



**2010 REINDEER MEET**  
**HOSTED BY THE RALEIGH SWIMMING ASSOCIATION**  
**December 3-5, 2010**

**Sanction:** Held under the Sanction of United States Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction # NC10133.

**Meet Sponsor:** Raleigh Swimming Association

**Location:** Triangle Aquatic Center  
275 Convention Dr.  
Cary, NC 27511  
919-459-4045

**Date:** December 3-5, 2010

**Times:** **Senior Sessions:**  
Friday Timed Finals Session - Warm-ups: 3:30 PM, Start: 4:30 PM  
Saturday and Sunday Prelim Sessions - Warm-up: 7:00 AM, Start: 8:00 AM  
Saturday and Sunday Finals Sessions - Warm-up: 5:00 PM, Start: 6:00 PM  
Warm-ups for the evening finals sessions not before 5:00 pm, start not before 6:00 pm.

**Age Group Sessions (all sessions are Timed Finals):**

13-18 Saturday and Sunday Sessions - Warm-up: 7:00 AM, Start: 8:00 AM  
12&Under Saturday and Sunday Sessions - Warm-ups: 12:00PM, Start 1:00PM  
Warm-ups for the afternoon sessions not before noon, start not before 1:00 pm.

Once the timeline has been established, teams will be notified of the final afternoon session schedule.

**Warm-ups:** Warm-up assignments will be determined after the entries have been received and will be included in the coaches' packets.

**Classification:** This event will be conducted as two separate, concurrent sessions, Senior and Age Group, held in separate competition courses with eligibility as outlined below (see Eligibility section).

**Senior A+ Sessions** - Friday timed finals session and Saturday and Sunday prelim/finals sessions

**Age Group Open Sessions** - Saturday and Sunday afternoon timed finals sessions

**Rules:** **General:**

The meet will be conducted in accordance with the current USA Swimming Rules and Regulations, the NCS Official Handbook, and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

The North Carolina Scratch Rule will be in effect for this meet. For example:  
204.3. INDIVIDUAL SCRATCH RULE - Swimmers shall inform themselves of the meet

starting time and shall report to the proper meet authorities promptly upon call. The meet information shall specify all mandatory check-in and scratch deadlines and procedures.

204.3.2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless he notifies the clerk of course before the seeding for that event has begun that he wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet information states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 yards or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet information.

204.3.4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:

A The Referee is notified in the event of illness or injury and accepts the proof thereof.

B The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.

C It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

#### **Senior Session Finals:**

There will be five separate Finals heats for athletes on Saturday and Sunday evening with five heats of women and five heats of men qualifying for each Finals event. Finals will be swum in the following order:

A Final - fastest 8 athletes regardless of age

B Final - fastest 8 remaining 13 year-olds

C Final - fastest 8 remaining 14 year-olds

D Final - fastest 8 remaining 15 year-olds

E Final - fastest 8 remaining 16&over and 12&under athletes

Positive check-in is required for the top 40 swimmers to declare intent to compete in Sunday Finals.

12&unders who compete in the senior sessions will only be eligible for the A and E Finals.

#### **Age Group Sessions:**

The 12&Under 200 yard events in the Age Group Sessions all have a 3:30 time standard. A 12& Under swimmer must have a time of 3:30 or better in each 200 event entered to be eligible.

All Age Group event results will be tabulated for individual age groups (8 & Under, 9-10, 11-12, 13-14, and 15-18).

#### **Distance Events:**

All events 400 yards and longer will be deck seeded. Positive check-in for those events will be required and will close 30 minutes after the start of warm-ups for that session. Swimmers who do not check in by the deadline will be scratched and not seeded in the event.

The 1650 yard Free, 1000 yard Free and 500 yard Free will be swum fastest to slowest, alternating women then men unless these events are conducted simultaneously in different courses. Athletes may enter either the 1650 Free or the 1000 Free but not both. The 1650 yard Free and 1000 yard Free events will be swum as timed finals at the end of the Sunday

morning session.

**Each swimmer in the 400 IM, 500 Free, 1000 Free and 1650 Free must provide their own counter and timer.**

**Relays:**

All swimmers entering relays must be listed on the entry sheets. Any relay scratches should be indicated on the session scratch sheet and on the relay sheets/cards. Relays will be deck seeded and posted along with the individual events.

Relay entries for the Age Group Sessions should be by standard age groups (8 & Under, 9-10, 11-12, 13-14, and 15-18) and will be seeded and swum by entry times.

**Relays for the Senior sessions on Saturday and Sunday will be swum as Timed Finals. Teams have the choice of swimming relays during either the prelim or finals session each day.** Swimmer's ages will determine whether the relay scores as 14 & under or 15 & over. Any unattached swimmers competing on a relay will cause the relay to be disqualified.

**Relay sheets with the names and order of the relay swimmers must be delivered to the clerk of course by the completion of the 4<sup>th</sup> event for that session.**

Senior 200 Free Relay Friday - NLT the conclusion of the 50 freestyle;

Senior 200 Medley Relay Saturday - NLT the conclusion of the 50 butterfly;

Senior 400 Medley Relay Sunday - NLT the conclusion of the 200 backstroke;

13&over 200 Free Relay Saturday - NLT the conclusion of the 50 backstroke;

12 & under 200 Free Relay Saturday - NLT the conclusion of the 50 backstroke;

13&over 200 Medley Relay Sunday - NLT the conclusion of the 50 breaststroke;

12 & under 200 Medley Relay Sunday - NLT the conclusion of the 50 breaststroke;

**Relay sheets submitted for the Senior sessions Saturday and Sunday should indicate whether each relay will swim during prelims or finals as appropriate.**

**Competition Courses:**

All sessions will be swum in either an 8-lane or a 10-lane competition course. Meet management reserves the right to conduct a given meet/session in either course as necessary to best serve the athletes, officials, and families and comply with timeline constraints.

**Timeline and Meet Entry Constraints:**

Meet Management reserves the right to combine events as needed and reserves the right to limit the number of heats in any event 400 yards or longer as well as the right to limit overall entries in order to maintain reasonable and allowable timelines. If entries for the 1650 free and the 1000 free are limited, at least one heat of each event will be swum for 14 & under men, 14 & under women, 15 & over men, and 15 & over women.

**Unqualified Entries:**

It is an infraction for NCS clubs to enter athletes in an event in an NCS sanctioned meet without the relay or swimmer meeting the minimum required qualifying time for that event. Any such unqualified entries, those that do not meet the stated time standards, may be subject to protest and/or a fine from NC Swimming. Unqualified entries identified prior to the start of the meet will be scratched without refund. An unqualified entry is defined as an entry for an event with a qualifying time standard that cannot be substantiated by results available in the USA Swimming database at the time of the meet entry deadline.

**Safety:**

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. **NO running or horseplay will be tolerated. NO blocking of fire exits, which includes doors and passages.**

**Access to the pool deck is restricted to athletes, credentialed coaches and officials, pool staff, and meet volunteers only. No other individuals will be allowed on the pool deck during warm-ups or competition.**

**Eligibility:**

**General:**

All athletes must be registered with USA Swimming, Inc. Registrations will be checked

according to NCS rules. Out-of-LSC clubs must submit an official copy of their roster along with their entries.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Raleigh Swimming Association, Inc. welcomes all swimmers with disabilities as described in the USA Swimming Rules & Regulations, Article 105, to participate in our meet. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit RSA's ability to accommodate all requests.

Athletes may compete in either the Senior Sessions or the Age Group Sessions, provided they meet the eligibility requirements, but may not compete in both Senior and Age Group Sessions.

**Senior Sessions:**

Swimmers who have achieved a 13-14 A time in two or more strokes (IM is considered a stroke; freestyle and sprint freestyle are considered separate strokes) are eligible to compete in the Senior Sessions and must have achieved at least the 13-14 AA time in each event 400 yards or greater to be eligible for those events. 12&unders who compete in the senior sessions will only be eligible for the A and E Finals.

The 50 yard events have no time standard eligibility requirements. However, athletes swimming any of the 50 yard events must be qualified in at least one event greater than 50 yards for this meet.

Athletes meeting the 500 Free qualifying time standard will be eligible to compete in the 1000 Free or the 1650 Free.

**Age Group Sessions:**

Swimmers not qualified for the Senior Sessions may swim in the Age Group Sessions.

The 12&Under 200 yard events in the Age Group Sessions all have a 3:30 time standard. A 12& Under swimmer must have a time of 3:30 or better in each 200 event entered to be eligible.

**Entries:**

**General:**

All entries should be submitted in Hy-tek format, and will be matched to the appropriate event by the event number. Entries may be submitted via email. However hard copies of each entry, showing the swimmers' ages as of December 3, 2010 must be included in the normal post delivery along with the summary sheet, team checklist and payment. Teams are encouraged to contact the Meet Director as soon as possible with an estimate of the number of athletes they intend to enter if they plan to participate in this event and to submit their entries as soon as possible to ensure their participation in the meet.

**All final entry information must be received by 5 p.m. on Tuesday November 23, 2010. NOTE: It is HIGHLY recommended that all entries be submitted by Friday, November 12, 2010 as this meet has a history of filling early.**

**Teams will be required to resubmit their entire corrected meet entry file to resolve any meet entry issues as the meet staff does not have the capacity to correct entries for**

**individual swimmers or events.** If meet entries must be limited, they will be accepted in the order in which final and completely correct entry files and complete payment of all entry fees are received until the meet capacity is reached.

Teams will be notified upon receipt of their entries. Note that this does not imply acceptance, which will be determined after all entries are received and the preliminary session timelines can be fully evaluated to determine meet capacity. Notification of any entries that can not be accepted will be made as soon as possible.

There will be no "ON DECK" registrations accepted. **Swimmers whose registration can not be confirmed by 6:00 p.m. Thursday, December 2, 2010 will not be allowed to swim in the meet, and their entry fees will not be refunded.**

**'NO TIME' entries WILL NOT be accepted for this meet. Swimmers with NT events should be entered with their estimated times. Any NT entries will be scratched, and entry fees will not be refunded. Note however that estimated times should NOT be used to 'qualify' swimmers for an event where there is a minimum time standard as that is an infraction of NCS By-Laws and may be scratched without refund or subject to protest and/or a fine (see above).**

Entries for the Senior and 13 & Over 50 yard stroke events (backstroke, breaststroke, and butterfly) should be submitted using 50 yard event times. Estimated 50 yard times will also be accepted. Submitting corresponding 100 yard event times may result in an athlete being seeded in the slowest heat(s).

Entries for the Senior and 13 & Over 100 yard IM should be submitted using 100 yard IM times. Estimated 100 yard IM times will also be accepted. Submitting corresponding 200 yard IM times may result in an athlete being seeded in the slowest heat(s).

**Entry Limit:**

**General:**

Swimmers who are entered in more than the allowed number of events will be automatically dropped from the event(s) that put the swimmer over the limit. No refunds will be given for inappropriate entries.

**Senior Sessions:**

Swimmers competing in the Senior Sessions are limited to 4 individual events per timed final session, 3 individual events per prelim/finals session, and 1 relay per day **NOT TO EXCEED 9 INDIVIDUAL EVENTS FOR THE MEET.**

**Age Group Sessions:**

Swimmers competing in the Age Group Sessions are limited to 5 individual events per timed final session and 1 relay per day **NOT TO EXCEED 10 INDIVIDUAL EVENTS FOR THE MEET.**

**Entry Deadline:**

Teams are encouraged to submit their entries early to insure that they get into the meet before it fills up. Entries will close the earlier of:

- (a) **5:00 p.m. Tuesday November 23, 2010** or
- (b) when the sessions reach an estimated 4 hours in length.

Swimmers will be entered into the meet in the order entries are received as long as entry fees are received by Tuesday, November 23, 2010. A completed entry summary sheet should be included with the payment. Teams with unpaid entry fees on Tuesday evening, will drop to the bottom of the list, potentially removing them from the meet if we need to turn away entries to stay within the 4 hour rule.

Telephone entries and fax entries will not be accepted. Entries will be time-stamped upon receipt in the event that we are unable to accommodate all teams and need to limit entries.

Late entries may be accepted at the discretion of the Meet Director but will be charged double entry fees. As the meet capacity is met, teams will be notified by telephone or email if their entries cannot be accommodated, and entry fees will be refunded. **NO OTHER REFUNDS WILL BE MADE.**

<b>Entry Fee:</b>	Individual events-Senior	\$3.50 per event / \$4.00 for out-of-LSC entries
	Individual events-Age-group	\$2.50 per event / \$3.00 for out-of-LSC entries
	Relays-All	\$8.00 per relay / \$9.00 for out-of-LSC entries
	Facility Surcharge - All	\$10.00 per swimmer, including relay only swimmers
	NCS Travel Surcharge – All	\$4.00 (This also applies to relay only swimmers)

**No refunds will be given for inappropriate entries.**

**Mail Entries & Fees To:** RSA Reindeer Meet  
6300 Chapel Hill Road, Suite 110  
Raleigh, NC 27607  
(919) 859-4881  
meets@swimrsa.org

Email all entry files and correspondence to [meets@swimrsa.org](mailto:meets@swimrsa.org) and cc the Meet Director and Meet Entries coordinator (listed below).

Please make checks payable to RALEIGH SWIMMING ASSOCIATION.

Do not send entries in a manner that requires signature upon delivery. Email verification of receipt will be sent.

If there are any questions about entries please call the RSA office or the Meet Director. Please include all team, swimmer and/or event information in the message.

**Awards & Results:** There will be a First, Second and Third place Plaque awarded to the teams with the Top 3 point totals in the Senior Sessions at the conclusion of the meet.

First through eighth place ribbons will be awarded for each individual event and age group in the Age Group Sessions. First through third place ribbons will be awarded for each relay event and age group in the Age Group Sessions.

Individual team results will be emailed to each club within 3 days following the completion of the meet. Complete results will also be posted on the RSA website: [www.swimrsa.org](http://www.swimrsa.org)

**Scoring:** Only the Senior Sessions will be scored. The top 16 places for individual events will be scored as follows:

<u>Place</u>	<u>Points</u>	<u>Place</u>	<u>Points</u>
<b>1</b>	20	<b>9</b>	9
<b>2</b>	17	<b>10</b>	7
<b>3</b>	16	<b>11</b>	6
<b>4</b>	15	<b>12</b>	5
<b>5</b>	14	<b>13</b>	4
<b>6</b>	13	<b>14</b>	3
<b>7</b>	12	<b>15</b>	2
<b>8</b>	11	<b>16</b>	1

Relay events score double.

**USA Swimming Membership:** Coaches must present a current USA Swimming membership card to the meet director to receive their entry package and must display their membership card at all times during the meet.

- Coaches Certification and Check-In:** Only coaches with current USA Swimming registrations and credentials will be allowed on the pool deck. Teams should submit a list of their coaches planning to attend the meet with their meet entries so that registrations can be verified in advance. Coaches will be asked to check in at the volunteer table in the lobby and must present their credentials at that time as well as display them on their person while on deck.
- Coaches Meeting:** A coaches meeting will be held at 4:15pm Friday, December 3.
- Coach Check-In:** Coaches' packages with relay sheets, warm-up times, lane assignments and any updates to the meet information will be distributed to the coach upon check-in at the Clerk of Course. Coaches must present their USA Swimming coach membership card to the Clerk of Course to receive their packets. Coaches without a coach membership card will not be allowed on the pool deck.
- Official's Briefings:** Official's briefings will be held in the hospitality room 20 minutes after the start of warm-ups for each session.
- Meet Host:** Raleigh Swimming Association  
Kit Raulerson, Head Coach  
(919) 859-4881
- Meet Director:** Larry Godlewski ([lgodlewski@nc.rr.com](mailto:lgodlewski@nc.rr.com))
- Referee:** Thornton Burnette ([thor8550@aol.com](mailto:thor8550@aol.com))
- Marshall:** Ian McCullough
- Meet Entries:** [meets@swimrsa.org](mailto:meets@swimrsa.org)
- Officials:** RSA welcomes anyone who would like to assist with officiating during this meet. Please contact the Meet Referee, or include the name, phone number, and level of any willing official with your entry.
- Timers:** Participating clubs may be asked to provide timers in proportion to their entries. Athletes swimming the 400 IM, 500 Free, 1000 Free, or 1650 Free should be prepared to provide their own timer for these events.
- Hospitality:** A hospitality room will be provided for the coaches, officials, and meet workers.
- Facility:** The Triangle Aquatic Center (TAC) provides 3 indoor pools and supporting amenities including a full-service café, a swim shop, classroom and wireless internet. The 50-meter competition pool with bulkhead offers a total of 8 50-meter competition lanes with a depth of seven to twelve feet that can be configured for separate 8-lane and 10-lane 25-yard competition courses. The 50 meter pool has a certification for USA Swimming. Paragon starting blocks will be used for the start of all events. Competition lanes are a minimum of 7 feet wide. The 25-yard program pool allows for 10 warm-up/swim-down lanes. The separate warm water instruction pool is fully enclosed and remains open to the public during meet competitions. Spectator seating for 1,000 above deck offers bleacher seating with backs, tables and open seating. There is a Daktronics OmniSport 2000 Pro Swimming timing system with two matrix scoreboards. The aquatic facility is conveniently located just off I-40 at exit 291 and adjacent to Cary's largest mall, the Cary Towne Center.
- Parking:** Parking is allowed in designated areas only. Vehicles illegally parked in the parking lots or street area are liable to be ticketed or towed by the local Police Department at the owner's expense.

**Concessions:** Concessions are available at the Triangle Aquatic Center Café Splash Down for spectators and swimmers.

**Release Statement:** USA Swimming, Inc., North Carolina Swimming, Inc., Raleigh Swimming Association, TRIANGLE AQUATIC CENTER AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**Area Attractions:** Museums:

NC Museum of Natural Sciences [www.ncnaturalsciences.org](http://www.ncnaturalsciences.org)

NC Museum of History [www.ncmuseumofhistory.org](http://www.ncmuseumofhistory.org)

NC Museum of Art [www.ncartmuseum.org](http://www.ncartmuseum.org)

Shopping (some of the best in NC):

Cary Towne Center (adjacent to TAC)

CrossRoads Plaza – Walnut Street

Crossroads 20 movie theaters - <http://raleigh.ohsohandy.com/theater/crossroads-20>

Crabtree Valley Mall – I-440 at Exit 7

Triangle Towne Center – I-540 at Exit 16

SouthPointe Mall – I-40 at Exit 276

**2010 RSA Reindeer Meet**  
**Hosted by the Raleigh Swimming Association**  
**Senior Meet Order of Events – Friday and Saturday**

Friday Evening Senior Session – Timed Finals

Warm-ups: 3:30 PM / Start: 4:30 PM

Women	Event	Men
1	Senior 800 FREE RELAY	2
3	Senior 200Y FLY	4
5	Senior 50 FREE	6
7	Senior 200Y BREAST	8
9	Senior 50Y BACK	10
11	Senior 100Y IM	12
13	Senior 200Y FREE RELAY	14
	10 Minute Break	
15	Senior 500Y FREE*	16

Saturday AM Senior Session – Prelims

Warm-ups: 7:00 AM / Start: 8:00 AM

Women	Event	Men
17	Senior 200Y FREE	18
19	Senior 50Y FLY	20
21	Senior 100Y BACK	22
23	Senior 100Y BREAST	24
25	Senior 200Y MEDLEY RELAY	26
27	Senior 400Y IM*	28

Saturday Evening Senior Session – Finals

Warm-ups: 5:00 PM / Start: 6:00 PM

Women	Event	Men
17	Senior 14 & Under 200Y FREE	18
17	Senior 15 & Over 200Y FREE	18
19	Senior 14 & Under 50Y FLY	20
19	Senior 15 & Over 50Y FLY	20
21	Senior 14 & Under 100Y BACK	22
21	Senior 15 & Over 100Y BACK	22
23	Senior 14 & Under 100Y BREAST	24
23	Senior 15 & Over 100Y BREAST	24
25	Senior 200Y MEDLEY RELAY	26
27	Senior 14 & Under 400Y IM*	28
27	Senior 15 & Over 400Y IM*	28

**2010 RSA Reindeer Meet**  
**Hosted by the Raleigh Swimming Association**  
**Senior Meet Order of Events - Sunday**

Sunday AM Senior Session – Prelims

Warm-ups: 7:00 AM / Start: 8:00 AM

Women	Event	Men
29	Senior 50Y BREAST	30
31	Senior 200Y BACK	32
33	Senior 100Y FREE	34
35	Senior 200Y IM	36
37	Senior 100Y FLY	38
39	Senior 400Y MEDLEY RELAY	40
	10 Minute Break	
41	Senior 1000Y FREE	42
43	Senior 1650Y FREE	44

Sunday Evening Senior Session – Finals

Warm-ups: 5:00 PM / Start: 6:00 PM

Women	Event	Men
29	Senior 14 & Under 50Y BREAST	30
29	Senior 15 & Over 50Y BREAST	30
31	Senior 14 & Under 200Y BACK	32
31	Senior 15 & Over 200Y BACK	32
33	Senior 14 & Under 100Y FREE	34
33	Senior 15 & Over 100Y FREE	34
35	Senior 14 & Under 200Y IM	36
35	Senior 15 & Over 200Y IM	36
37	Senior 14 & Under 100Y FLY	38
37	Senior 15 & Over 100Y FLY	38
39	Senior 400Y MEDLEY RELAY	40

**2010 RSA Reindeer Meet**  
**Hosted by the Raleigh Swimming Association**  
**Age Group Meet Order of Events**

Saturday AM Age Group Session – Timed Finals

Warm-ups: 7:00 AM / Start: 8:00 AM

<b>Women</b>	<b>Event</b>	<b>Men</b>
101	13 & Over 200Y FLY	102
103	13 & Over 50Y BACK	104
105	13 & Over 100Y BREAST	106
107	13 & Over 100Y FREE	108
109	13 & Over 50Y FLY	110
111	13 & Over 200Y BACK	112
113	13 & Over 200Y IM	114
115	13 & Over 200Y FREE RELAY	116

Saturday PM Age Group Session – Timed Finals

Warm-ups: 12:00PM / Start: 1:00 PM

<b>Women</b>	<b>Event</b>	<b>Men</b>
201	12&Under 200Y FLY	202
203	12 & Under 50Y BACK	204
205	12 & Under 100Y BREAST	206
207	12 & Under 100Y FREE	208
209	12 & Under 50Y FLY	210
211	12& Under 200Y BACK	212
213	12 & Under 200Y IM	214
215	12 & Under 200Y FREE RELAY	216

Sunday AM Age Group Session – Timed Finals

Warm-ups: 7:00 AM / Start: 8:00 AM

<b>Women</b>	<b>Event</b>	<b>Men</b>
117	13 & Over 50Y FREE	118
119	13 & Over 50Y BREAST	120
121	13 & Over 100Y IM	122
123	13 & Over 200Y FREE	124
125	13 & Over 100Y BACK	126
127	13 & Over 200Y BREAST	128
129	13 & Over 100Y FLY	130
131	13 & Over 200Y MEDLEY RELAY	132

Sunday PM Age Group Session – Timed Finals

Warm-ups: 12:00PM/ Start: 1:00PM

<b>Women</b>	<b>Event</b>	<b>Men</b>
217	12 & Under 50Y FREE	218
219	12 & Under 50Y BREAST	220
221	12 & Under 100Y IM	222
223	12 & Under 200Y FREE	224
225	12 & Under 100Y BACK	226
227	12& Under 200Y BREAST	228
229	12 & Under 100Y FLY	230
231	12 & Under 200Y MEDLEY RELAY	232

Entry Summary Sheet  
 2010 Reindeer Meet  
 Hosted by the Raleigh Swimming Association  
 Triangle Aquatic Center, Cary, NC  
 December 3-5, 2010

Use this form for a summary of entries.

Meet Classification	# Swimmers	# Individual Events	# Individual Events	# Relay Events	
Senior Women					
Senior Men					
Age Group Women					
Age Group Men					
Column Totals					
	X \$14.00 surcharge	X \$3.50 or \$4.00 IE fee	X \$2.50 or \$3.00 IE fee	X \$8.00 or \$9.00 Relay Fee	TOTAL DUE
		+	+	+	=

Make checks payable to: Raleigh Swimming Association. Total Fees are due at the time entries are received. Return this summary sheet with entry fees, waivers, official rosters and entry forms to:

RSA Reindeer Meet  
 6300 Chapel Hill Road, Suite 110  
 Raleigh, NC 27607  
 (919) 859-4881  
 meets@swimrsa.org

United States Swimming, Inc., North Carolina Swimming, Raleigh Swimming Association, Triangle Aquatic Center and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of this meet.

Signature: \_\_\_\_\_

Coach: \_\_\_\_\_

Club: \_\_\_\_\_

Call Letters: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Wk Phone: \_\_\_\_\_

Hm Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*\* This summary form and a check for all applicable fees are required for this to be a valid entry. Use this form for a summary of entries.

2010 Reindeer Meet  
Hosted by the Raleigh Swimming Association  
Entry Checklist

Coaches:

Please let us know ASAP if you are coming to this meet. Send email to [kit.raulerson@swimrsa.org](mailto:kit.raulerson@swimrsa.org) and [meets@swimrsa.org](mailto:meets@swimrsa.org) with approximate numbers for **each** session (Senior and Age Group).

Please use this checklist to make sure you return all the required items. The following forms must be filled out and included with your entry.

1. Fee Summary Form (including Email contact address) \_\_\_\_\_
2. Individual Entry forms including USA Swimming numbers OR computer-generated entries, along with a hard copy of entry \_\_\_\_\_
3. **NO NT entries. They will be scratched without refund** \_\_\_\_\_
4. Relay Entry Forms \_\_\_\_\_
5. **List of all coaches who will be attending the meet** \_\_\_\_\_
6. Check payable to Raleigh Swimming Association for all fees \_\_\_\_\_