

**2010 NC BLUE RIDGE SWIM LEAGUE  
NOVEMBER QUAD MEET  
NOVEMBER 13, 2010**

**LOCATION : NOMAD AQUATICS AND FITNESS 11202 HARRIS RD.  
HUNTERSVILLE, N.C. 28078**

Teams attending: **Nomad/Atom//Badfish Aquatics and QCD**

**DATE/TIME:** Saturday, NOVEMBER 13 , 2010.

Warm-ups begin at **8:00AM** and the meet starts at **9:00AM**

There will be a coaches meeting at **7:45 am** and an officials meeting at **8:30 am** both located in hospitality room behind warm pool.

**HOSPITALITY WILL BE PROVIDED FOR COACHES AND OFFICIALS**

**FACILITY:** Competition 25 yd. pool with 10 lanes wide, depth is 6 ft. equipped with non-turbulent 8 foot widelane lines with permanent built-in starting blocks.

An IST electronic timing system with ten-line scoreboard will be used.

Stopwatches/backup buttons will be used for backup times.

Built-in/permanent starting blocks.

1500 sq.ft locker rooms are provided for athletes.

Spectator seating for 500. Spectators to bring their tents and chairs.

Visit [www.nomadaquatics.com](http://www.nomadaquatics.com) to view the facility.

*This pool is not certified by USA swimming*

Nomad Aquatics and Fitness welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Nomad Aquatics and Fitness ability to accommodate all requests.

**WARM-UPS:** Warm-ups begin at **8:00AM**. Warm-ups will be conducted according to the NCS Safety Program and shall be supervised.

Warm-up/team lanes will be provided at the pool.

First 30 min. will be circle swim only.

Lanes 1,10 pace lanes and lanes 2-9 race starts from start end of pool., one way swim only, exit from opposite end of pool.

**RULES:** The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NC Official Handbook and the NCS Safety Program, except where the rules therein are optional and exceptions are herein stated.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

*"All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck."*

**SANCTION:** Sanctioned Status: Held under the sanction of USA Swimming, Inc.  
Issued by North Carolina Swimming, Inc. Sanction # NC10117.

**CLASSIFICATION:** Age Group closed league (Blue Ridge Swim League) meet.  
USA swimming approved sanctioned meet.

**ELIGIBILITY:** All swimmers must be current members in good standing of the Blue Ridge Swim League to be eligible to swim in this meet. All swimmers must be registered with USA Swimming Inc.

**SAFETY:** The North Carolina Swimming Safety Guidelines will be in effect during this meet. Coaches are advised to supervise their swimmers at all times.

**RELEASE STATEMENT:** "USA Swimming, Inc., North Carolina Swimming, Inc., and Nomad Aquatics and Fitness shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet."

**ENTRIES:** Entries must be submitted using HY-TEK Team Manager. Entries should be e-mailed to [tqueen98423@roadrunner.com](mailto:tqueen98423@roadrunner.com)  
List ages of swimmers as of NOVEMBER 13, 2010.

**SEND ENTRIES TO :** [tqueen98423@roadrunner.com](mailto:tqueen98423@roadrunner.com)

**ENTRY LIMIT:** Swimmers may enter a maximum of three (3) individual events and two (2) relay events. Late Entries may be accepted at the discretion of the Meet Director and will not be seeded.

**ENTRY DEADLINE:** All entries must be received no later than 6:00pm NOVEMBER 3rd , 2010. Late entries may be accepted at the discretion of the meet director. Late entry fees may be double the listed amount and at the Meet Director's discretion. There will be no **"on deck"** registration.

**ENTRY FEES** Fees will be \$10.00 per swimmer.  
Make check payable to: **Nomad Aquatics and Fitness** / Entry fees are non-refundable.

**AWARDS:** Ribbons will be given **1st thru 6th** place for **individual events**  
and **1st thru 3rd** place for **relay events**.

**SCORING** – Meet will not be scored.

**MEET DIRECTOR:** Missy Hubbard-704-949-1543 or [missy@nomadaquatic.com](mailto:missy@nomadaquatic.com)

**MEET REFEREE:** Bill Vey

**MEET MARSHALL:** Missy Hubbard

# BLUE RIDGE SWIM LEAGUE

## Order of Events

Girls Event #	Event	Boys Event #
1	8-Under 100 Free Relay	2
3	10-Under 200 Free Relay	4
5	11-12 200 Free Relay	6
7	13-14 200 Free Relay	8
9	Senior 200 Free Relay	10
11	10-Under 100M	12
13	11-12 100 IM	14
15	13-14 200 IM	16
17	Senior 200 IM	18
19	8-Under 25 Free	20
21	10-Under 50 Free	22
23	11-12 50 Free	24
25	13-14 100 Free	26
27	Senior 100 Free	28
29	8-Under 25 Breast	30
31	10-Under 50 Breast	32
33	11-12 50 Breast	34
35	13-14 100 Breast	36
37	Senior 100 Breast	38
39	8-Under 25 Back	40
41	10-Under 50 Back	42
43	11-12 50 Back	44
45	13-14 100 Back	46
47	Senior 100 Back	48
49	8-under 25 Fly	50
51	10-Under 50 Fly	52
53	11-12 50 Fly	54
55	13-14 100 Fly	56
57	Senior 100 Fly	58
59	8-Under 100 Medley Relay	60
61	10-Under 200 Medley Relay	62
63	11-12 200 Medley Relay	64
65	13-14 200 Medley Relay	66
67	Senior 200 Medley Relay	68