



## 2010 YMCA of the Triangle Area Swim Team 8 & Under Turkey Classic November 13-14 2010

- Site:** NC State University  
Willis Casey Natatorium located within Carmichael Gymnasium  
2611 Cates Avenue  
Raleigh, NC 27695
- Parking:** Parking will be available around the Carmichael Gymnasium complex and within the Cates Avenue Parking Deck on the NCSU campus.
- Date:** Saturday November 13<sup>th</sup> & Sunday November 14<sup>th</sup> 2010
- Times:** Saturday and Sunday:  
6 & under Girls and 7-8 Girls: Warm Up 9:00 AM. Meet start 10:00 AM  
6 & under Boys and 7-8 Boys: Warm Up not before 12:30 PM. Meet start not before 1:00 PM
- Sanction:** Conducted under the sanction of the USA Swimming, INC., Issued by North Carolina Swimming, INC., NCS Sanction # NC10122.
- Facility:** Willis Casey Natatorium located within Carmichael Gymnasium  
  
This facility is an 8 lane, 25 yard pool with depths ranging from 4 - 10 feet. We will be using KDI Paragon starting platforms and a Colorado Timing System. This pool has been certified for competition through USA Swimming standards. There will be changing rooms for all competitors and ample seating for spectators. There will not be any lanes available for warm-up or warm-down during the meet.
- NOTE: NO FOOD OR DRINK ALLOWED ON THE DECK. NO TOBACCO USE ALLOWED IN ANY PART OF THE BUILDING.**
- Rules:** The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Official Handbook and the NCS Safety program, except where rules therein are optional and exceptions are herein stated. All events will be timed finals.
- Classification:** 6 and under and 7-8 age groups. Meet host reserves the right to combine the sessions of the meet if numbers are too small.
- Eligibility:** All swimmers must be registered with USA Swimming, Inc  
  
YOTA welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit YOTA's ability to accommodate all requests.  
  
Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Entries:** Submit entries on disk using Hy-Tek CL2 format, by standard date interchange format (SD3). You must list swimmers' age **as of November 13, 2010**. Use best yard times achieved. All swimmers must be registered US Swimming swimmers by your local LSC. Teams using Hy-Tek Team Manager COMMLINK-II format or similar team management formats need to set this up as one meet. You can find the Hy-Tek order of events file at the North Carolina Swimming website at [www.ncswim.org](http://www.ncswim.org).

**Entry Limit:** Swimmers may enter 4 events per day. Swimmers who are entered in more than the allowed number of event(s) will automatically be dropped from the event(s) that put the swimmer over the limit. No refunds will be given for incorrect entries.

**Entry Deadline:** **Completed meet entries on HY -Tek or similar team management programs are due Wednesday, November 3<sup>rd</sup>, 2010.** Entries will not be accepted without summary sheet and payment of entry fees. Late Entries (including additional events or switching of events for the swimmers already entered in the meet) may be accepted at the discretion of the Meet Director, but will not be seeded. **DOUBLE ENTRY FEES WILL BE CHARGED FOR ALL LATE OR CHANGED ENTRIES.** Telephone and fax entries will not be accepted. Clubs submitting entries in HY-Tek Team Manager COMMLINK-II format, LSA Std or similar team management formats will be given results on disk at the conclusion of the meet. **NO NEW SWIMMER DECK ENTRIES WILL BE TAKEN UNLESS YOU CAN PROVE REGISTRATION.**

**Entry Fees:**

NCS Individual Events	\$2.50
Out of State Individual	\$3.00
Relay Charge	\$10.00
NCS Travel Surcharge	\$4.00
Facility Charge	\$10.00

Entry fees must accompany entries and are not refundable.  
**MAKE CHECKS PAYABLE TO: YOTA SWIM TEAM**

**Mail entries and Fees to:** **YOTA Swim Team**  
Attn: Tammy Minyard  
801 Corporate Center Drive Suite 200  
Raleigh, NC 27606  
[Tammy.minyard@ymcatriangle.org](mailto:Tammy.minyard@ymcatriangle.org) and [chad.onken@ymcatriangle.org](mailto:chad.onken@ymcatriangle.org)

Please note that there will be no entries accepted without a hard copy. Emailing your entries is fine as long as they are accompanied with a hard copy. **Entries must include:**

- 1. Correct entry Fees**
- 2. Entry forms properly completed**
- 3. Received by November 3<sup>rd</sup>, 2010**
- 4. Do not send entries in a manner which requires signature for delivery**

**Awards:** Individual Events: Ribbons 1<sup>st</sup>-6<sup>th</sup> place  
Relay Events: Ribbons 1<sup>st</sup>-3<sup>rd</sup> place.

**Warm Ups:** There will be two sessions of warm-ups determined after the entries are received. The warm-up times will be 25 minutes long in each session and you will be able to do dive starts during your warm-up session in your lanes only. Warm up assignments will be emailed out to the teams before the meet. There is no diving from the shallow end of the pool.

**Safety:** The NCS Safety Program is in effect for the meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

**Coaches Meeting:** A Coaches meeting will be held at 9:20 AM November 13<sup>th</sup>. **Coach's packets will be distributed when the coaches present their USA Swimming Coach membership card. Coaches without a coach membership card will not be allowed on the pool deck.** Coaches are responsible for all the information distributed in the packet and at the coaches meeting.

**Meet Director:** Tammy Minyard

**Meet Referee:** Robert (Bob) Davis

**Meet Marshall:** Patrick Curran

**Officials Meeting:** The Officials meeting will take place at 9:40 AM during the morning session and at 1:10 pm during the afternoon session each day.

**Hospitality:** Hospitality will be open to officials, coaches, and meet workers.

**Concessions:** NCSU and YOTA will provide concessions in the lobby area as well as have Kast-A-Way swim supply on hand.

**Release Statement:** USA Swimming, Inc., North Carolina Swimming, Inc, YMCA of the Triangle Area Swim Team, and NC State University shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Order of Events:**

**Saturday November 13, 2010**

**Session 1 6 & Under Girls and 7-8 Girls**

**Warm up-9:00 AM; Meet Begins 10:00 AM**

Girls	Event	Boys
1	6 and under 25 Free	
3	7-8 200 Free	
5	7-8 50 Free	
7	6 and under 50 Free	
9	7-8 25 Back	
11	7-8 100 Back	
13	6 and under 25 Fly	
15	7-8 50 Fly	
17	6 and under 25 Breast	
19	7-8 25 Breast	
21	7-8 100 Breast	
23	6 and under 100 IM	
25	7-8 100 IM	
27	8 and under 100 Free Relay*	

**Session 2 6 & Under Boys and 7-8 boys**

**Warm up not before 12:30 PM; Meet begins not before 1:30 PM**

Girls	Event	Boys
	6 and under 25 Free	2
	7-8 200 Free	4
	7-8 50 Free	6
	6 and under 50 free	8
	7-8 25 Back	10
	7-8 100 Back	12
	6 and under 25 Fly	14
	7-8 50 Fly	16
	6 and under 25 Breast	18
	7-8 25 Breast	20
	7-8 100 Breast	22
	6 and under 100 IM	24
	7-8 100 IM	26
	8 and under 100 Free Relay*	28

## Sunday November 14, 2009

### Session 3 6 & Under Girls and 7-8 Girls

#### Warm up-9:00 AM; Meet Begins 10:00 AM

Girls	Event	Boys
29	6 and under 25 Back	
31	7-8 25 Free	
33	6 and under 50 breast	
35	7-8 100 Free	
37	6 and under 50 Back	
39	7-8 50 Back	
41	7-8 100 Fly	
43	6 and under 50 Fly	
45	7-8 25 Fly	
47	7-8 50 Breast	
49	6 and under 100 Free	
51	7-8 200 IM	
53	8 and under 100 Medley Relay*	

### Session 4 6 & Under Boys and 7-8 Boys

#### Warm up not before 12:30 PM; Meet begins not before 1:30 PM

Girls	Event	Boys
	6 and under 25 Back	30
	7-8 25 Free	32
	6 and under 50 breast	34
	7-8 100 Free	36
	6 and under 50 Back	38
	7-8 50 Back	40
	7-8 100 Fly	42
	6 and under 50 Fly	44
	7-8 25 Fly	46
	7-8 50 Breast	48
	6 and under 100 Free	50
	7-8 200 IM	52
	8 and under 100 Medley Relay*	54

Depending on numbers, we will include a 5 or 10 minute (maximum) break in between each Stroke at the discretion of the Meet Referee and the Meet Director and will be discussed during the coaches meeting if this is needed.

## 8 & Under Turkey Classic

November 13-14 2010

Use this form for a summary of entries.

Age Group	Total Number of swimmers	Total Number of Entries	Total Number of Relays	Total Entry Fee
6& under Girls				
7-8 Girls				
6& under Boys				
7-8 Boys				
Total entry amounts				

Total Fees: Return this summary sheet with entry fees, official rosters and entry forms to:

**YOTA Swim Team**  
**Tammy Minyard – Head Age Group Coach**  
**801 Corporate Center Drive Suite 200**  
**Raleigh, NC 27606**  
[Tammy.minyard@ymcatriangle.org](mailto:Tammy.minyard@ymcatriangle.org)  
**919-719-9603**

USA Swimming, Inc., North Carolina Swimming, YMCA of the Triangle Area, NC State University, and other Governing bodies of the Facilities shall be held free and harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of this event.

Head Coach Signature: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Club: \_\_\_\_\_

Club Abbreviation: \_\_\_\_\_

Address: \_\_\_\_\_ Work Phone Number: \_\_\_\_\_

\_\_\_\_\_ Cell Phone Number: \_\_\_\_\_

\_\_\_\_\_

Email Address: \_\_\_\_\_

\*\*A check for all applicable fees is required for this to be a valid entry.