



**The Greensboro Swimming Association's
Fall Pentathlon Swim Meet
October 11 – 12, 2008
John Gordon Dewey Pool at Grimsley High School
801 Westover Terrace
Greensboro, N. C.**



- SANCTION:** Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction No.NC08092
- SPONSORS:** The City of Greensboro Parks and Recreation Department and the Greensboro Swimming Association.
- FACILITY:** The John Dewey Pool is an eight lane, 25-yard course with non-turbulent lane ropes. The Colorado Electronic Timing System with horn and strobe start will be used. There is a small diving well available for warm down after swimming events.
- RULES:** The meet will be conducted in accordance with the USA Swimming Rules and Regulations and the NC Official Handbook and NCS Safety program, except where the rules therein are optional and exceptions are herein stated.
- CLASSIFICATION:** This is a BB and up/B-C meet conducted in accordance with the NCS classified age group program and is restricted to swimmers twelve and under as designated in the entry information.
- ELIGIBILITY:** All swimmers must be registered with USA Swimming, Inc.
- ENTRIES:** Entries must be submitted in Hy-Tek Team Manager format.
- Entry file maybe submitted by e-mail to tbrewer441@aol.com. A print out listing the individual swimmers and their events, all other requested information and payment of entry fees must be submitted for your entry to be considered complete.
- All relay only swimmers, including alternates, must be entered on the submitted entry disk or listed on the meet entry forms and pay the NCS travel fund surcharge of \$2.00 and the \$5.00 Facility charge.
- ENTRY LIMIT:** Swimmers are limited to five individual events and one relay per day. To be eligible for the Pentathlon Award a swimmer must compete in all 5 events offered each day.
- ENTRY DEADLINE:** Midnight, Wednesday, October 1, 2008.
- Late entries will be accepted only at the discretion of the Meet Director. Late entries may not be seeded. We reserve the right to limit or suspend the addition of swimmers or heats to accommodate late entries. Late entries will be charged double fees.
- ENTRY FEES:** \$2.25 for Each Individual Event
\$8.00 for Each Relay Event
\$2.00 for Each Swimmer - NC Travel Fund (Includes Relay Only Swimmers)
\$5.00 Facility Charge
Make Checks Payable To: The Greensboro Swimming Association
Entry Fees Are Non-Refundable

MAIL ENTRIES: Tom Brewer tbrewer441@aol.com
C/O Brewer Equipment Co.
4611 W. Market St.
Greensboro, N. C. 27407

336-292-6737 (office)

PENTATHLON SCORING:

To be eligible for "Pentathlon Award Scoring", a swimmer must compete in all five events offered in that session on that day. Pentathlon scoring consists of the total accumulated time for all five events swum each day. The winner will be the swimmer that accumulates the least amount of time for all five events. If a swimmer is disqualified in an event, for Pentathlon scoring purposes, that swimmer will receive a time 5 seconds slower than the slowest finisher's time in that event.

Medals will be awarded to the top three "Pentathlon Scoring Placers" in each age group for each session on Saturday and again on Sunday. [There will be short distance and longer distance Pentathlon winners.] In the event of a tie, the swimmer with the fastest time in the Individual Medley event (100 Free on Saturday for 8-UN) of the session will be the winner.

AWARDS: Pentathlon Winners 1st – 3rd Place - Medals
Individual Ribbons 1st - 8th Place
Relay Ribbons 1st Place

SCORING: This meet will not be scored.

SAFETY: The NCS safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. Anyone failing to comply with a safety request may forfeit his or her privilege to participate.

MEMBERSHIP: Coaches must present a current USA Swimming membership card to the Meet Director to receive their entry package and must display their membership card at all times that they are on deck.

MEET DIRECTOR: Tom Brewer
1103 Hammel Rd.
Greensboro, N. C. 27408

MEET REFEREE: Bill Hensel

MEET MARSHALS: Kate Walker

We strongly recommend each team assign a marshal to monitor warm-up sessions in addition to host team marshals. Continuous warm-up in diving well is limited to USA swimmers only and will be monitored throughout meet.

HOSPITALITY: Officials, coaches, and workers hospitality is located in area behind concession stand at entrance to pool.

DIRECTIONS: Driving directions to Grimsley High School may be found on www.GSAswim.org.

CONCESSIONS: Food and drinks will be available at concession stand at entrance to the pool.

WARM UP PROCEDURES:

Warm-Up Procedure and Lane Assignments as Follows:

First 30 Minutes - General Warm-Up in All Lanes. No Diving.

Last 30 Minutes - Specific Warm-Up.

Lanes 1 and 8 - Push Off Beginning at Starting End of Pool. Circle Swim Only. No Diving.

Lanes 2 and 7 - Dive Start Only. Swim On Length Only. Start from Start End Only.

Lanes 3, 4, 5, 6 - General Warm-Up Only. No Diving.

Warm-Up Procedure May Be Modified by the Referee to Adjust to Existing Conditions.

SESSION SCHEDULE:

Saturday & Sunday Morning Sessions

Warm-Ups Begin at 8:00 AM and end at 8:50 AM

Timed Finals Begin at 9:00 AM

Saturday & Sunday Afternoon Sessions

Warm-Ups Begin Immediately After
Completion of the Morning Sessions
But Not Before 11:30 AM

Timed Finals Will Not Begin Before 12:30 PM

**COACHES'
MEETING:**

There will be a coaches' meeting at 8:50 am on Saturday and at other times as announced by the meet referee.

OFFICIALS:

We welcome all USA Swimming certified officials on deck. Please indicate officials on the entry summary form who may be able to help. Please include name, phone number, e-mail (if available), certification level, and sessions available.

There will be an officials' meeting 30 minutes prior to each session.

COMBINED SESSIONS:

In the event this meet is under subscribed, GSA reserves the right to combine the morning and afternoon sessions each day for competition, Pentathlon scoring, and award purposes.

RELEASE STATEMENT:

USA Swimming, Inc., North Carolina Swimming, Inc., The Greensboro Swimming Association and The City of Greensboro Parks And Recreation Department shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

Signature on the entry summary and subsequent entry into this meet constitutes understanding and acceptance of the above release.

The Greensboro Swimming Association's
 Fall Pentathlon
 Order of Events

Saturday Morning BB and Up Session
 Warm-ups at 8:00 AM - Competition at 9:00 AM

Girls	Age	Event	Boys
1	11-12	100 Butterfly	2
3	9-10	50Y Butterfly	4
5	11-12	100 Backstroke	6
7	9-10	50Y Backstroke	8
9	11-12	100Y Breaststroke	10
11	9-10	50Y Breaststroke	12
13	11-12	100Y Freestyle	14
15	9-10	50Y Freestyle	16
17	11-12	200Y Individual Medley	18
19	9-10	100Y Individual Medley	20
21	12-UN	200Y Medley Relay	22
23	10-UN	200Y Medley Relay	24

Saturday Afternoon B - C Session
 Warm-ups not before 11:30 AM - Competition not before 12:30 PM

25	11-12	100 Butterfly	26
27	9-10	50Y Butterfly	28
29	8-UN	25Y Butterfly	30
31	11-12	100 Backstroke	32
33	9-10	50Y Backstroke	34
35	8-UN	25Y Backstroke	36
37	11-12	100Y Breaststroke	38
39	9-10	50Y Breaststroke	40
41	8-UN	25Y Breaststroke	42
43	11-12	100Y Freestyle	44
45	9-10	50Y Freestyle	46
47	8-UN	25Y Freestyle	48
49	11-12	200Y Individual Medley	50
51	9-10	100Y Individual Medley	52
53	8-UN	100Y Freestyle	54
55	12-UN	200Y Medley Relay	56
57	10-UN	200Y Medley Relay	58
59	8-UN	200Y Medley Relay	60

The Greensboro Swimming Association's

Fall Pentathlon

Order of Events

Sunday Morning BB and Up Session

Warm-ups at 8:00 AM - Competition at 9:00 AM

Girls	Age	Event	Boys
61	11-12	50Y Butterfly	62
63	9-10	100Y Butterfly	64
65	11-12	50Y Backstroke	66
67	9-10	100 Backstroke	68
69	11-12	50Y Breaststroke	70
71	9-10	100Y Breaststroke	72
73	11-12	50Y Freestyle	74
75	9-10	100Y Freestyle	76
77	11-12	100Y Individual Medley	78
79	9-10	200Y Individual Medley	80
81	12-UN	200Y Freestyle Relay	82
83	10-UN	200Y Freestyle Relay	84

Sunday Afternoon B - C Session

Warm-ups not before 12:00 Noon - Competition not before 1:00 PM

85	11-12	50Y Butterfly	86
87	9-10	100Y Butterfly	88
89	8-UN	50Y Butterfly	90
91	11-12	50Y Backstroke	92
93	9-10	100 Backstroke	94
95	8-UN	50Y Backstroke	96
97	11-12	50Y Breaststroke	98
99	9-10	100Y Breaststroke	100
101	8-UN	50Y Breaststroke	102
103	11-12	50Y Freestyle	104
105	9-10	100Y Freestyle	106
107	8-UN	50Y Freestyle	108
109	11-12	100Y Individual Medley	110
111	9-10	200Y Individual Medley	112
113	8-UN	100Y Individual Medley	114
115	12-UN	200Y Freestyle Relay	116
117	10-UN	200Y Freestyle Relay	118
119	8-UN	200Y Freestyle Relay	120

**The Greensboro Swimming Association's
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ENTRY SUMMARY WORKSHEET**

Age Group	Total Number of Swimmers	Total Number of Entries		Entry Fee per Event	Total Entry Fee
10 & UN Girls - BB & UP Session			X	\$2.25	
10 & UN Boys - BB & UP Session			X	\$2.25	
11-12 Girls - BB & UP Session			X	\$2.25	
11-12 Boys - BB & UP Session			X	\$2.25	
8-UN Girls - B / C Session			X	\$2.25	
8-UN Boys - B / C Session			X	\$2.25	
9-10 Girls - B / C Session			X	\$2.25	
9-10 Boys - B / C Session			X	\$2.25	
11-12 Girls - B / C Session			X	\$2.25	
11-12 Boys - B / C Session			X	\$2.25	
			X		
			X		
Relay Only Swimmers					
Total # of Swimmers			X	\$7.00	
Total Relays Entered			X	\$8.00	
Total Fees Due With Entry					

Make Checks Payable to: The Greensboro Swimming Association

Return This Summary Sheet with
Entry Fees and Forms to:

Tom Brewer
Brewer Equipment Co.
4611 W. Market St.
Greensboro, N. C. 27407

Call Letters _____

E-mail Address: _____

Coach _____

Team Name _____

Phone (Work) (____) ____ - _____

Street Address _____

(Home) (____) ____ - _____

City _____ State _____ Zip Code _____

(Fax) (____) ____ - _____

USA Swimming Application for Sanction

Date August 7, 2008

I, Tom Brewer, apply on behalf of The Greensboro Swimming Association for a sanction to hold a

Swimming Competition

At Grimsley High School Pool in Greensboro N. C. on the day(s) of October 11- 12, 2008. Our sanction fee of \$10.00, a copy of the event information and event entry form are attached.

Also included is a complete schedule of lanes and times for all warm-up procedures, which must be adhered to by all participants.

As a condition of obtaining such a sanction, I and the above organization, which I represent, agree to abide by and govern this event under the rules and regulations of USA Swimming, Inc. and North Carolina Swimming, Inc., and all other terms and conditions upon which this sanction may be granted. These terms specifically include all local rules and regulations and those set forth in Article 202 of the current edition of USA Swimming Rules and Regulations, specific reference to 202.2.6 thereof, which provides that:

In granting this sanction it is understood and agreed that the Corporation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

OFFICIALS: Officials for this meet shall be qualified persons certified by USA Swimming, Inc., and a list of such officials will be submitted one week prior to the above event, if requested.

Signed: _____, _____
CLUB VICE -PRESIDENT DATE

Signed: _____, _____
CLUB REPRESENTATIVE DATE

Return Sanction to: Tom Brewer _____ 336-292-6737
Address 4611 W. Market St. _____ PHONE
City/State/Zip Greensboro, N. C. 27407 _____ 336-292 2171
Return Fax #

MAIL APPLICATION TO:
sanctions@ncswim.org

DO NOT WRITE BELOW THIS LINE

For LSC Use Only

Approved / Not Approved (circle one) Signed _____

Sanction Number _____ Issued _____
Date

DWM 4/26/96