday, 3/1/2008 (11 & Over)

Warm-up: 12:30 pm, Timed Finals: 1:30 pm

Girls	Event	Boys
39	Senior 400 Free Relay	40
41	Senior 500 Free*	42
43	11-12 100 IM	44
45	Senior 200 IM*	46
47	11-12 50 Back	48
49	Senior 100 Back*	50
51	11-12 100 Breast	52
53	Senior 200 Breast*	54
55	11-12 100 Free	56
57	Senior 100 Free*	58
59	11-12 100 Fly	60
61	Senior 200 Fly*	62
63	12 & Under 200 Medley Relay	64
65	14 & Under 200 Medley Relay	66
67	Senior Medley Relay	68

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## Order of Events

Sunday, 3/2/2008 (10 & Under)

Warm-up: 7:30 am, Timed Finals: 8:30 am

Girls	Event	Boys
69	9-10 200 IM	70
71	8 & Under 50 Free	72
73	9-10 100 Free	74
75	8 & Under 25 Breast	76
77	9-10 50 Breast	78
79	8 & Under 50 Back	80
81	9-10 100 Back	82
83	8 & Under 25 Fly	84
85	9-10 50 Fly	86
87	8 & Under 100 Free Relay	88
89	10 & Under 200 Free Relay	90

Sunday, 3/2/2008 (11 & Over)

Warm-up: 12:30 pm, Timed Finals: 1:30 pm

Girls	Event	Boys
91	Senior 400 Medley Relay	92
93	11-12 50 Free	94
95	Senior 50 Free*	96
97	11-12 50 Breast	98
99	Senior 100 Breast*	100
101	11-12 100 Back	102
103	Senior 200 Back*	104
105	11-12 50 Fly	106
107	Senior 100 Fly*	108
109	11-12 200 Free	110
111	Senior 200 Free*	112
113	12 & Under 200 Free Relay	114
115	14 & Under 200 Free Relay	116
117	Senior 200 Free Relay	118

\* For these events, swimmers ages 14 & Under and 15 & Up shall swim in combined heats. Separate results and awards shall be provided for the 14 & Under and the 15 & Up age groups.

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## ENTRY SUMMARY FORM

Age Group	Total # of Swimmers @ \$8.00	Total Meet Surcharge	Total # of Entries @ \$2.00	Total Individual Entry Fees	Total # of Entries @ \$8.00	Total Relay Entry Fees
8 & Un GIRLS						
9 – 10 GIRLS						
11 – 12 GIRLS						
13 – 14 GIRLS						
15 & Ov GIRLS						
8 & Un BOYS						
9 – 10 BOYS						
11 – 12 BOYS						
13 – 14 BOYS						
15 & Ov BOYS						
<b>TOTALS:</b>		\$		\$		

**TOTAL** \_\_\_\_\_

Please submit one check with entries to cover your team's total entry fees.  
Make check payable to **YSST**.

Head Coach Name \_\_\_\_\_ Phone \_\_\_\_\_

Club Name \_\_\_\_\_ Code \_\_\_\_\_

Club Address \_\_\_\_\_ E-mail \_\_\_\_\_

The YMCA of the USA Competitive Swimming and Diving Committee, USA Swimming, Greater YMCA Sunbelt Swimming Association, North Carolina Swimming, YMCA of Catawba Valley, YMCA of Western North Carolina, Town of Huntersville, Huntersville Family Fitness & Aquatics, and Health & Sport Works shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injury to anyone during the conduct of this event.

Head Coach's Signature: \_\_\_\_\_