

MAC RISING STAR MEET

January 10, 2009

SANCTION: Held under sanction of USA Swimming issued by North Carolina Swimming, Inc. Sanction # NC09017.

HOST: Mecklenburg Aquatic Club

FACILITY: MAC Swim Center at Charlotte Latin School
9850 Providence Road
Charlotte NC 28277
(704) 846-5335

The MAC Swim Center is a 30,000 square-foot facility featuring a 50-meter by 25-yard Paddock Pool racing tank. In the 10-lane 25 yard competition course, pool depth ranges from 6 to 12 feet with lanes that are 8-foot wide. Up to 11 lanes will be available for continuous warm-up and warm-down. The facility also features a Colorado 5000 system and 10-lane scoreboard. There is bleacher seating for 600 competitors and spectators.

FORMAT: All events will be conducted on a timed final basis.

ELIGIBILITY: All swimmers that are 12 & under and registered United States Swimming athletes. Swimmers must be members of the Mecklenburg Aquatic Club. Coaches and Meet Management reserve the right to limit the number of participants in the meet.

SCHEDULE: Warm - up: 12:00 PM
Meet Starts: 12:45 PM

ENTRY LIMIT: Swimmers may enter 4 events for the meet.

RULES: This meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and NCS Safety Program, except where Rules therein are optional and exceptions are stated.

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated.

All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck.

WARM-UP: In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures.

During the competition, there will be lanes available for warm-up/ warm-down. There is to be no diving or horseplay in this area.

ENTRY FORM: Entries are asked to be emailed to the Meet Director. All computer entries must be accompanied by a complete hard copy. Please make sure swimmers are entered with their correct age as of January 10, 2009

All entries must include the following items:

- 1.) Hard Copy of Meet Entries
- 2.) Official Hy-Tek Summary Sheet
- 3.) Payment of Fees

FEES: \$12.00 per swimmer for the meet. This includes all surcharges.

AWARDS: Ribbons 1st – 8th

ENTRY

DEADLINE: Entries must be received by **Friday, January 2, 2009**. No Fax or phone entries. Late entries will be accepted at the discretion of Meet Director. Please mail entries to:

Mecklenburg Aquatic Club
9850 Providence Road
Charlotte, NC 28277
Attention: 2007 Rising Star Meet Director

E-Mail entries to Alison Pick at apick@swimmaccarolina.org.

OFFICIALS: MAC welcomes and encourages the assistance of certified officials from visiting teams. To volunteer, please contact the Meet Referee once you arrive. There will be an officials meeting at 12:30 pm in the hospitality room.

MEET

MANAGEMENT:

Meet Director:	Vicky Montgomery
Meet Referee:	Dick Van Halsema
Safety Marshall:	Laura Beth Minnich

HOSPITALITY &

CONCESSIONS: There will be a hospitality room open to all coaches and officials.

RELEASE: USA Swimming, North Carolina Swimming Inc., Charlotte Latin School and Mecklenburg Aquatic Club and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

INFORMATION: For more information, contact Laura Beth Minnich at 704-766-1520 Ext 103 or lminnich@swimmaccarolina.org.

2009MAC RISING STAR MEET

ORDER OF EVENTS

Saturday, January 10th

Warm-up: 12:00 PM

Meet: 12:45 PM

Girls Event #

Boys Event #

1	12 & Under 200 Free	2
3	8 & Under 100 Free	4
5	12 & Under 100 Back	6
7	8 & Under 50 Back	8
9	12 & Under 100 Breast	10
11	8 & Under 50 Breast	12
13	12 & Under 50 Fly	14
15	8 & Under 25 Fly	16
17	12 & Under 100 Free	18
19	8 & Under 50 Free	20
21	12 & Under 50 Breast	22
23	8 & Under 25 Breast	24
25	12 & Under 100 IM	26
27	8 & Under 200 Free Relay	28
29	12 & Under 200 Free Relay	30