

# Greensboro Community YMCA

## Winter Invitational

February 4-6, 2011

**SANCTION:** This is closed YMCA meet. The meet will be USA Swimming **approved**, and will be conducted in accordance with current USA Swimming Technical Rules. **Approved # NC11014AP.**

**FACILITY:** Kathleen Price Bryan Family YMCA  
501 West Market St.  
Greensboro, NC 27401  
(336) 478-9622

Competition Pool is an 8 lane 25 yard course with 7ft lanes divided by anti-turbulent lane markers, Paragon starting blocks, 8-12 ft. decks, and bleacher seating for approx. 200 spectators and participants. Electronic timing is used along with 2 backup watches in each lane and an 8 lane Colorado Timing System score board. Separate warm up and cool down facilities are available. Competition pool is not certified by USA Swimming.

Additional seating will be provided in the YMCA lobby and gym. Seating for coaches will be provided on the west side of the pool deck.

**Spectator chairs will NOT be allowed on the pool deck.** All spectators are required to set chairs up in the overflow seating in the gym or activity room. There will be a video feed of the scoreboard and the pool provided in the gym or activity room.

**SCHEDULE:** **Friday PM: 11-12 / Senior Session**

Warm Up: 4:15 PM

Meet Start: 5:15 PM

**Saturday AM: 10 & Under Session**

Warmup: 7:30 AM

Meet Start: 8:30 AM

**Saturday PM: 11-12 / Senior Session**

Warm Up: Not before 11:45 AM

Meet Start: Not before 1:00 PM

**Sunday AM: 10 & Under Session**

Warmup: 7:30 AM

Meet Start: 8:30 AM

**Sunday PM: 11-12 / Senior Session**

Warm Up: Not before 11:45 AM

Meet Start: Not before 1:00 PM

*Meet management reserves the right to adjust the warm up and start times based on the number of entries and the projected timeline.*

**ELIGIBILITY:** All participants must be a member of a local YMCA and must have a full privilege annual membership at that YMCA to be eligible. Swimmers ages will be determined as of February 4, 2011.

**CLASSIFICATION:** This is an Age Group/Senior meet with no minimum or maximum time standards.

**FORMAT:** This meet will be conducted in accordance with current USA Swimming Technical Rules, the NCS Swimming Handbook, and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

- 1) All events will be swum as timed finals.
- 2) Scratches and deck entries will be taken until 30 minutes prior to the start of each session.
- 3) The North Carolina scratch Rules will be in effect for all deck seeded events.
- 4) The 500 Free, 400 IM & 1650 Free will be deck seeded fastest to slowest, alternating heats of women and men. Positive check-in is required at the conclusion of warm up for these events. Swimmers not checked in by this deadline will be scratched.
- 5) Meet management reserves the right to limit the 500 Free, 400 IM & 1650 Free to the fastest 3 heats of girls and the fastest 3 heats of boys.
- 6) The referee and meet management reserve the right to combine heats.
- 7) With the exception of the 1650 FR, 400 IM, 500 FR, and all relays, the Senior events will be swum combined but scored separately (13-14 and 15 & over). The 1650 FR, 400 IM, 500 FR, and relays will be swum and scored combined. The 12 & under events will be swum combined but awarded separately (10 & under and 11-12). 10 & under events will be swum and awarded combined.
- 8) Meet management will attempt to honor all requests for time trials at the conclusion of each session as permitted by the timeline at \$8.00 per individual event.

**AWARDS:** **12 & under swimmers only:**  
Individual Events: 1<sup>st</sup> – 8<sup>th</sup> place ribbons  
Relay Events: 1<sup>st</sup> – 3<sup>rd</sup> place ribbons  
Heat Winner awards will be presented at the conclusion of each heat.

**ENTRY LIMIT:** Swimmers may enter four **(4)** individual events and one **(1)** relay event per day. There is no limit on relay entries per team.

**ENTRY PROCEDURE:** Meet Entries are due by **7:00pm - January 25<sup>th</sup>, 2010**. Entries shall be submitted electronically. Please enter using HyTek or Team Unify. If you cannot use this method, contact David Teel (336) 478-9635. You may e-mail entries but they must be followed by a disk, hard copy, summary sheet and check. No entries via fax, please. All items are required by the entry deadline in order for the entry to be considered complete. Late entries will be taken at the discretion of the meet director at \$5.00 per individual event and \$16.00 per relay event.

**SEND ENTRIES TO:** David Teel  
GCY Swim Team  
501 West Market Street  
Greensboro, NC 27401  
336-478-9635  
**[gymakos@gmail.com](mailto:gymakos@gmail.com)**

**ENTRY FEES:** \$2.50 per individual event  
\$10.00 per relay event  
\$8.00 facility surcharge per swimmer  
*Please make checks payable to Bryan Family YMCA*

- VOLUNTEERS:** Each team is asked to provide timers at each session. Timers will be called to report 20 minutes prior to the start of the session. USA-S officials are also needed. Please contact Alan Moffitt (alan@id3a.com) or see the meet referee upon arrival.
- WARM – UP:** Warm up assignments will be handed out in the coach's packet prior to the start of the meet. Starts will be allowed in the last 10 minutes of your assigned warm up.
- COACHES MEETING:** There will be a coaches meeting prior to the start of Saturday morning's session in the pool area on the block side.
- OFFICIALS MEETING:** An officials meeting will be conducted prior to the start of each session.
- MEET DIRECTOR:** Elizabeth Tomlin
- MEET REFEREE:** Alan Moffitt
- MEET MARSHALL** Dave Teel
- CONCESSIONS:** Concessions will be sold in the lobby.
- VENDORS:** **Kast-A-Way Swim Shop** will be located in the lobby.
- HOSPITALITY:** Hospitality for coaches, officials, timers, and volunteers will be located in Meeting Room #1 on the 1<sup>st</sup> floor of the Bryan YMCA.
- RELEASE:** United States Swimming, Inc., NC Swimming, Greensboro Community YMCA, Bryan Family YMCA and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.
- SAFETY:** The NCS safety program is in effect at this meet. Coaches are required to closely supervise their swimmers at all times. In the event that a swimmer or others associated with a team are found to be violating posted rules for use of the Bryan Family YMCA or any other restrictions that are posted for the safety of the people in attendance or to protect Bryan Family YMCA property the individuals will be reported to the Meet Director or one of the Meet Marshals who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshal, or Referee may also take disciplinary action.

# GCY Winter Invite

## February 4-6, 2011

### ORDER OF EVENTS

#### Friday: Feb. 4, 2010 Afternoon Session

*Warmup: 4:00pm*

*Start: 5:15pm*

WOMEN	EVENT	MEN
1	Senior 200 yd IM	2
3	12 & under 200 yd IM	4
5	Senior 50 yd FR	6
7	12 & under 200 yd FR	8
9	Open 1650 yd FR***	10

\*\*\*Meet management reserves the right to limit to fastest 32 women and 32 men.  
Will be swum fastest to slowest alternating women and men. A positive check-in is required.

#### Saturday: Feb. 5, 2011 Morning Session – 10 & Under

*Warmup: 7:30am*

*Start: 8:30am*

WOMEN	EVENT	MEN
11	10 & under 100 yd IM	12
13	8 & under 50 yd BR	14
15	10 & under 100 yd BR	16
17	8 & under 25 yd FLY	18
19	9-10 50 yd FLY	20
21	8 & under 50 yd BK	22
23	10 & under 100 yd BK	24
25	8 & under 25 yd FR	26
27	9-10 50 yd FR	28
29	8 & under 100 yd Medley Relay	30
31	9-10 200 yd Medley Relay	32

#### Saturday: Feb. 5, 2011 Afternoon Session – 11 & over

*Warmup: 11:45am*

*Start: 1:00pm*

WOMEN	EVENT	MEN
33	11-12 100 yd IM	34
35	Senior 100 yd BK	36
37	11-12 50 yd BK	38
39	Senior 200 yd FLY	40
41	11-12 100 yd FLY	42
43	Senior 100 yd FR	44
45	11-12 50 yd FR	46
47	Senior 200 yd BR	48
49	11-12 100 yd BR	50
51	Senior 200 yd FR Relay	52
53	11-12 200 yd FR Relay	54
55	Open 400 yd IM***	56

\*\*\*Meet management reserves the right to limit to fastest 32 women and 32 men.  
Will be swum fastest to slowest alternating women and men. A positive check-in is required.

**Sunday: Feb. 7, 2010 10 & under Morning Session**

*Warmup: 7:30am*

*Start: 8:45am*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
57	10 & under 100 yd FR	58
59	8 & under 50 yd FR	60
61	9-10 50 yd BK	62
63	8 & under 25 BK	64
65	10 & under 100 yd FLY	66
67	8 & under 50 yd FLY	68
69	9-10 50 yd BR	70
71	8 & under 25 yd BR	72
73	9-10 200 yd Free Relay	74
75	8 & under 100 yd Free Relay	76

**Sunday: Feb. 7, 2010 11 & over Afternoon Session**

*Warmup: 11:30am*

*Start: 12:45pm*

<b>WOMEN</b>	<b>EVENT</b>	<b>MEN</b>
77	11-12 100 yd FR	78
79	Senior 200 yd FR	80
81	11-12 50 yd BR	82
83	Senior 100 yd BR	84
85	11-12 100 yd BK	86
87	Senior 200 yd BK	88
89	11-12 50 yd FLY	90
91	Senior 100 yd FLY	92
93	11-12 200 yd Medley Relay	94
95	Senior 200 yd Medley Relay	96
97	Open 500 yd FR***	98

\*\*\*Meet management reserves the right to limit to fastest 32 women and 32 men.  
Will be swum fastest to slowest alternating women and men. A positive check-in is required.

## ENTRY SUMMARY FORM

Age Group	Total # of Swimmers @ \$8.00	Total Meet Surcharge	Total # of Individual Entries @ \$2.50	Total Individual Entry Fees	Total # of Relay Entries @ \$10.00	Total Relay Entry Fees
8 & Un GIRLS						
9 – 10 GIRLS						
11 – 12 GIRLS						
13 – 14 GIRLS						
15 & Ov GIRLS						
8 & Un BOYS						
9 – 10 BOYS						
11 – 12 BOYS						
13 – 14 BOYS						
15 & Ov BOYS						
<b>TOTALS:</b>		\$		\$		

**TOTAL** \_\_\_\_\_

Please submit one check with entries to cover your team's total entry fees.  
 Make check payable to **Bryan Family YMCA**.

Head Coach Name \_\_\_\_\_ Phone \_\_\_\_\_

Club Name \_\_\_\_\_ Code \_\_\_\_\_

Club Address \_\_\_\_\_ E-mail \_\_\_\_\_

United States Swimming, Inc., NC Swimming, Greensboro Community YMCA, Bryan Family YMCA and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**Head Coach's Signature:** \_\_\_\_\_