

Fayetteville YMCA Sea Dragons Tri Meet  
Saturday, September 13, 2008  
Fayetteville YMCA Pool  
2717 Fort Bragg Rd.  
Fayetteville, NC 28303

Sanction: Held under the sanction of USA Swimming Inc., issued by North Carolina Swimming, Inc. Sanction #NC08094

Sponsor: Fayetteville YMCA

Facility: The Fayetteville YMCA facility is a 5 lane 25 yard pool with depth of 9 feet at the starting end. The pool has non-turbulent lane lines, and custom starting blocks. A .22 starting pistol with three stopwatch timers per lane will be used. The meet will be conducted in accordance with current USA Swimming rules and Regulations, the NCS official handbook and the NCS safety program, except where rules therein are optional and exceptions must be stated

Date: September 13<sup>th</sup> 2008

Warm up at 7:30 to 8:45 Warm ups will be general warm up with no lane assignments from 7:30 to 8:20. From 8:20 to 8:45 there will be 3 lanes for one way starts and 2 lanes for general warm up.

Officials meeting: 8:30 in the hospitality room

Coaches meeting: 8:45 in the hospitality room

Classification: This meet is a Tri meet for all age group and senior swimmers registered with SEA, Sanford Dolphins, and GOLD.

Eligibility: All swimmers must be USA Swimming registered with SEA or other invited team.

Entry Limit: All swimmers are limited to a maximum of Four (4) events and two (2) relays. No swimmer will be entered in more than five (5) total events.

Entry Deadline: Monday, September 7<sup>th</sup> at midnight. Entries should in Hy-Tek Team manager format and emailed to [coach7259@yahoo.com](mailto:coach7259@yahoo.com). Late Entries will be accepted at the discretion of the meet director. All late entries are subject to double entry fees.

Entry Fees: \$1.75 per individual event  
\$7.00 per relay  
\$5.00 Facility charge  
\$2.00 NCS travel fund

Awards: 1<sup>st</sup> – 3<sup>rd</sup> place medals 4<sup>th</sup> and 5<sup>th</sup> place ribbons

Scoring: This meet will not be scored.

Hospitality: Hospitality will be available to Coaches, official and meet volunteers.

Meet Director: Jonathan Meier [coach7259@yahoo.com](mailto:coach7259@yahoo.com) 910-221-4820

Meet Referee: Helga Fasciano [4fas@nc.rr.com](mailto:4fas@nc.rr.com)

Meet Marshall: Audra Williams: [audraw.ymcanc@gmail.com](mailto:audraw.ymcanc@gmail.com)

Rules/Other: Meet management reserves the right to combine events as needed.

Parking: Parking is allowed in designated areas only. Vehicles illegally parked in the parking lots or street areas are liable to be ticketed or towed at the owner's expense.

Release Statement: USA Swimming Inc. North Carolina Swimming Inc., Fayetteville YMCA Sea Dragons, The Fayetteville YWCA and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

Signature on the entry summary and subsequent entry into this meet constitutes understanding and acceptance of the above release.

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

**Fayetteville YMCA Sea Dragons Dual Meet  
Saturday, September 13, 2008**

Warm-ups 7:30 am/Meet starts at 9:00 am

**ORDER OF EVENTS**

GIRLS	EVENTS	BOYS
1	Open 100 Free	2
3	10 & Under Mixed 200 medley relay	3
4	12 & Under Mixed 200 medley relay	4
5	14 & Under Mixed 200 medley relay	5
6	Open Mixed 200 medley relay	6
7	8 & under 25 free	8
9	10 & Under 50 free	10
11	11-12 50 free	12
13	13-14 50 free	14
15	Open 50 free	16
17	8& under 25 breast	18
19	10 & Under 50 breast	20
21	11-12 50 breast	22

23	13-14 100 breast	24
25	Open 100 breast	26
27	8& under 25 fly	28
29	10 and Under 50 fly	30
31	11-12 50 fly	32
33	13-14 100 fly	34
35	Open 100 fly	36
37	8&under 25 back	38
39	10 & Under 50 back	40
41	11-12 50 back	42
43	13-14 100 back	44
45	Open 100 back	46
47	10&under 100 IM	48
49	11-12 100 IM	50
51	13-14 200 IM	52
53	Open 200 IM	54
55	8&under 50 free	56
57	10 and Under 100 free	58
59	11-12 100 free	60
61	13-14 100 free	62
63	Open 200 free	64
65	10 & under Mixed 200 free relay	65
66	12 & under Mixed 200 free relay	66
67	14 & under Mixed 200 free relay	67
68	Open Mixed 200 free relay	68
	10 Minute Break	
69	Open 500 free relay	70

## Entry Fee Worksheet

	# of Swimmers X \$7.00 each (Includes \$2.00 for travel fund)	# of Individual entries X \$1.75 each	# of Relay Entries X \$7.00 each	Total
10 and Under Girls				
10 and Under Boys				
11 – 12 Girls				
11 – 12 Boys				
13 – 14 Girls				
13 – 14 Boys				
15 and Over Girls				
15 and Over Boys				
Totals				

Head Coach Signature \_\_\_\_\_

Number of Additional Coaches \_\_\_\_\_

Official Club Name \_\_\_\_\_

Club Code \_\_\_\_\_

Please send this form with payment to  
 Fayetteville YMCA Sea Dragons  
 2717 Fort Bragg Rd.  
 Fayetteville, NC 28303

Please make check payable to SEA