

The Greensboro Swimming Association  
Presents The  
53<sup>rd</sup> Annual Eastern Invitational Long Course Championships  
To Be Held At  
Lindley Park Pool, Greensboro, North Carolina  
July 4th – 6th, 2008

- Sanction:** Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction No. NC08048.
- Sponsors:** The City of Greensboro Parks and Recreation Department and the Greensboro Swimming Association.
- Facility:** The Lindley Park pool is an outdoor, ten lane, 50 meter course with non-turbulent lane lines and custom starting blocks. **Eight lanes will be used for competition. One lane will be open for continuous warm up and cool down.** The Colorado electronic timing system with scoreboard will be used. Seating for 400 spectators and ample space for team tents is available. Twenty-four hour security will be provided beginning the evening prior to the meet.
- Rules:** The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NC Official Handbook and NCS Safety Program, except where the rules therein are optional and exceptions are herein stated.
- Classification:** This is a Senior / Age Group Open Meet.
- Eligibility:** All swimmers must be registered with USA Swimming, Inc. There will be no on deck registration available at this meet. All swimmers must compete in their proper age group with the exception of a twelve-year-old swimmer electing to compete as a senior swimmer. Twelve-year-old swimmers electing to “swim up” must do so for the entire meet. They will be seeded in the 15 & over age group for finals.
- Entries:** All entries must be in long course times. Entries must be submitted in Hy-Tek Team Manager format. Entry file may be submitted by e-mail to [tbrewer441@aol.com](mailto:tbrewer441@aol.com). A print out listing the individual swimmers and their events, all other requested information and payment of entry fees must be submitted for your entry to be considered complete.
- All relay only swimmers, including alternates, must be entered on the submitted entry file and pay the NCS travel fund surcharge.
- Entry Limit:** Swimmers are limited to nine (9) individual events for the meet. Senior swimmers entered in prelims and finals events are further limited to three (3) individual events each day. 12 & Under swimmers may swim more than 3 events in one day. A swimmer entered in too many events will be dropped from all over the limit. Swimmers competing in the 13 & over age groups may enter one (1) relay per day.
- The meet director reserves the right to limit entries to a maximum of 3500 preliminary / timed final swims or 500 swimmers properly registered.
- Entry Deadline:** Midnight, Tuesday, June 24, 2008
- Entries are accepted in order of receipt. Entries may be submitted by e-mail as long as the summary sheet, a printed copy of your entry, and payment is received by Friday, June 27<sup>th</sup>. All teams will be notified by e-mail once your entry is received and processed. Late entries may be accepted at the discretion of the Meet Director.

**Entry Fees:** \$2.50 for each timed final entry, including the 1500 meter freestyle  
\$3.50 for each prelim/final entry.  
\$8.00 for each relay event  
\$2.00 for each swimmer - NC travel fund (includes relay only swimmers)  
\$5.00 facility surcharge per swimmer  
Entry fees for late entries are doubled the normal amount.

Make checks payable to: Greensboro Swimming Association

**Entry fees are non-refundable**

**Mail Entries:** Tom Brewer  
C/O Brewer Equipment Co.  
4611 W. Market St.  
Greensboro, N. C. 27407

336-292-6737 (office) 336-292-2171 (fax) email: tbrewer441@aol.com

**Order Of  
Events:**

All 10 & under and 11-12 age group events will be timed finals. We reserve the right to limit the number of entries into the 11-12 400 meter freestyle event to the 32 fastest swimmers.

Preliminaries and finals will be contested for the 13 & over events except for the 1500 meter freestyle. The 13 & over individual events will be separated into 13-14 and 15 & over age groups for finals. The championship heat will be followed by a consolation heat for each age group.

During preliminaries, the 400-meter individual medley and the 400 meter freestyle will be swum in event order, alternating women to men, fastest to slowest.

**We reserve the right to convert the 400-meter Individual Medley and the 400-meter Freestyle to timed final events in order to accommodate all swimmers and maintain a reasonable time line. If we do so, the fastest 32 swimmers in each sex, regardless of age, will swim in the evening session. The remaining contestants will swim in the morning session alternating women to men, fastest to slowest.**

The senior 1500 meter freestyle will be a timed final event. This event may be limited to the thirty-two (32) fastest entrants with the fastest heat competing during evening finals. The three slowest heats will be swum alternating women and men, fastest to slowest at the conclusion of Sunday's preliminary events. This event will not be separated for awards and scoring. We reserve the right to swim the 1500 meter freestyle "two per lane" in order to accommodate the session time line.

All relays are timed finals and those for 13 and Over will swim in order during finals on Friday and Saturday. A Sunday morning relay option may be offered if, in the opinion of the meet director, it will not unreasonably delay the start of the Sunday afternoon session.

**Breaks:** There will be a 5 minute break in the final session on Sunday evening before event #63, senior women's 1500 free and another 5 minute break following event #64, senior men's 1500 free. No other breaks will be scheduled and swimmers are advised to scratch accordingly.

**Seeding:** All individual events 400 meters or longer and all relays will be decked seeded and a positive check-in to compete is required with the clerk of course. Check-in deadlines are as follows:

<u>EVENT</u>	<u>DEADLINE</u>
13 & over 400 I.M. ....	8:45 am, Friday
11-12 400 free .....	Prior to conclusion of Friday PM warmups
13 & over 400 free .....	8:45 AM, Saturday
13 & over 400 free .....	8:45 AM, Saturday
Senior 1500 free .....	Prior to conclusion of Sunday AM warmups
All relays.....	To Be Announced

Lane cards for relays are to be picked up from the Clerk of Course.

**Scratch**

**Penalties:** There is no penalty for failing to compete in a preliminary heat, a timed final heat of 400 meters, or a relay heat except that the event will count toward the swimmer's individual meet limit. Scratches should be submitted to the clerk of course 15 minutes prior to the start of each session. A swimmer initially qualifying for a scored championship final or a scored consolation heat who fails to compete shall be barred from competing in their next individual event unless excused by the referee as follow:

- The swimmer notifies the clerk of course within 30 minutes after the posting of the qualifiers for that race that they may not compete and further declares their final intention not to compete within 30 minutes following their last individual preliminary event of the day.
- The referee receives and accepts notification of illness or injury.
- The referee determines that failure to compete is caused by circumstances beyond the swimmer's control.

A swimmer, properly checked in, who fails to compete in a deck seeded event will be barred from their next individual event unless properly excused.

**Time Schedule:**

Morning Preliminaries:

General Warm-ups	6:30 am to 7:00 am
Specific Warm-ups	7:00 am to 7:20 am
Competition:	7:30 am

Afternoon timed finals:

General Warm-ups	12:00 pm to 12:30 pm
Specific Warm-ups	12:30 pm to 12:50 pm
Competition:	1:00 pm

Evening finals:

Warm-ups:	Not before 4:30 PM.
Competition:	One hour after warm-ups begin.



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**Order Of Events**

**Friday, July 4, 2008**

**Morning Prelims And Evening Finals**

Prelims: Warm-ups at 6:30 am, competition at 7:30 am  
Finals: Warm-ups not before 4:30 PM, competition one hour later

<b>Women</b>	<b>Event</b>	<b>Men</b>
1	13 & Over 200 M Free	2
3	13 & Over 100 M Breast	4
5	13 & Over 100 M Back	6
7	13 & Over 400 M Ind. Medley	8
9	Open/Senior 400 M Medley Relay	10

*Note: Evening individual finals will be separated into 13-14 and 15 & over age groups  
Relays will swim during the evening session*

**Afternoon Timed Finals**

Warm-ups not before 12:00 noon, timed finals one hour later

<b>Women</b>	<b>Entry Time</b>	<b>Event</b>	<b>Entry Time</b>	<b>Men</b>
11		11-12 50 M Free		12
13		10-UN 50 M Free		14
15		11-12 100 M Fly		16
17		10-UN 100 M Fly		18
19		11-12 50 M Breast		20
21		10-UN 50 M Breast		22
23		11-12 400 M Free		24
25		10-UN 400 M Free Relay		26
27		12-UN 400 M Free Relay		28

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**Saturday July 5, 2008**

**Morning Prelims And Evening Finals**

Prelims: Warm-ups at 6:30 am, competition at 7:30 am  
Finals: Warm-ups not before 4:30 PM, competition one hour later

<b>Women</b>	<b>Event</b>	<b>Men</b>
29	13 & Over 200 M Breast	30
31	13 & Over 50 M Free	32
33	13 & Over 200 M Back	34
35	13 & Over 100 M Fly	36
37	13 & Over 400 M Free	38
39	Open/Senior 800 M Free Relay	40

*Note: Evening individual finals will be separated into 13-14 and 15 & over age groups  
Relays will swim during the evening session*

**Afternoon Timed Finals**

Warm-ups not before 12:00 noon, timed finals one hour later

<b>Women</b>	<b>Event</b>	<b>Men</b>
41	10-UN 200 M Free	42
43	11-12 200 M Free	44
45	10-UN 100 M Breast	46
47	11-12 100 M Breast	48
49	10-UN 100 M Back	50
51	11-12 100 M Back	52
53	10-UN 400 M Medley Relay	54
55	12-UN 400 M Medley Relay	56

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**Sunday July 6, 2008**

**Morning Prelims And Evening Finals**

Prelims: Warm-ups at 6:30 am, competition at 7:30 am  
Finals: Warm-ups not before 4:30 PM, competition one hour later

<b>Women</b>	<b>Event</b>	<b>Men</b>
57	13 & Over 100 M Free	58
	5-minute break during finals	
59	Senior 1500 M Free	60
	5-minute break during finals	
61	13 & Over 200 M Ind. Medley	62
63	13 & Over 200 M Fly	64
65	Open/Senior 400 M Free Relay	66

*Note: Evening individual finals will be separated into 13-14 and 15 & over age groups  
Relays will swim during the evening session  
Fastest heat of events 67 & 68 will compete in finals, others at conclusion of prelims.*

**Afternoon Timed Finals**

Warm-ups not before 12:00 noon, timed finals one hour later

<b>Women</b>	<b>Event</b>	<b>Men</b>
67	10-UN 50 M Back	68
69	11-12 50 M Back	70
71	10-UN 200 M Ind. Medley	72
73	11-12 200 M Ind. Medley	74
75	10-UN 50 M Fly	76
77	11-12 50 M Fly	78
79	10-UN 100 M Free	80
81	11-12 100 M Free	82
83	10-UN 200 M Free Relay	84
87	12-UN 200 M Free Relay	86

# GREENSBORO SWIMMING ASSOCIATION

53RD ANNUAL EASTERN INVITATIONAL

JULY 4TH - 6TH, 2008

## ENTRY SUMMARY AND RELEASE FORM

Age Group	Total Number of Swimmers	Total Number of Entries		Entry Fee per Event	Total Entry Fee
10-UN Boy & Girls- Timed Finals			X	\$2.50	
11-12 Boys & Girls - Timed Finals			X	\$2.50	
1500 Meter Free - Men & Women			X	\$2.50	
13 & Over Women & Men - Prelim/Finals			X	\$3.50	
Relay Only Swimmers					
<b>Total # of Swimmers</b>			X	\$7.00 <small>(\$2.00 NC Travel Charge + \$5.00 Facility Charge)</small>	
Total Relays Entered			X	\$8.00	
<b>Total Fees Due With Entry</b>					

Make Checks Payable to: Greensboro Swimming Association

Return This Summary Sheet with  
Entry Fees and Forms to:

Tom Brewer  
Brewer Equipment Co.  
4611 W. Market St.  
Greensboro, N. C. 27407

Phone (Work) 336-292-6737  
( Fax ) 336-292-2171  
email: tbrewer441@aol.com

Call Letters \_\_\_\_\_

Coach \_\_\_\_\_

Team Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone (Work) (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

(Home) (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

( Fax ) (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

email address: \_\_\_\_\_

### Release Statement

USA Swimming, Inc., North Carolina Swimming, Greensboro Swimming Association, Greensboro Parks & Recreation, and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature \_\_\_\_\_ Date \_\_\_\_\_