



MARLINS OF RALEIGH

B/C STATES MEET INFO

Facility: Triangle Aquatic Center
275 Convention Drive
Cary, NC 27511

Competition Pool: The TAC facility features a 50-meter pool divided into two courses which include an 8-lane, 25-yard competition course and a 10-lane, 25-yard competition course, with a variable depth ranging from 7-12 feet. An additional 10-lane 25 yard pool is available for continuous warm up and warm down. The pool is equipped with state of the art, anti-turbulent lane lines and Paragon starting blocks. A fully electronic Daktronic timing system, digital scoreboards and stopwatches will be used in each competition lane. Hy-Tek Meet Manager software will be used. Locker rooms for changing are available.

Only meet volunteers, USA Swimming registered athletes and USA Swimming registered officials may be on deck. **NO SPECTATORS ON DECK.**

Other site information: There is seating capacity for 1,000 spectators on the viewing level. There is ample parking available in the adjacent mall lot. A concession stand is available for drinks and snack items.

Rules: Please inform all families of the following pool rules

- 1. NO smoking is allowed inside the facility**
- 2. NO outside food, drinks or coolers allowed inside the facility**
- 3. NO glass containers are allowed inside the facility**
- 4. NO chairs allowed in the spectator level. Swimmers may have a chair on deck.**

Dates: March 7-9, 2008

Times:

Fri.-Combined Session	W-up-4:30 pm	Meet-5:30 pm
Sat./Sun 10-unders	W-up-8:00am	Meet-9:00am
Sat./Sun. 11-12, 13-18 Dev.	W-up 12:15pm	Meet-1:15pm

Sanction: USA Swimming Sanction issued by NCS # NC08038

- Sponsor:** **Marlins Of Raleigh Swim Team**
- Rules:** The meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and NCS Safety program, except where rules therein are optional and are herein stated.
- The 400 IM and 500 Free will be deck seeded. Positive check-in will be required prior to warm-ups on the day of the event. NC Scratch rule will apply.
- Meet management reserves the right to limit the total size of the meet and/or limit or combine heats and events as needed.
- All swimmers entering relays must be listed on the entry sheets. Relays will be seeded and posted along with the individual events. Relays cards with names and order of the relay team are to be handed to the clerk of course before the beginning of the Fly events for each session.
- 8-U events will start from the blocks. Results from the 8-U will be posted as soon as possible, but because of the manual entry of the times, there may be a delay.
- Check-in:** Positive Check-in is required for all relays, 500 Free and 400 IM. Deadline for Check-in is the start of the session in which these events will be contested.
- Eligibility:** All swimmers must be registered with USA Swimming of invited teams.
9-10 & All 8 and under B/C Sessions - 9-10 swimmers cannot have more than 1 BB stroke to swim in the meet.
11-12 B/C, 13-18 Development Sessions - 11-12 cannot have more than 1 BB stroke to swim in the meet. 13-18 swimmers must be Development swimmers. (13-18 with 13-14 AA in 1 or less strokes)
- Entry Limit:** **9 and over swimmers:** Limited to 2 events Fri. Swimmers are limited to no more than 7 events Sat. & Sun. combined not to exceed 4 events per day.
8-U swimmers: Limited to 4 events per day
All Swimmers are limited to 1 relay per day.

Entries: Submit entries on enclosed entry forms and summary sheet or on HY-Tek Meet Manager disk. List swimmer's age as of March 7, 2008. Per NCS rules, a roster of swimmers entered in the meet will be sent to NC Swimming for verification of USA Swimming registration. Only properly completed forms with payment will be accepted.

There will be NO on deck registration available at this meet.

All swimmers in the meet must be NCS registered, including payment, by AT LEAST THREE DAYS PRIOR TO THE FIRST DAY OF THE MEET.

All relay only swimmers including alternates must be listed on the Meet entry forms and pay the NCS Travel fund surcharge and facility surcharge.

Late entries may be accepted at the discretion of the meet director, but will not be seeded and will be charged double fees.

Entry Deadline: **Feb. 27, 2008** Entries will not be accepted without payment of entry fees. Entries may be limited at the discretion of the meet director in order to manage the timeline. When sending your entries by email, please send a financial summary. **If you are requesting a late entry, DO NOT send a new file.. Please submit in word form by email to Pam Rocque at bayrtvrs@nc.rr.com Include, Name, sex, id number, event # and event.**

Teams planning on attending the meet are requested to email bayrtvrs@nc.rr.com and coachcara45@aol.com, indicating their approximate numbers of swimmers for each age group and session by Feb. 1.

Mail entries to: **Meet Director, 4900 Waters Edge Dr., Suite 200, Raleigh, NC 27606, 919-454-6919, email: bayrtvrs@nc.rr.com**

Entry Fees: Ind. Events-\$2.00
Relay Events-\$8.00
NC Travel Surcharge-\$2/swimmer,
Facility Surcharge \$15 per swimmer
(Relay only swimmers must pay Travel & Facility Surcharge)

Awards: Individual Events-1st-3rd Medals, 4th-10th-Ribbons
Relays-1st-Medals 2nd-3rd-Ribbons

Warm-up: Warm-up lane assignments will be determined after entries are received. Lane assignments will be posted around the pool.

- Time Schedule:** The meet director reserves the right to change warm-up and start times based on the time line. Any changes to the meet schedule will be posted at www.marlinsofraleigh.com by Wed. March 5, 2008. Teams that have included their email address with their entries will also be updated by email as soon as possible.
- Parking:** Parents are reminded to not park illegally on curbs etc. See Facility rules.
- Safety:** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated.
- USA Swimming Membership:** Coaches must present a current USA Swimming membership card to receive their entry package and must display their membership card at all times that they are on deck.
- Coaches Meeting:** 10 minutes prior to the start of the Friday Session.
- Meet Director:** bayrtvrs@nc.rr.com Pam Rocque
Coachcara45@aol.com Cara Cameron (please copy on all emails)
- Host Coach:** Cara Cameron 919-851-3000
- Meet Referee:** Bob Figuers
- Marshal:** Blair Crosscup
- Officials Meeting:** There will be an officials meeting 20 minutes prior to the start of Fridays session in the Hospitality Room.
- Hospitality:** Drinks, snacks, breakfast, lunch will be provided to the coaches, officials, and meet workers.
- Volunteers:** MOR welcomes volunteer officials and timers and they will be provided MOR hospitality. **Swimmers in the 500 Free must provide their own lap counters and timers.**
- Release Statement:** USA Swimming, Inc. NC Swimming, Inc., Marlins Of Raleigh, Triangle Aquatic Center and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Order of events:

Friday March 7, 2008

Combined Session

1-2	9-10	200 IM
3-4	11-12	200 IM
5-6	13-18	200 IM
7-8	11-12	500 Free
9-10	13-18	500 Free

Saturday March 8, 2008

10-unders

11-12 9-10 50 Free
13-14 8-under 25 Free
15-16 9-10 100 Breast
17-18 8-under 50 Breast
19-20 9-10 50 Back
21-22 8-under 25 Back
23-24 9-10 100 Fly
25-26 8-under 100 IM
27-28 9-10 200 Free
29-30 8-under 100 Free Relay
31-32 10-under 200 Free Relay

Sunday March 9, 2008

10-unders

57-58 9-10 100 Free
59-60 8-under 50 Free
61-62 9-10 50 Breast
63-64 8-under 25 Breast
65-66 9-10 100 Back
67-68 8-under 50 Back
69-70 9-10 50 Fly
71-72 8-under 25 Fly
73-74 9-10 100 IM
75-76 8-under 100 Free
77-78 9-10 200 Medley Relay
79-80 8-under 100 Medley Relay

Saturday March 8, 2008

11-12's, 13-18 Session

33-34 11-12 50 Free
35-36 13-18 50 Free
37-38 11-12 100 Breast
39-40 13-18 100 Breast
41-42 11-12 50 Back
43-44 13-18 200 Back
45-46 11-12 100 Fly
47-48 13-18 100 Fly
49-50 11-12 200 Free
51-52 13-18 200 Free
53-54 11-12 200 Free Relay
55-56 13-18 200 Free Relay

Sunday March 9, 2008

11-12's 13-18 Session

81-82 11-12 50 Fly
83-84 13-18 200 Fly
85-86 11-12 100 Free
87-88 13-18 100 Free
89-90 11-12 50 Breast
91-92 13-18 200 Breast
93-94 11-12 100 Back
95-96 13-18 100 Back
97-98 11-12 100 IM
99-100 13-18 400 IM
101-102 11-12 200 Medley Relay
103-104 13-18 200 Medley Relay