

LIBERTY INVITATIONAL
Goldsboro YMCA
Goldsboro, NC
June 7-8, 2008

SITE: Raymond A. Bryan Pool, Goldsboro Family YMCA, 1105 Parkway Drive, Goldsboro, NC 27534

SANCTION: Conducted under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. NCS Sanction#NC08059

HOST TEAM: Marlins of Raleigh and the Goldsboro Family Y

DATE: Saturday and Sunday
June 7-8, 2008

PARKING: Parking will be available in the main lot in front of the building. Please enter through the main entrance.

TIMES: 8:00am 9:15am
Warm ups Meet Starts

This meet is a BB, B,C meet. Any swimmer with two or more A strokes is not eligible for this meet.

CLASSIFICATION:

The facility consists of a 50 meter pool, eight lanes, non-turbulent lane ropes, Paragon starting blocks, Colorado Timing System and scoreboard. Computer results will be used. Therapy pool will be available for continuous warm-up and swim down. Spectator seating is available in the balcony. **Spectators will not be allowed on deck- please notify parents of this rule. Not only a USA Swimming Rule, but a Goldsboro Family YMCA rule for non workers and non registered people during a meet.**

FACILITY:

***NO FOOD OR DRINK ALLOWED ON DECK. HOWEVER SWIMMERS MAY HAVE A PLASTIC BOTTLE FOR WATER.**
***NO TOBACCO USE ALLOWED IN ANY PART OF THE BUILDING.**

FACILITY RULES:

1. The meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.
2. All events will be timed finals.
3. Each swimmer must provide his/her own timer for the 400's.
4. All 400 yard Frees will be deck seeded with positive check-in. Check-in will be required 30 minutes before the start of the meet for the event's session. The NCS Scratch Rule will be in effect.

RULES:

All swimmers must be registered with USA SWIMMING, Inc. and for swimmers who have not achieved two "A" strokes. All 8-unders are eligible.

ELIGIBILITY:

1. Submit entries by emailing them to bayrtvrs@nc.r.com listing age as of June 7, 2008. **Use best meter times achieved.** A list of swimmer's attending the meet will be forwarded to the NCS Registration coordinator for approval. All swimmers and events must have a TIME to be entered- no, NT (NoTime) will be allowed.
2. On-deck entries may be taken at the discretion of the Meet Director in open lanes only and must already be entered in the meet and their registration checked with NC Swimming

3. Enter **BEST METER TIMES** only!
4. **Diving at the shallow end of the pool for 200M relays will be evaluated by the FAMILY Y and Meet Director.**
5. **Hy-tek electronic meet event file will be available from www.ncswim.org.**

ENTRIES:

Swimmers are limited to four (4) individual events per day. Swimmers who are entered in more than the allowed number of events will automatically be dropped from the event(s) that put the swimmer over the limit. No refunds will be given for inappropriate entries. Meet management reserves the right to combine heats when necessary.

ENTRY LIMIT:

HANDWRITTEN ENTRIES WILL NOT BE ACCEPTED.

Completed Electronic (Hy-Tek, LSA etc...) meet entries are due Wednesday, May 28, 2007 Entries will not be accepted without Summary Sheet and payment of entry fees. Late entries (including additional events or switching of events for swimmers already entered in the meet) may be accepted at the discretion of the Meet Director, but will not be seeded. **DOUBLE ENTRY FEES WILL BE CHARGED FOR ALL LATE OR CHANGED ENTRIES.** . **The Meet Director reserves the right to limit the meet to 275 swimmers or a number that ensures a reasonable session length. If numbers exceed 275, teams swimming both days of the meet will be accepted first.**

Please send any correspondence relating to entries via e-mail to Pam Rocque at baytrts@nc.rr.com and Cara Cameron at coachcara45@aol.com Include team name, swimmer, and/or events in question. A response will be sent upon receipt of your message.

ENTRY DEADLINE:

\$2.50 per individual event (NCS registered swimmers)

\$8.00 per relay

\$10.00 per swimmer Facility Surcharge

\$2.00 per swimmer NCS Travel Fund

Double entry fees will be charged for late entries, if accepted. A late entry is any electronic entry received after 9:00 pm on Wednesday, May 28, 2008. All fees are non-refundable.

A check payable to Marlins of Raleigh must accompany entries. If you are not able to include a check with your entry, prior arrangements must be made with the Meet Director in order for your entry to be accepted.

MAIL ENTRIES & FEES TO:

Meet Director
4900 Waters Edge Dr Suite 200
Raleigh, NC 27606
(919) 851-3000
baytrtrs@nc.rr.com coachcara45@aol.com

NOTE: Entries must include:

1. Correct entry fees.
2. Hardcopy of Entry forms properly completed.
3. Entries received by Wednesday May 28, 2008
4. **Please do not send entries in a manner that requires signature for delivery.**

AWARDS:

Individual Events: Ribbons 1st – 8th place
 Relays : Ribbons 1st – 3rd place

WARM-UPS:

First 30 minutes: All lanes general warm-up; no diving.
 Next 20 minutes: Lanes 1 and 8 general pace
 Lanes 2,3, and 7 race starts from start end of pool.
 One-way swimming, exit from opposite end of pool.

Lane 4-5 general warm up

Safety: The pool will be cleared prior to the start of each session to prepare for competition and for needed meetings of coaches and officials. Please begin warm-up at the starting end of the pool only.

Warm-up assignments will be determined after entries are received.

If enough for each team to have their own lane, then dive starts from one end of the pool will be at the discretion of the coaches for said team.

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

COACHES MEETING: There will be coaches' meetings on Saturday, June 7 at 9:00AM outside the hospitality area and as announced by the Meet Referee. Coaches' packets will be distributed when the coaches present their USA Swimming Coach membership card. Coaches without a coach membership card will not be allowed on the pool deck. Coaches are responsible for all the information distributed in the packet and at this meeting. **Please inform all parents that they are NOT allowed on deck unless working in a meet capacity and with a badge given to them by the host team.**

MEET DIRECTOR: Pam Rocque bayrtvrs@nc.rr.com
Cara Cameron
Coachcara45@aol.com

MEET REFEREE: Bob Figuers itfiguers@nc.rr.com

MEET MARSHALL: John Fischetti Officer on duty at the YMCA

HOSPITALITY: Hospitality will be open to officials, coaches, and meet workers and is provided by the Goldsboro Family YMCA.

CONCESSIONS: Concession area on site. Kast A Way swim shop will be at the meet.

USA SWIMMING, INC., NORTH CAROLINA SWIMMING, INC., THE Marlins of Raleigh, the Goldsboro Family YMCA AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES ON CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.

OFFICIALS MEETING: There will be an officials meeting at 8:30am on June 7, 2008 by the hospitality Room outside.

ORDER OF EVENTS

Saturdays events- odds are girls, evens are boys

1-2	13-18 200 IM
3-4	11-12 200 IM
5-6	10-u 200 IM
7-8	13-18 100 Breast
9-10	11-12 50 Breast
11-12	9-10 50 Breast
13-14	8-under 50 Breast
15-16	13-18 200 Back
17-18	11-12 100 Back
19-20	10-under 100 Back
21-22	13-18 100 Fly
23-24	11-12 50 Fly
25-26	9-10 50 Fly
27-28	8-un 50 Fly
29-30	13-18 100 Free
31-32	11-12 100 Free
33-34	10-un 100 Free
35-36	13-18 200 Free Relay
37-38	11-12 200 Free Relay
39-40	10-un 200 Free Relay
	5 minute Break
41-42	11-over 400 Freestyle

Sunday events- odds are girls, even are boys

43-44	13-18 50 Free
45-46	11-12 50 Free
47-48	9-10 50 Free
49-50	8-un 50 Free
51-52	13-18 200 Breast
53-54	11-12 100 Breast
55-56	10-under 100 Breast
57-58	13-18 100 Back
59-60	11-12 50 Back
61-62	9-10 50 Back
63-64	8-un 50 Back
65-66	13-18 200 Fly
67-68	11-12 100 Fly
69-70	10-un 100 Fly
71-72	13-18 200 Free
73-74	11-12 200 Free
75-76	10-un 200 Free
77-78	13-18 200 Medley Relay
79-80	11-12 200 medley Relay
81-82	10-un 200 Medley Relay
	5 minute Break
83-84	11-over 400 IM

MOR Liberty Meet 2008

ENTRIES/ENTRY FEES SUMMARY FORM

AGE GROUP	TOTAL # OF SWIMMERS	NCS TRAVEL FEE @ \$2 PER SWIMMER	FACILITY SURCHARGE @\$5 PER SWIMMER	TOTAL INDIVIDUAL ENTRIES	INDIVIDUAL ENTRY FEES @\$2.50	TOTAL # OF RELAYS	TOTAL RELAY FEES @\$8 PER RELAY
Girls 8&U							
Girls 9-10							
Girls 11-12							
Girls Open							
Boys 8&U							
Boys 9-10							
Boys 11-12							
Boys Open							
TOTALS							

TOTAL NCS TRAVEL \$ _____
 TOTAL FACILITY SURCHARGE \$ _____
 TOTAL INDIVIDUAL ENTRY FEES \$ _____
 TOTAL RELAY FEES \$ _____

 TOTAL FEES \$ _____

Please submit one check with entries to cover your club's total entry fees.

Make your check payable to the "Marlins of Raleigh"

Mail or Fed Ex entries to:

Meet Director
4900 Waters Edge Drive Suite 200
Raleigh, NC, 27606
bayrtvrs@nc.rr.com

USA Swimming, Inc., North Carolina Swimming, Marlins of Raleigh, the Goldsboro Family YMCA, and other governing bodies of the facilities shall be held free and harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of this event.

Signature: _____

Coach: _____

Club: _____ Club Abbreviation: _____

Address: _____

Work Phone: _____

Home Phone: _____

Email: _____

** A check for all applicable fees are required for this to be a valid entry.

SUMMER of LIBERTY 2008 ENTRY CHECKLIST

Coaches:

Please use this checklist to make sure you send in everything that is required for a complete entry. All pages that follow this checklist need to be completed and returned.

1. **Check payable to MOR for fees** _____
2. **Fee Summary Form** _____
3. **Computer disk with Hy-Tek Meet Manager compatibility and hardcopy printout of entries including relays** _____

Please provide an email address of contact person who will be in charge of notifying swimmers on their team of any changes to warm-ups or sessions.

Name: _____

Email: _____