

**RAC YMCA Mini Meet  
JF Hurley Family YMCA  
February 12, 2011**

**Sanction:**

This is a closed YMCA meet. The meet will be USA Swimming approved and will be conducted in accordance with current USA Swimming Technical Rules. **Approval # NC11025AP.**

**Facility Information:**

JF Hurley YMCA  
828 Jake Alexander Blvd. NW  
Salisbury, NC 28147  
(704) 636-0111

The pool is an eight-lane, 25 yard pool with non-turbulent lane lines and stationary starting blocks. Pool is 7 feet deep on the start end and 4 feet deep on the turn end, with lane widths of just under 7 feet. Electronic timing and computer results will be used. Spectator seating is available. The pool is not certified by USA Swimming.

**Parking:**

Parking will be available in the main YMCA parking lot in front of the building.

**Schedule:**

Saturday  
Warm Up: 11:00 AM  
Meet Start: 12:00 PM

**Eligibility:**

This is a YMCA meet. All swimmers must be members of a YMCA swim team. Swimmers ages will be determined as of February 12, 2011.

RACY welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit RACY's ability to accommodate all requests.

**Classification:**

This is an Age Group/Senior meet with no minimum or maximum time standards.

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**Format:**

This meet will be conducted in accordance with current USA Swimming Technical Rules, the NCS Swimming Handbook, and the NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

1. All events will be swum as timed finals.
2. Scratches and deck entries will be taken until 30 minutes prior to the start of each session.
3. The referee and meet management reserve the right to combine heats.
4. Depending on entry numbers, we may include 5 or 10 minute (maximum) breaks in between events at the discretion of the Meet Referee and the Meet Director. All breaks will be discussed during the coaches meeting if they are needed.

**Awards:**

Individual Events: 1<sup>st</sup> – 8th place ribbons

Relay Events: 1<sup>st</sup> – 3rd place ribbons

**Entry Limit:**

Four (4) individual entries and two (2) relay events per day. There is no limit on relay entries per team.

**Entries:**

Entries will be accepted in HY-TEK format and must be received no later than **8 PM on February 1, 2011**. Entries must be submitted electronically. Deck entries will be accepted to fill empty lanes. Please send any correspondence relating to entries via e-mail to Ben Humphrey at [bhumphrey@rowanymca.com](mailto:bhumphrey@rowanymca.com). Include team name, swimmer, and/or events in question.

**Mail to:**

Ben Humphrey  
828 Jake Alexander Blvd. NW  
Salisbury, NC 28147  
(704) 636-0111

**E-mail to:**

[bhumphrey@rowanymca.com](mailto:bhumphrey@rowanymca.com)

**Entry Fees:**

\$10.00 flat fee per swimmer.

**Make checks payable to Rowan Aquatic Club YMCA. Clubs should submit a single check payable to Rowan Aquatic Club YMCA for the full amount due. All fees must be paid prior to any swimmer entering the pool.**

**Warm Ups:**

Warm up lanes will be assigned prior to the start of the meet.

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**Coaches Meeting:**

Coaches must check in at Clerk of Course and provide current coaching credentials to be allowed on deck. A coaches meeting will be held fifteen (15) minutes prior to the start of the session.

**Officials Meeting:**

An officials meeting will be conducted 30 minutes prior to the start of the session on the pool deck.

**Meet Referee:**

Jay Stevens ([jstevens13@carolina.rr.com](mailto:jstevens13@carolina.rr.com))

**Meet Director:**

Jamie Knorr ([swimmomof5@gmail.com](mailto:swimmomof5@gmail.com))

**Meet Marshal:**

TBD

**Concessions:**

Concessions may be sold on the pool deck.

**Release:**

USA swimming, Inc., North Carolina Swimming, Inc., JF Hurley Family YMCA, Rowan Aquatic Club YMCA swim team (RACY), and the YMCA of Rowan County shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**Safety:**

The NCS Safety Program is in effect for this meet. Coaches are required to closely supervise their swimmers at all times. In the event that a swimmer or others associated with a team are found to be violating posted rules for use of the JF Hurley Family YMCA or any other restrictions that are posted for the safety of the people in attendance or to protect JF Hurley Family YMCA property the individuals will be reported to the Meet Director or one of the Meet Marshals who will notify the coach. Any coach notified will be expected to take appropriate disciplinary action up to and including expulsion of the person from the meet. The Meet Director, Meet Marshal, or Referee may also take disciplinary action.

“Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.”

# Order of Events

Saturday, February 12, 2011 - Warm Ups: 11:00 AM, Meet Start: 12:00 PM

Girl's Event #	Age Group Distance & Stroke	Boy's Event #
1	8 & Under 100 Medley Relay	2
3	10 & Under 100 Medley Relay	4
5	11-12 200 Medley Relay	6
7	6 & Under 25 Back	8
9	7-8 25 Back	10
11	9-10 50 Back	12
13	11-14 50 Back	14
15	Senior 50 Back	16
17	6 & Under 25 Breast	18
19	7-8 25 Breast	20
21	9-10 50 Breast	22
23	11-14 50 Breast	24
25	Senior 50 Breast	26
27	6 & Under 100 IM	28
29	7 & 8 100 IM	30
31	9-10 200 IM	32
33	11-14 200 IM	34
35	Senior 200 IM	36
37	6 & Under 25 Fly	38
39	7-8 25 Fly	40
41	9-10 50 Fly	42
43	11-14 50 Fly	44
45	Senior 50 Fly	46
47	6 & Under 25 Free	48
49	7-8 25 Free	50
51	9-10 50 Free	52
53	11-14 50 Free	54
55	Senior 50 Free	56
57	8U 100 Free Relay	58
59	10 & Under 200 Free Relay	60
61	11-12 200 Free Relay	62

**RAC YMCA Mini Meet**  
**February 12, 2011**  
**Financial Summary Sheet**

Age Group	Total # of Swimmers @ \$10.00
8 & Under Girls	
9 - 10 Girls	
11 – 12 Girls	
13 – 14 Girls	
15 & Over Girls	
8 & Under Boys	
9 - 10 Boys	
11 – 12 Boys	
13 – 14 Boys	
15 & Over Boys	

<b>Total Entry Fee:</b>	
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Make checks payable to: **Rowan Aquatic Club - YMCA**  
 Return this summary sheet with entry feels, roster, disk, and entry forms to:

**Mail Hard Copy Entries to:**  
 Ben Humphrey  
 Rowan Aquatic Club - YMCA  
 828 Jake Alexander Blvd. NW  
 Salisbury, NC 28147  
 (Phone) (704) 636-0111

**Email Entries File to:**  
[bhumphrey@rowanymca.com](mailto:bhumphrey@rowanymca.com)

**Coach:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Club:** \_\_\_\_\_ **Club Code:** \_\_\_\_\_ **LSC:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_  
**(For Final Results)** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Secondary Contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**E-Mail:** \_\_\_\_\_

**Number of Coaches Attending Meet:** \_\_\_\_\_

**USA swimming, Inc., North Carolina Swimming, Inc., JF Hurley Family YMCA, Rowan Aquatic Club YMCA swim team (RACY), and the YMCA of Rowan County shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.**

**Coaches Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_