

## 2009 NC MOR Distance Day - 01/24/09

## Results

## Girls 10 &amp; Under 500 Yard Freestyle

6:31.39 AA  
6:31.39 SECT  
6:48.39 A

Name	Age Team	Finals Time
1 Rocque, Jacqi M	9 MOR-NC	6:28.65 AA
35.34	1:15.07	1:55.61 2:35.95
3:16.93	3:56.65	4:35.76 5:14.52
5:52.73	6:28.65	
2 Adcock, Elena M	10 MOR-NC	6:34.24 A
34.56	1:13.62	1:54.05 2:34.47
3:15.18	3:55.30	4:35.19 5:15.89
5:56.23	6:34.24	
3 Heineman, Ashley M	10 MOR-NC	6:56.79
37.16	1:20.49	2:01.73 2:44.54
3:27.21	4:09.43	4:52.33 5:36.46
6:18.70	6:56.79	
4 Delfino, Angela R	10 MOR-NC	6:58.42
36.69	1:18.94	2:01.48 2:44.34
3:26.94	4:09.58	4:53.89 5:36.89
6:18.87	6:58.42	
5 Whalen, Lily	9 MOR-NC	7:01.72
37.83	1:21.36	2:05.13 2:49.36
3:33.26	4:16.26	5:00.53 5:43.89
6:22.75	7:01.72	
6 Martin, Cara N	10 MOR-NC	7:15.11
37.88	1:21.03	2:05.29 2:50.66
3:35.59	4:20.45	5:07.02 5:51.72
6:33.26	7:15.11	

## Girls 11-12 200 Yard Backstroke

2:29.19 SECT  
2:29.39 AA  
2:35.89 A

Name	Age Team	Finals Time
1 Carter, Michaela B	12 MOR-NC	2:29.30 AA
34.00	1:11.89	1:51.35 2:29.30
2 Jahja, Maria	12 MOR-NC	2:35.30 A
36.52	1:15.35	1:55.61 2:35.30
3 Whalen, Paige	12 MOR-NC	2:43.54
39.04	1:20.78	2:02.69 2:43.54
4 Moran, Augusta A	11 MOR-NC	2:45.36
39.27	1:21.93	2:04.22 2:45.36
--- White, Ashlea T	11 MOR-NC	DQ
39.36	1:21.36	2:04.65 DQ
--- Nickens, Markie M	12 MOR-NC	NS

## Girls 11-12 400 Yard IM

5:11.89 SECT  
5:22.09 AA  
5:36.09 A

Name	Age Team	Finals Time
1 Lawton, Kelsey V	12 MOR-NC	5:00.85 SECT
31.11	1:09.45	1:48.35 2:25.63
3:09.32	3:53.39	4:27.91 5:00.85
2 Brown, Cameron M	12 MOR-NC	5:16.27 AA
31.44	1:09.46	1:50.45 2:30.59
3:17.02	4:03.86	4:40.32 5:16.27

3 Whalen, Paige	12 MOR-NC	5:24.14 A
34.30	1:15.38	1:58.24 2:39.74
3:26.48	4:13.02	4:49.84 5:24.14
4 Johnson, Meagan P	11 MOR-NC	5:26.89 A
36.12	1:19.12	2:00.77 2:42.51
3:27.34	4:12.82	4:50.55 5:26.89
5 Jahja, Maria	12 MOR-NC	5:34.39 A
36.29	1:17.53	2:00.64 2:41.76
3:30.70	4:19.65	4:57.36 5:34.39
6 Rocque, Marqi N	12 MOR-NC	5:41.82
37.90	1:21.46	2:05.22 2:47.15
3:37.54	4:27.97	5:05.20 5:41.82
7 Moran, Augusta A	11 MOR-NC	5:49.07
36.67	1:22.66	2:04.71 2:47.02
3:38.47	4:29.87	5:09.89 5:49.07
--- Tomasko, Amanda R	12 MOR-NC	DQ
36.98	1:21.10	2:54.57
3:47.70	4:40.07	5:21.37 DQ

## Girls 13-18 200 Yard Breaststroke

2:40.09 SECT  
2:40.99 SRCH

Name	Age Team	Finals Time
1 Arose, Helena M	13 MOR-NC	2:45.17
39.11	1:21.14	2:03.26 2:45.17
2 Wrenn, Natalie M	13 MOR-NC	2:47.36
38.44	1:20.87	2:03.84 2:47.36
3 Brooks, Mary Margaret M	13 MOR-NC	3:00.86
42.55	1:29.37	2:15.90 3:00.86

## Boys 10 &amp; Under 500 Yard Freestyle

6:27.79 AA  
6:36.19 SECT  
6:44.59 A

Name	Age Team	Finals Time
1 Cobb, Collier C	10 MOR-NC	5:43.24 AA
29.71	1:02.92	1:37.14 2:11.74
2:46.56	3:21.75	3:56.88 4:32.51
5:07.98	5:43.24	
2 Donnelly, Ryan M	10 MOR-NC	6:20.88 AA
31.80	1:09.55	1:48.70 2:27.45
3:06.52	3:46.21	4:25.52 5:04.50
5:42.68	6:20.88	
3 Fischetti, Christopher C	10 MOR-NC	7:02.00
40.70	1:23.85	2:07.57 2:50.00
3:32.66	4:15.55	4:58.44 5:41.05
6:22.70	7:02.00	
4 Cera, Tucker J	9 MOR-NC	7:09.50
36.87	1:20.35	2:05.94 2:49.50
4:17.67	5:02.51	5:45.25
6:28.29	7:09.50	

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## Results

## Boys 11-12 400 Yard IM

5:15.19 AA  
5:23.69 SECT  
5:28.89 A

Name	Age Team	Finals Time
1 Craig, Steven R	12 MOR-NC	4:57.15 AA
		32.49 1:09.12 1:48.38 2:26.45
		3:10.23 3:54.04 4:26.42 4:57.15
2 Ress, Justin A	11 MOR-NC	5:09.88 AA
		35.03 1:15.78 1:54.85 2:32.19
		3:17.39 4:02.24 4:35.96 5:09.88
3 Richardson, Andrzej H	12 MOR-NC	5:28.68 A
		36.84 1:21.12 2:02.28 2:42.00
		3:29.97 4:17.53 4:54.20 5:28.68
4 Kawaguchi, Tosh A	11 MOR-NC	5:29.94
		36.63 1:17.56 1:59.87 2:40.78
		3:30.74 4:20.22 4:55.24 5:29.94
--- Wedegaertner, Kurt T	12 MOR-NC	DQ
		35.78 1:18.97 1:58.83 2:37.24
		3:25.78 4:14.30 4:51.27 DQ
--- Countie, William M	11 MOR-NC	DQ
		33.57 1:12.96 1:50.42 2:28.19
		3:17.42 4:07.21 4:41.33 DQ

## Boys 13-14 100 Yard Backstroke

Name	Age Team	Finals Time
1 Schade, Tim M	13 MOR-NC	1:01.73

## Boys 13-18 200 Yard Breaststroke

2:29.79 SRCH  
2:29.79 SECT

Name	Age Team	Finals Time
1 Haugh, Alex A	14 MOR-NC	2:34.87
		35.49 1:15.48 1:55.76 2:34.87
2 Schade, Tim M	13 MOR-NC	2:35.29
		35.95 1:16.07 1:56.11 2:35.29
3 Hale, Conor C	13 MOR-NC	2:47.52
		39.01 1:22.65 2:05.80 2:47.52

## Boys 11-18 200 Yard Backstroke

Name	Age Team	Finals Time
1 Craig, David A	13 MOR-NC	2:16.74
		31.95 1:06.71 1:42.28 2:16.74
2 Countie, William M	11 MOR-NC	2:21.11
		33.29 1:09.62 1:48.04 2:21.11
3 Schade, Tim M	13 MOR-NC	2:21.87
		29.60 1:01.61 1:43.88 2:21.87
4 Richardson, Andrzej H	12 MOR-NC	2:30.44
		35.02 1:13.03 1:52.63 2:30.44
5 Wedegaertner, Kurt T	12 MOR-NC	2:31.17
		36.24 1:13.79 1:53.79 2:31.17

## Mixed 11-12 200 Yard Breaststroke

Name	Age Team	Finals Time
1 Craig, Steven R	12 MOR-NC	2:44.93
		39.35 1:21.48 2:04.51 2:44.93
2 Lawton, Kelsey V	12 MOR-NC	2:45.44
		37.77 1:20.39 2:03.99 2:45.44

3 McNatton, Sophia E	12 MOR-NC	2:54.92
		39.26 1:23.90 2:09.20 2:54.92
4 Johnson, Meagan P	11 MOR-NC	2:57.54
		40.41 1:26.26 2:11.72 2:57.54
5 Nickens, Markie M	12 MOR-NC	3:25.39
		46.09 1:38.96 2:33.19 3:25.39

## Mixed 11-12 200 Yard Butterfly

Name	Age Team	Finals Time
1 Brown, Cameron M	12 MOR-NC	2:30.82
		33.80 1:13.89 1:53.76 2:30.82
2 Kawaguchi, Tosh A	11 MOR-NC	2:37.94
		35.15 1:15.97 1:56.93 2:37.94
3 Tomasko, Amanda R	12 MOR-NC	3:00.10
		38.02 1:24.10 2:11.93 3:00.10

## Mixed 13-18 400 Yard IM

Name	Age Team	Finals Time
1 Hale, Conor C	13 MOR-NC	5:12.17
		32.73 1:11.49 1:53.66 2:35.90
		3:16.84 4:00.87 4:37.58 5:12.17
2 Arose, Helena M	13 MOR-NC	5:12.87
		34.90 1:16.69 1:58.39 2:39.05
		3:21.59 4:04.07 4:39.09 5:12.87
3 Wrenn, Natalie M	13 MOR-NC	5:23.69
		34.99 1:16.36 1:57.78 2:38.27
		3:22.09 4:07.48 4:45.67 5:23.69
4 Boulo, Delaney C	13 MOR-NC	5:44.31
		38.58 1:23.97 2:09.35 2:51.94
		3:40.01 4:29.23 5:07.03 5:44.31
5 Brooks, Mary Margaret M	13 MOR-NC	5:45.57
		37.88 1:25.26 2:08.41 2:52.76
		3:41.70 4:29.87 5:07.52 5:45.57

## Mixed 11-18 1000 Yard Freestyle

Name	Age Team	Finals Time
1 Ress, Justin A	11 MOR-NC	11:55.27
		30.85 1:06.59 1:43.43 2:20.22
		2:55.65 3:32.45 4:08.58 4:44.72
		5:20.79 5:57.30 6:33.06 7:08.88
		7:45.46 8:22.03 8:57.44 9:33.30
		10:07.83 10:43.72 11:19.88 11:55.27
2 Carter, Michaela B	12 MOR-NC	12:31.49
		32.59 1:09.73 1:48.08 2:26.26
		3:04.30 3:42.32 4:19.85 4:57.34
		5:35.40 6:13.92 6:51.35 7:29.69
		8:08.85 8:45.80 9:23.93 10:02.63
		10:40.93 11:18.95 11:57.01 12:31.49
3 Rocque, Marqi N	12 MOR-NC	12:42.23
		33.84 1:12.49 1:51.97 2:30.81
		3:09.80 3:48.52 4:27.70 5:06.43
		5:44.69 6:23.63 7:01.77 7:40.96
		8:19.50 8:58.28 9:36.00 10:14.61
		10:52.27 11:30.21 12:07.62 12:42.23

## 2009 NC MOR Distance Day - 01/24/09

## Results

**(Mixed 11-18 1000 Yard Freestyle)**

Name		Age Team		Finals Time
4	McNatton, Sophia E	12	MOR-NC	12:42.83
	33.70	1:11.50	1:49.90	2:29.41
	3:08.30	3:47.25	4:26.26	5:05.38
	5:44.49	6:23.17	7:01.77	7:40.77
	8:19.01	8:57.54	9:35.67	10:13.76
	10:52.14	11:29.48	12:06.85	12:42.83
5	Staab, Justin T	12	MOR-NC	13:09.58
	34.56	1:13.52	1:53.91	2:33.29
	3:13.06	3:53.58	4:33.11	5:13.86
	5:54.42	6:34.81	7:14.90	7:55.33
	8:35.95	9:16.31	9:56.51	10:35.72
	11:15.24	11:53.73	12:32.71	13:09.58
---	Haugh, Alex A	14	MOR-NC	NS