



NIKE SWIM'S WINTER CLASSIC INVITATIONAL  
12 & UNDER SWIM MEET  
December 10-12, 2010

swim 

**SANCTION:** Held under the sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.  
Sanction # NC10135.

**HOST:** New Wave Swim Team  
P.O. Box 18012  
Raleigh, NC 27619  
(919) 981-0644

**FACILITY:** Triangle Aquatic Center  
275 Convention Drive  
Cary, NC 27511  
(919) 459-4045

**Competition Pool:** The Triangle Aquatic Center facility features a 50-meter pool divided into two courses, which include an 8-lane, 25-yard by 9-feet wide competition course and a 10-lane, 25-yard by 7-feet wide competition course, with a variable depth ranging from 7 to 12 feet. Both courses will be used if swimmer numbers and timeline deem it necessary. An additional 10-lane, 25-yard pool is available for continuous warm-up/warm-down. The pool is equipped with state-of-the-art, anti-turbulent lane lines and Paragon starting blocks on both ends. The facility features a Daktronic Pro timing system, and two digital matrix scoreboards. Stopwatches will also be used in each competition lane. Hy-Tek Meet Manager Pro software will be used. Locker rooms for changing are available. This pool has been certified by USA Swimming.

Only meet volunteers, USA Swimming registered athletes and current USA Swimming registered officials and coaches may be on deck.

**NO SPECTATORS ARE ALLOWED ON THE POOL DECK AT ANY TIME**

Triangle Aquatic Center will charge a session/daily/meet spectator fee.

**Spectator Seating:**

The seating area is above the deck and designed for comfort and enjoyment for spectators. There is viewing for 1,000 people, bench seating with back support, a 12-foot wide walkway for easy access, and an integrated sound system. There are five 47" televisions with FM radio transmitters, and free wireless access to the internet to track live meet results on [www.triangleaquatics.org](http://www.triangleaquatics.org).

**Supporting Amenities:**

**Parking:** There is parking directly in front of the facility available for coaches, officials and volunteers. There is additional parking at the Cary Towne Center Mall, directly adjacent & within easy walking distance of the facility for swimmers and parents. Athletes may be dropped off beside the facility before parking at the Mall.

**Splash Café:** A full service café located just inside the main entrance offering healthy meals, smoothies, coffees, drinks and snacks.

**All American Swim Shop:** The fully stocked swim shop is located beside the front desk and carries swimwear, apparel, swim supplies and accessories

**Open Swim:** During most meets, the Program pool and Instruction pool are open for recreation and fitness swimming. Check with the front desk for the cost of a day pass.

**Facility Rules: Please inform all families of the following pool rules.**

- 1) **NO** smoking is allowed inside the facility.
- 2) **NO** outside food, drinks or coolers allowed inside the facility.
- 3) **NO** glass containers allowed inside the facility.
- 4) **NO** chairs allowed in the spectator level. Athletes and coaches may bring chairs on deck, but they must be removed each day.

**RULES:** This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, and the current North Carolina Swimming Rules and Regulations, and the current North Carolina Swimming Safety Program. These rules will serve as the official guide for technical and procedural rules, except wherein are optional and exceptions are herein stated.

**CLASSIFICATION:** 12 & Under Age Group Meet for "BB" classified swimmers.

**FORMAT:**

- (1) All events will be swum as timed finals and may be conducted in two courses.
- (2) Entrants in the 500 Free are required to check in at the clerk of course no later than the end of warm-ups Friday evening. Swimmers not checked in by this deadline will be scratched from this event. The North Carolina Scratch Rule is in effect. Swimmers who are positively checked in for the 500 Free and do not show for that event, may be disqualified from their next event. The disqualified event will count towards the daily limit of four (4) events.
- (3) All heats of the 500 Free will be swum fastest to slowest, alternating girls and boys, in each age. A combined heat of girls and boys may be swum at the discretion of the Meet Referee. In the event that the events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate girls' and boys' heats. The 500 Free may be limited to the fastest three (3) heats of each age group (9 & U, 10, 11 and 12).
- (4) A 10-minute break may be added before relays to assure that swimmers have adequate rest from their last event.

**ELIGIBILITY:** All swimmers must be registered athlete members of USA SWIMMING, Inc. Please list the swimmer's age as of December 10, 2010.

WAVE welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit WAVE's ability to accommodate all requests.

**ENTRIES:** Please email entries using Hy-Tek Team Manager. Entries may be sent via email and must include the following: 1) a Hy-Tek compatible entry file 2) team entry report and 3) financial report.

**Please note the following entry rules will be strictly enforced by the Meet Directors:**

- (1) Payment must be received by the start of the meet in order to get coaches packet. No swimmer will compete until payment is received.
- (2) Please submit entries using Hy-Tek Team Manager or compatible software.
- (3) All swimmers must be properly registered before December 10, 2010. The list of swimmers competing in the meet will be forwarded to the NCS Registration Chair for approval. **No on-deck registration will be permitted.**
- (4) Please list all coaches that will be in attendance. The NCS Registration chair will provide meet management with a list of current coach certifications. Coaches who are not current in all required certifications will not be allowed on deck.
- (5) Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ENTRY LIMIT:** All swimmers will be limited to a **maximum of four (4) individual events** per day, ten (10) for the meet. There is no limit to the number of relay teams entered; however, only 2 relay teams per age-group may score.

**ENTRY DEADLINE:** **Tuesday, November 30, 2010.** Entries will be accepted up to 7:00 pm that day. Telephone entries will not be accepted, although changes to entries will. Late entries may be accepted, but only at the discretion of the Meet Director.

**NO CHANGES WILL BE ACCEPTED AFTER THE PSYCH SHEET HAS BEEN POSTED.**

**ENTRY FEES:** \$2.50 per individual event (NCS registered swimmers)  
\$8.00 per relay  
\$10.00 per swimmer Facility Surcharge  
\$4.00 per swimmer NCS Travel Fund

Double entry fees will be charged for late entries, if accepted. A late entry is any entry received after 7:00 pm on Tuesday, November 30, 2010. All fees are non-refundable. A check made payable to the "New Wave Swim Team" must accompany entries.

**MAIL ENTRIES TO:** WAVE Swimming  
P. O. Box 18012  
Raleigh, NC 27619  
(919) 981-0644  
[wavemeets@nc.rr.com](mailto:wavemeets@nc.rr.com)

**\*NOTE:** All e-mail correspondence should be directed to:  
Lana Sanders – [wavemeets@nc.rr.com](mailto:wavemeets@nc.rr.com)

A TM event file will be made available from the WAVE website at [www.newwaveswimteam.org](http://www.newwaveswimteam.org) as well as the NCS website [www.ncswim.org](http://www.ncswim.org).

**SCHEDULE:** **Friday, December 10, 2010**

**Evening Session: All Swimmers**  
Warm-ups: 3:30 pm - 4:30 pm  
Timed Finals Begin: 4:45 pm

**Saturday, December 11, 2010 and Sunday, December 12, 2010**

**First Session: 10 & Under Swimmers**  
Warm-ups: 7:30 am - 8:20 am  
Timed Finals Begin: 8:30 am

**Second Session: 11 & 12 Swimmers**  
Warm-ups: 12:00 pm – 12:50 pm  
Timed Finals Begin: 1:00 pm

Meet management reserves the right to adjust meet session and warm-up times or combine sessions after reviewing the projected timeline. Coaches will be informed of any adjustments in the schedule.

**WARM-UP  
SCHEDULE:**

**Guidelines will be published in the coach's packet. Packets will be available at the Clerk of Course upon presentation of current USA Swimming coach credentials.** Lane assignments will be based on the number of participants from each club. Assignments will be posted and a copy available in the coach's packet. Specific warm-up procedures will be described in the coach's packet as well.

**CHECK-IN:** **Event** **Check-in Deadline**  
500 Free Friday by 4:30 pm

**ORDER OF EVENTS:** See attached schedule.

**AWARDS:** Individual Events: 1<sup>st</sup> - 10<sup>h</sup> place  
Relays: 1<sup>st</sup> - 3<sup>rd</sup> place  
Team Awards: 1<sup>st</sup> - 3<sup>rd</sup> place

Swimmers finishing in first through tenth place in an individual event and first through third in a relay event will receive ribbons. **Please be sure to collect these at the end of the meet.**

**SCORING:** Scoring will be as follows:  
Individual Events: 11 - 9 - 8 - 7 - 6 - 5 - 4 - 3 - 2 - 1  
Relays: 22 - 18 - 16 - 14 - 12 - 10 - 8 - 6 - 4 - 2

A maximum of two (2) relay teams per age group may score. There is no limit to the number of Relay teams entered.

**SAFETY:** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Running and horseplay will not be allowed. As at any pool, the deck may be slippery and caution should be taken to prevent accidents. NO blocking of fire exits, which includes doorways and passages. Coaches must carry their coach certification cards at all times when on the pool deck and must hold current certifications and registration with USA Swimming.

**COACHES:** A coach's packet will be available for all clubs at the start of warm-ups on Friday. A current 2010 USA Swimming coach membership card will be required to obtain the packet and must be displayed prominently at all times on deck **by all coaches.**

There will be a coaches' meeting Friday, December 10th at 3:15 pm in the TAC hospitality room and as announced by the Meet Referee.

**OFFICIALS:** There will be an officials' meeting Friday, December 10th at 4:15 pm in the TAC Hospitality room and 30 minutes prior to the start of each of the other sessions as needed.

We welcome all certified and apprentice officials. If you know in advance that you will be volunteering for this meet, please notify the Meet Referee Ken Clark  
[kennethdclark@bellsouth.net](mailto:kennethdclark@bellsouth.net)

***"All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck."***

**MEET MANAGEMENT:** Meet Directors: Lana Sanders  
Meet Referee: Ken Clark  
Meet Marshall: Brian Tobey

**HOSPITALITY:** There will be a hospitality room available to all coaches, officials and meet volunteers.

**VOLUNTEERS:** Volunteer timers are always welcomed. Announcements for timers and officials may be made prior to the start of each session.

**Swimmers in the 500 Free must provide their own timers and lap counters.**

**USA SWIMMING, INC., NORTH CAROLINA SWIMMING, INC., THE NEW WAVE SWIM TEAM, INC., TRIANGLE AQUATIC CENTER AND ALL EMPLOYEES AND REPRESENTATIVES OF THESE ORGANIZATIONS SHALL BE HELD FREE AND HARMLESS FROM ANY AND ALL LIABILITIES ON CLAIMS FOR DAMAGES ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET.**

## **Recommended Accomodations:**

The Wingate by Wyndham Raleigh/Cary  
6115 Corporate Ridge Road  
Raleigh, NC 27607  
919-809-8520  
[www.ncraleighhotel.com](http://www.ncraleighhotel.com)

Ninety nine modern rooms with large, ergonomic work area

- Forty rooms with two queen beds.
- FREE Deluxe Continental Breakfast Daily with hot items available
- FREE Wired and Wireless Internet
- FREE Shuttle in a 5 mile radius of the hotel
- FREE Airport shuttle
- FREE Manager's Social with Beer, Wine and hors d'oeuvres Monday through Thursday from 5 - 7 p.m.
- On-site business center
- Spacious, modern guest rooms designed for the business traveler with in-room safes
- Refrigerators and Microwaves in every room
- 24 hour fitness center with PreCor equipment and free weights
- Indoor pool with Whirlpool
- And much more.

Comfort Suites of Cary  
350 Ashville Avenue  
Cary, NC 27518  
(919) 852-4318

**Winter Classic Invitational 2010**

**Order of Events**

**Friday, December 10, 2010**

**Evening Session**

Warm-ups will start at 3:30 pm. Timed finals begin at 4:45 pm.  
Note that positive check-in is required for the 500 Free by the end of warm-ups.

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	9 & Under 200yd IM	2
3	10yr 200yd IM	4
5	11yr 200yd IM	6
7	12yr 200yd IM	8
9	10 & Under 500yd Freestyle	10
11	11-12yr 500yd Freestyle	12

**Saturday, December 11, 2010**

**Morning Session**

Warm-ups will start at 7:30 am. Timed finals begin at 8:30 am.

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
13	10yr 200yd Freestyle	14
15	9 & Under 200yd Freestyle	16
17	10yr 100yd Backstroke	18
19	9 & Under 100yd Backstroke	20
21	10yr 100yd Butterfly	22
23	9 & Under 100yd Butterfly	24
25	10yr 50yd Breaststroke	26
27	9 & Under 50yd Breaststroke	28
29	10yr 50yd Freestyle	30
31	9 & Under 50yd Freestyle	32
33	10 & Under 200yd Medley Relay	34

**Saturday, December 11, 2010**

**Afternoon Session**

Warm-ups will start at 12:00 pm. Timed finals begin at 1:00 pm.

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
35	12yr 200yd Freestyle	36
37	11yr 200yd Freestyle	38
39	12yr 100yd Backstroke	40
41	11yr 100yd Backstroke	42
43	12yr 100yd Butterfly	44
45	11yr 100yd Butterfly	46
47	12yr 50yd Breaststroke	48
49	11yr 50yd Breaststroke	50
51	11-12 200yd Breaststroke	52
53	12yr 50yd Freestyle	54
55	11yr 50yd Freestyle	56
57	11-12 200yd Medley Relay	58

**Winter Classic Invitational 2010  
Order of Events  
Sunday, December 12, 2010  
Morning Session**

Warm-ups will start at 7:30 am. Timed finals begin at 8:30 am.

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
59	10yr 100yd Freestyle	60
61	9 & Under 100yd Freestyle	62
63	10yr 50yd Butterfly	64
65	9 & Under 50yd Butterfly	66
67	10yr 100yd Breaststroke	68
69	9 & Under 100yd Breaststroke	70
71	10yr 50yd Backstroke	72
73	9 & Under 50yd Backstroke	74
75	10yr 100yd IM	76
77	9 & Under 100yd IM	78
79	10 & Under 200yd Freestyle Relay	80

**Sunday, December 12, 2010  
Afternoon Session**

Warm-ups will start at 12:00 pm. Timed finals begin at 1:00 pm.

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
81	12yr 100yd Freestyle	82
83	11yr 100yd Freestyle	84
85	12yr 50yd Butterfly	86
87	11yr 50yd Butterfly	88
89	11-12 200yd Butterfly	90
91	12yr 100yd Breaststroke	92
93	11yr 100yd Breaststroke	94
95	12yr 50yd Backstroke	96
97	11yr 50yd Backstroke	98
99	11-12 200yd Backstroke	100
101	12yr 100yd IM	102
103	11yr 100yd IM	104
105	11-12 200yd Free Relay	106