

# Greensboro Community YMCA Fall Festival

*November 5-7, 2010*

**SANCTION:** This is an open meet. The meet will be USA Swimming **sanctioned**, and will be conducted in accordance with current USA Swimming Technical Rules. **Sanction # NC10121.**

**FACILITY:** Kathleen Price Bryan Family YMCA  
501 West Market St.  
Greensboro, NC 27401  
(336) 478-9622

Competition Pool is an 8 lane 25 yard course with 7ft lanes divided by anti-turbulent lane markers, Paragon starting blocks, 8-12 ft. decks, and bleacher seating for approx. 200 spectators and participants. Electronic timing is used along with 2 backup watches in each lane and an 8 lane Colorado Timing System score board. Separate warm up and cool down facilities are available. Competition pool is not certified by USA Swimming.

Additional seating will be provided in the YMCA lobby, activity rooms and gym. Seating for coaches will be provided on the west side of the pool deck.

**SCHEDULE:**

<b><u>Friday PM:</u></b>	<b><u>Session 1</u></b>
Warm up:	4:00 PM
Meet Start:	5:00 PM
<b><u>Saturday AM:</u></b>	<b><u>Session 2</u></b>
Warm up:	7:30 AM
Meet Start:	8:00 AM
<b><u>Saturday AM:</u></b>	<b><u>Session 3</u></b>
Warm up:	9:45 AM
Meet Start:	10:45 AM
<b><u>Saturday PM:</u></b>	<b><u>Session 4</u></b>
Warm up:	Not before 2:45 PM
Meet Start:	1 hour later
<b><u>Sunday AM:</u></b>	<b><u>Session 5</u></b>
Warm up:	7:30AM
Meet Start:	8:00 AM

**Sunday AM:** Session 6  
Warm up: 9:45 AM  
Meet Start: 10:45 AM

**Sunday PM:** Session 7  
Warm up: Not before 2:45 PM  
Meet Start: 1 hour later

*Meet management reserves the right to adjust the warm up and start times based on the number of entries and the projected timeline.*

**ELIGIBILITY:** This is an open meet. Swimmers ages will be determined as of November 5, 2010.

GCY welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit GCY's ability to accommodate all requests.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**CLASSIFICATION:** This is an Age Group/Senior meet with no minimum or maximum time standards.

**FORMAT:** The meet will be conducted in accordance with the current USA Swimming Rules & Regulations and the NCS Official Handbook and NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

- 1) All events will be swum as timed finals.
- 2) Scratches and deck entries will be taken until 30 minutes prior to the start of each session.
- 3) The North Carolina scratch Rules will be in effect for all deck seeded events.
- 4) The 500 Free, 400 IM & 1650 Free will be deck seeded fastest to slowest, alternating heats of women and men. Positive check-in is required at the conclusion of warm up for these events. Swimmers not checked in by this deadline will be scratched.
- 5) Meet management reserves the right to limit the 500 Free, 400 IM & 1650 Free to the fastest 2 heats of girls and the fastest 2 heats of boys.
- 6) The referee and meet management reserve the right to combine heats.
- 7) The 13-14 and Senior events will be swum combined and awarded separately.

**AWARDS:** Individual Events: 1<sup>st</sup> – 8<sup>th</sup> place ribbons  
Relay Events: 1<sup>st</sup> – 3<sup>rd</sup> place ribbons

Heat Winner awards will be presented at the conclusion of each individual event.

**ENTRY LIMIT:** Swimmers may enter four **(4)** individual events and one **(1)** relay event per day, but no more than 9 total events for the meet. There is no limit on relay entries per team.

Meet management reserves the right to cap the number of total entries. Meet management also reserves the right to shift 11-12 Girls OR 11-12 Boys to the morning sessions to accommodate the 4 hour rule. If necessary, all coaches will be notified of this change no later than five days prior to the meet.

**ENTRY  
PROCEDURE:**

Meet Entries are due by **7pm, Oct 27th**. Entries shall be submitted electronically. Please enter using HyTek Team Manager or Team Unify. If you cannot use this method, contact David Teel (336) 478-9635 ASAP. You may e-mail entries but they must be followed by a disk, hard copy, summary sheet and check. No entries via fax, please. All items are required by the entry deadline in order for the entry to be considered complete. Late entries will be taken at the discretion of the meet director at \$4.00 per individual event and \$16.00 per relay event.

**SEND ENTRIES TO:**

David Teel  
GCY Swim Team  
501 West Market Street  
Greensboro, NC 27401  
[gcymakos@gmail.com](mailto:gcymakos@gmail.com)  
336-478-9635

**ENTRY FEES:**

\$2.50 per individual event  
\$10.00 per relay event  
\$7.00 facility surcharge per swimmer  
\$4.00 NCS Travel Fund  
*Please make checks payable to Bryan Family YMCA*

**VOLUNTEERS:**

Each team is asked to provide at least ONE timer at each session. Timers will be called to report 20 minutes prior to the start of the session. USA-S officials are also needed. Please contact Alan Moffitt (alan@i3da.com) or see the meet referee upon arrival.

**WARM – UP:**

Warm up assignments will be handed out in the coach's packet prior to the start of the meet. Starts will be allowed in the last 10 minutes of your assigned warm up.

**COACHES MEETING:**

There will be a coaches meeting prior to the start of Saturday morning's session in the pool area on the block side.

**OFFICIALS MEETING:**

An officials meeting will be conducted 30 minutes prior to the start of each session.

MEET DIRECTOR: Troy Smith

MEET REFEREE: Alan Moffitt

MEET MARSHALL: David Teel

CONCESSIONS: Concessions will be sold in the lobby.

VENDORS: **A local swim shop** will be located in the lobby.

HOSPITALITY: Hospitality for coaches, officials, timers, and volunteers will be located in the Room 3 of the Bryan YMCA.

RELEASE: USA Swimming, Inc., North Carolina Swimming, YMCA of Greensboro, Bryan Family YMCA, the GCY Makos and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

SAFETY: The NCS safety program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. In the event that a swimmer or others associated with a team are found to be violating posted rules for use of the Family YMCA or any other restrictions that are posted for the safety of the people in attendance or to protect Bryan Family YMCA property the individuals will be reported to the Meet Director or one of the Meet Marshals who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshal, or Referee may also take disciplinary action up to and including expulsion from the meet.

**GCY Fall Festival**  
**November 5-7, 2010**

# ORDER OF EVENTS

**Friday: November 5th, 2010 Session 1**

*Warmup: 4:00pm*

*Start: 5:00pm*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
1	Senior 200 IM	2
3	12 & Under 200 IM	4
5	Senior 50 FR	6
7	Open 1650 FR***	8

\*\*\*limited to fastest 32 women and 32 men. Will be swum fastest to slowest alternating women and men. A positive check-in is required.

**Saturday: November 6th, 2010 Session 2**

*Warmup: 7:30am*

*Start: 8:00am*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
9	8 & Under 25 Fly	10
11	8 & Under 25 Back	12
13	8 & Under 50 Breast	14
15	8 & Under 50 Free	16
17	8 & Under 100 Medley Relay	18

**Saturday: November 6th, 2010 Session 3**

*Warmup: 9:45am*

*Start: 10:45am*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
19	9/10 200 Free	20
21	11/12 200 Free	22
23	9/10 50 Fly	24
25	11/12 50 Fly	26
27	9/10 100 Breast	28
29	11/12 100 Breast	30
31	9/10 50 Free	32
33	11/12 50 Free	34
35	9/10 100 Back	36
37	11/12 100 Back	38
39	12 & Under 200 Medley Relay	40

**Saturday: Nov. 6th, 2010 Session 4**

*Warmup: Not before 2:45pm*

*Start: 1 hour later*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
41	13/14 200 Free	42
43	Senior 200 Free	44
45	13/14 100 Fly	46
47	Senior 100 Fly	48
49	13/14 200 Breast	50
51	Senior 200 Breast	52
53	13/14 100 Back	54
55	Senior 100 Back	56
57	13-14 200 FR Relay	58
59	Senior 200 FR Relay	60
61	Open 400 IM***	62

\*\*\*limited to fastest 32 women and 32 men. Will be swum fastest to slowest alternating women and men. A positive check-in is required.

**Sunday: November 7th, 2010 Session 5**

*Warmup: 7:30am*

*Start: 8:00am*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
63	8 & Under 50 Fly	64
65	8 & Under 50 Back	66
67	8 & Under 25 Breast	68
69	8 & Under 25 Free	70
71	8 & Under 100 Free Relay	72

**Sunday: November 7th, 2010 Session 6**

*Warmup: 9:45am*

*Start: 10:45am*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
73	10 & Under 100 IM	74
75	11/12 100 IM	76
77	9/10 50 Breast	78
79	11/12 50 Breast	80
81	10 & under 100 Free	82
83	11/12 100 Free	84
85	9/10 50 Back	86
87	11/12 50 Back	88
89	9/10 100 Fly	90
91	11/12 100 Fly	92
93	12/Under 200 Free Relay	94

**Sunday: Nov. 7th, 2010 Session 7**

*Warmup: Not before 2:45*

*Start: 1 hour later*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
95	13/14 100 Breast	96
97	Senior 100 Breast	98
99	13/14 200 Back	100
101	Senior 200 Back	102
103	13/14 100 Free	104
105	Senior 100 Free	106
107	13/14 200 Fly	108
109	Senior 200 Fly	110
111	13-14 200 Medley Relay	112
113	Senior 200 Medley Relay	114
115	Open 500 FR***	116

\*\*\*limited to fastest 32 women and 32 men. Will be swum fastest to slowest alternating women and men. A positive check-in is required.

## ENTRY SUMMARY FORM

Age Group	Total # of Swimmers @ \$11.00	Total Meet Surcharge	Total # of Individual Entries @ \$2.50	Total Individual Entry Fees	Total # of Relay Entries @ \$10.00	Total Relay Entry Fees
8 & Un GIRLS						
9 – 10 GIRLS						
11 – 12 GIRLS						
13 – 14 GIRLS						
15 & Ov GIRLS						
8 & Un BOYS						
9 – 10 BOYS						
11 – 12 BOYS						
13 – 14 BOYS						
15 & Ov BOYS						
<b>TOTALS:</b>		\$		\$		

**TOTAL** \_\_\_\_\_

Please submit one check with entries to cover your team's total entry fees.  
Make check payable to **Bryan YMCA**.

Head Coach Name \_\_\_\_\_ Phone \_\_\_\_\_

Club Name \_\_\_\_\_ Code \_\_\_\_\_

Club Address \_\_\_\_\_ E-mail \_\_\_\_\_

United States Swimming, Inc., NC Swimming, Greensboro Community YMCA, Bryan Family YMCA and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**Head Coach's Signature:** \_\_\_\_\_