

ASHEVILLE SWIM CLUB
Winter Chill
Jan 24, 2009
ASHEVILLE SCHOOL POOL
Asheville, North Carolina

Held under sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
SANCTION # NC09013

SITE INFORMATION: ASHEVILLE SCHOOL, 360 Asheville School Rd., 28806.

Asheville School competition pool, 25 yard, 6 lanes with non-turbulent lane lines. **Water depth ranges from 4 feet at the shallow end to 10 feet at the deep end.** Starting blocks conform to all USA Swimming height regulations. Warm-ups will be available prior to sessions. Warm-down facilities will not be available.

Timing System: Daktronics Electronic Timing System

Girl's and Boy's locker rooms available

RULES:

The meet will be conducted in accordance with current USA Swimming and NCS Official Handbook and NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

CLASSIFICATION: Age Group/ Seniors

ELIGIBILITY:

All swimmers must be registered with USA Swimming, Inc.

ENTRIES:

Hy-tek will be received by Kathy Young by e-mail: wakyoung@charter.net A check payable to Asheville Swim Club must accompany entries. Send check to:

Kathy Young
7 Dunnwoody Court
Arden, NC 28704

ENTRY LIMIT:

Each swimmer may enter up to five individual events per day.

ENTRY DEADLINE:

Entries must be received by 11:59PM, Wednesday, January 14th. Late entries may be accepted at the discretion of the Meet Director and may not be seeded. There will be no on deck registration at this meet. Telephone entries will not be accepted. Entries will be accepted on a first come first entered basis, and the meet director has authority to close the meet when it is deemed necessary to do so for the purpose of complying with USA and NCS regulations.

ENTRY FEES:

Entry fee for the meet will be \$8.00 per swimmer for up to 5 events and this is for rent of the facility. Entry fees are not refundable.

ORDER OF EVENTS:

Attached. All events will be timed finals.

AWARDS:

There will be no awards.

SCORING:

No team or individual scores will be kept.

WARM-UPS:

Warm-ups will begin at 2:00 pm Saturday. General and specific warm-up periods will be announced and supervised by the Meet Marshall. The warm-up period is forty-five minutes.

SAFETY:

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. No glass containers or bottles are allowed in the pool area. All coaches and officials must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall prominently display their registration cards while on deck.

COACHES' MEETING: There will be a coaches' meeting at 2:45 pm on Sat Jan 24th.

OFFICIALS MEETING: There will be an officials meeting in the lobby area above the pool at 2:30 pm.

MEET DIRECTOR:

Kathy Young: USA Swimming Registered
wakyoung@charter.net
(828)654-9320

MEET REFEREE:

Bob Esch, USA Swimming Registered.
Lenior, NC
resch12@charter.net

MEET MARSHALL:

Bill Young

HOSPITALITY:

The hospitality area will be open to all coaches and officials.

CONCESSIONS:

Concessions will be available, providing assorted snack items.

RELEASE STATEMENT:

USA Swimming, Inc., North Carolina Swimming, Inc., and Asheville Swim Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

OTHER: N/A

ORDER OF EVENTS:

**Saturday Afternoon
Meet Start 3 pm**

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	10 & under 200 Free Relay	2
3	11-12 200 Free Relay	4
5	Open 200 Free Relay	6
7	8 & under 25 Free	8
9	12 & under 50 Free	10
11	13 & over 100 Free	12
13	8 & under 25 Breast	14
15	12 & under 50 Breast	16
17	13 & over 100 Breast	18
19	12 & under 100 Free	20
21	13 & over 200 Free	22
23	12 & under 100 Breast	24
25	13 & over 200 Breast	26
27	8 & under 25 Fly	28
29	12 & under 50 Fly	30
31	13 & over 100 Fly	32
33	8 & under 25 Back	34
35	12 & under 50 Back	36
37	13 & over 100 Back	38
39	12 & under 100 Fly	40
41	13 & over 200 Fly	42
43	12 & under 100 Back	44
45	13 & over 200 Back	46
47	12 & under 100 IM	48
49	13 & over 400 IM	50
51	12 & under 200 IM	52
53	13 & over 200 IM	54
55	Open 500 Free	56
57	Open 1000 Free	58
59	Open 1650 Free	60