

Sharks Aquatics Quad Meet  
Blue Ridge Swim League  
Kathryn M. Neisler Natatorium, Kings Mountain, NC  
January 10<sup>th</sup>, 2009

Sanction: Held under the sanction of the United States Swimming Inc.  
Issued by North Carolina Swimming Inc. Sanction#NC09018

Site information: Competition Pool, 25 Yards, 6 lanes, indoor pool. The pool depth ranges from 31/2 ft. to 10 ft. and is equipped with four (4) inch competitor anti-wave lane lines. Electronic timing/starting system (Colorado Fully Automatic) with 6 lane display board readout.

Rules: The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Official Handbook and NCS Safety Program, except where rules therein optional and exceptions are herein stated.

Classification: Closed League Meet

Eligibility: All swimmers must be registered with the USA Swimming Inc.

Entries: Please List swimmer's age as of January 10<sup>th</sup>, 2009. Submit entries by e-mail or on diskettes if at all possible (Hy-Tek). There will be no on deck registration at this meet.

Entry Limit: Swimmers may enter up to three (3) individual events plus two (2) relays.

Entry Deadline: Entries must be received by 5:00 p.m. Wednesday, December 31st 2008. Late entries will be allowed at the discretion of the meet director. Late entries may be accepted at the discretion of the Meet Director. No telephone or fax entries will be accepted.

Entry fees: \$10/swimmer

Seeding: All events will be pre-seeded

Mail Entries To: A check payable to Sharks Aquatics Club must accompany entries.  
Send check and entries to:

David Messenger  
802 Meadowbrook Rd.  
Kings Mountain NC 28086  
Phone# 704-907-1983  
E-mail: sharks\_coachdave@yahoo.com

Awards: Individual heat winner ribbons will be given to each individual heat winner. Ribbons will be distributed for 1<sup>st</sup> place through 6<sup>th</sup> place and relays 1<sup>st</sup> through 3<sup>rd</sup> place. For open 50 yards events, ribbons will be given for 10 & under, 11-12 and 13 and over. For open 100 yard events, ribbons will be given for 12 and under, 13-14 and 15 and over.

Scoring: All events are timed finals

Warm ups Start: 8:00 A.M.

Meet Starts: 9:00 A.M.

Officials Meeting: 8:30 A.M. in the Hospitality Room (lifeguard office).

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horse play will be tolerated. No glass containers or bottles are allowed in pool area. Only registered swimmers allowed in pool.

Coaches Meeting: Scheduled when deemed necessary

Meet Director: David Messenger (704-907-1983)

Meet Referee: Jim Riggs (704-418-0069)

Meet Marshall: Curtis Hopper (704-865-5488)

All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck.

Hospitality: The hospitality area will be open to all coaches and officials. Concession will be available to all swimmers and parents.

\*Release Statement: "USA Swimming, Inc., North Carolina Swimming, Inc., and Sharks Aquatics Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

# Blue Ridge Swim League

## Order of Events

| Girls Event # | Event                     | Boys Event # |
|---------------|---------------------------|--------------|
| 1             | 8 & Under 100 Free Relay  | 2            |
| 3             | 10 & Under 200 Free Relay | 4            |
| 5             | 12 & Under 200 Free Relay | 6            |
| 7             | 14 & Under 200 Free Relay | 8            |
| 9             | Senior 200 Free Relay     | 10           |
| 11            | 8 & Under 100 IM          | 12           |
| 13            | 10 & Under 100 IM         | 14           |
| 15            | 11-12 100 IM              | 16           |
| 17            | 13-14 200 IM              | 18           |
| 19            | Senior 200 IM             | 20           |
| 21            | Open 25 Free              | 22           |
| 23            | Open 50 Free              | 24           |
| 25            | Open 100 Free             | 26           |
| 27            | Open 25 Breast            | 28           |
| 29            | Open 50 Breast            | 30           |
| 31            | Open 100 Breast           | 32           |
| 33            | Open 25 Back              | 34           |
| 35            | Open 50 Back              | 36           |
| 37            | Open 100 Back             | 38           |
| 39            | Open 25 Fly               | 40           |
| 41            | Open 50 Fly               | 42           |
| 43            | Open 100 Fly              | 44           |
| 45            | 8 & Under 100 Med Relay   | 46           |
| 47            | 10 & Under 200 Med Relay  | 48           |
| 49            | 12 & Under Medley Relay   | 50           |
| 51            | 14 & Under 200 Med Relay  | 52           |
| 53            | Senior 200 Medley Relay   | 54           |