



2012 Charlotte UltraSwim May 10-13, 2012 Charlotte, North Carolina

MEET INFORMATION

- HOSTS** [SwimMAC Carolinas](http://www.charlotteultraswim.com); Visit Charlotte; Mecklenburg County Park & Recreation Department.
www.charlotteultraswim.com
- SANCTION** Sanctioned by USA Swimming, Inc.; issued by North Carolina Swimming, Inc. NCS Sanction # **NC12024**.
- MEET REFEREE** [John Wilson](#)
- MEET DIRECTORS** [Joe Piscitelli](#); [Meredith Stillman](#); [Donna Johnson](#)
- MEET MARSHALL** Bo Wheeler
- MEET SCHEDULE**
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|--|--------------------------|---------------|---------|--------|---------|
| | Thursday, May 10 | Timed Finals | 4:00 PM | | |
| | Friday-Sunday, May 11-13 | Preliminaries | 9:00 AM | Finals | 6:00 PM |
- WARM-UP SCHEDULE**
- | | |
|-----------------------------------|--|
| Tuesday, May 8 | 8:00 AM- 11:00 AM (LC); 2:00-4:00 PM (SC); 8:00 PM- 9:00 PM (SC) |
| Wednesday, May 9 | 5:30 AM- 4:00 PM and 8:00 PM- 9:00 PM (Short Course) |
| Thursday, May 10 | 9:00 AM- 3:50 PM 7:30 PM – 9:30 PM |
| Friday-Sunday, May 11, 12, and 13 | 6:30 AM- 8:50 AM 4:30-5:50 PM |
| Monday, May 14 | 5:30 AM- 11:00 AM |
- FACILITY** Mecklenburg County Aquatic Center, 800 E. Martin Luther King, Charlotte, NC 28204. The MCAC includes an indoor 8-lane 50-meter competition pool with minimum depth 6 ft at scoreboard end and 15 feet at deep end, non-turbulent lane lines, lane width 9 ft, separate 4-lane 25-yard warm-up pool, Colorado 5000 timing system and scoreboard, spacious locker rooms, and ample spectator seating. Astral starting blocks will be used for competition in accordance with the USA Swimming diving depth guidelines. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming and SwimMAC Carolinas, Inc.
- ELIGIBILITY** All swimmers must be currently registered members of USA Swimming (or other FINA membership) and have met the time standard requirements. There will be no on deck registration.
- QUALIFYING** The 2012 time standards are based on the 2012 Long Course Junior National Meet. All events require the Junior National "A" standards. Relays do not have qualifying standards but teams are limited to 2 relays for each relay event. The qualifying period is September 1, 2010 through the entry deadline. Standards are listed on Page 4.
- SEEDING** Events shall be seeded in order of Long Course Meters; Short Course Yards.
- MEET FORMAT** All events except the 800 and 1500 Freestyles will be conducted on a Preliminaries and Finals basis. Eight swimmers will qualify for an A, B, and C heat in the Finals. In the Finals, the C heat will swim first, followed by the B heat, and concluding each event with the A heat. All relay events are Timed Finals with all the heats in Finals with the exception of the 400 Medley Relay. On Sunday, relays may opt to swim during the AM or PM session. All morning relay heats will begin 10 minutes following the conclusion of the last individual event of the day in Prelims.

800/1500 FREE	<p>Thursday: The Women's 1500 Free and the Men's 800 Free will swim as Timed Finals and will swim fastest to slowest, alternating women and men.</p> <p>Sunday: The Women's 800 Free and the Men's 1500 Free will swim as Timed Finals, with the fastest heat of each event in the Finals; all other heats will swim fastest to slowest, alternating women and men, following the Prelims.</p>
400 IM/400 FREE	<p>In the prelims, the 400 IM and 400 Free will be swum in the following order - the four fastest women's heats then the four fastest men's heats swum slowest to fastest (the fastest three will be circle seeded). The remaining preliminary heats will be swum fastest to slowest, alternating women's and men's heats.</p>
RULES	<p>Unless otherwise noted herein, this meet shall be conducted in accordance with the 2012 USA Swimming Rules and Regulations and NCS Safety Program, except where rules therein are optional and exceptions herein stated. Coaches must present a USA Swimming/FINA coach card at check-in and must display those credentials on deck. SwimMAC Carolinas welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SwimMAC Carolinas' ability to accommodate all requests. Please note that use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p>
SAFETY	<p>Marshals will be in place during warm-up periods. North Carolina Swimming safety rules will be in effect and will be enforced. A warm-up schedule is enclosed and will be posted in the venue. Any swimmer entered in the meet unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or of the swimmer's legal guardian to ensure compliance with this requirement.</p>
SCORING	<p>Scoring will be in accordance with current USA Swimming Rules and Regulations for 8-lane pools for Championship and Consolation Finals.</p>
AWARDS	<p>Individual Events: First, Second, and Third Places Relay Events: First Place Individual High Point: First Place (men and women) Meet Record Fund: Cash awards for eligible athletes.</p>
ENTRY LIMIT	<p>A swimmer may enter as many events as he or she wishes, provided that he or she has met the qualifying time standard requirements. However, he or she may participate in a maximum of seven individual events, with no more than three individual events per day. The 800 and 1500 Freestyles may be limited to the six fastest heats, men and women. The 400 Freestyle and the 400 IM may be limited to the eight fastest heats, men and women. <u>Meet host reserves the right to limit meet to 550 swimmers.</u> <i>Entries from USA Athlete Members will be accepted through OME beginning TUESDAY, MARCH 27, 2012, at 11 AM EDT. The Meet Entry Limit will be STRICTLY ENFORCED and OME will be closed when the entry limit is reached. Times may be updated until the meet entry deadline, April 30, 2012 in OME.</i></p>
ENTRY PROCEDURE	<p>All USA Swimming Athlete Member entries must be done using USA Swimming OME (online meet entry). Entries can be done at www.usaswimming.org/ome. Please contact Josh Fowler at USA Swimming with any questions on the OME system at (719) 866-3581 or (719) 439-3088 – jfowler@usaswimming.org. Payment for OME is requested by using Visa, MasterCard, American Express or Discover or through PayPal on website. Please contact the entry chair to make payment via check. Once you have paid for your entry, you can add events to your entry but you cannot delete events. Entries will not be considered accepted until entry fees are received. After you have completed your entries, you will be sent a confirmation email. Please bring a copy of all communications with you to the meet. FINA entries (non-OME) are preferred electronically; please contact Richard Pockat at entry@charlotteultraswim.com. Entry for Non-USA Swimming member athletes (foreign) will begin on Wednesday, March 28, 2012 at 11 AM EDT and must be made directly through the Entry Chair. Invitations for foreign federations will be arranged through the Entry Chair. Entry fees for foreign athletes can be made directly through the PayPal link on www.charlotteultraswim.com.</p>

ENTRY FEES	Individual Events	\$10.00 per event	
	Relay Events	\$20.00 per event	
	Facility Surcharge	\$15.00 per swimmer	
	NC Swimming Surcharge	\$3.00 per swimmer	
ENTRY DEADLINE	Open entries may be submitted online beginning TUESDAY, MARCH 27, 2012, at 11 AM EDT , through the USA Swimming website using OME, www.usaswimming.org/ome . Online entries will be accepted until Monday, April 30, 2012 , at 6:00pm (CST), or <u>until the maximum # of entries is reached</u> . <i>We highly suggest that you enter early, as entries are limited.</i>		
CHECK-IN	The 400, 800, and 1500 Freestyles and the 400 Individual Medley require a positive check-in, in order to be seeded into the event. Other events do not require a check-in, but notification of scratches will be appreciated. A whole-meet scratch form will be available at Clerk of Course. Relay cards must be submitted by 6:30 pm each evening to the Referee, prior to the event.		
COACH MEETING	There will be a general meeting for coaches at 2:00 PM on Thursday, May 10 th , to discuss procedures and facilities with meet officials. Meeting location to be announced.		
OFFICIALS MEETING	An Officials meeting will be held one hour prior to competition. Meeting location will be announced.		
SCRATCH & POSITIVE CHECK-IN DEADLINES	DAY OF EVENT	SCRATCH DEADLINE	CHECK-IN DEADLINE
	Thursday, May 10	3:00 PM, Thursday, May 10	3:00 PM Thursday, May 10
	Friday, May 11	7:00 PM, Thursday, May 10	9:30 AM, Friday, May 11
	Saturday, May 12	7:00 PM, Friday, May 11	9:30 AM Saturday, May 12
	Sunday, May 13	7:00 PM, Saturday, May 12	9:30 AM, Sunday, May 13
	All relay cards are due to the Administrative referee no later than 6:30 PM. <i>Relays entered in the 400 Medley Relay must declare their intentions to swim either in the morning or in Finals.</i>		
SCRATCH PENALTIES	There is no penalty for failing to compete in a preliminary, timed final, or relay heat, <u>except an individual event in which a swimmer has not scratched prior to the appropriate deadline will be counted toward that swimmer's seven-event limit.</u> A swimmer qualifying for an A, B or C Final who fails to compete shall be barred from the remainder of the meet, unless excused by the Administrative Referee for one of the following reasons:		
	<ol style="list-style-type: none"> 1. The Referee receives and accepts notification of illness or injury; 2. A swimmer qualifying for an A, B or C Final based on the results of the prelims notifies the Referee within 30 minutes after the announcement of the qualifiers for that race that he or she may not compete, and further declares his/her final intention following his/her last preliminary event; or 3. The Referee determines that failure to compete is caused by circumstances beyond the swimmer's control. 		
TIME TRIALS	Time Trials will be conducted at the discretion of the Meet Referee. Time Trials, if offered, will be available to swimmers attempting to achieve Junior National qualifying standards or higher. <i>Only swimmers entered in an individual event in this meet are eligible to participate in time trials.</i> Entry fees for time trials will be \$15.00 per individual event. Time trials count toward a swimmer's individual event total for each day, but not the meet total.		
SPECTATOR FEE	Daily and Meet admission fees will be published on the website, www.charlotteultraswim.com .		
MEET HOTELS	Please see http://www.charlotteultraswim.com regarding hotels and transportation.		
NATIONAL OFFICIALS EVALUATION	Application as an Officials Qualifying Meet (OQM) [N2/N3 All Positions] has been made to USA Swimming. Officials wishing to be evaluated will find the form on the Charlotte UltraSwim website to be submitted to the Local Officials Coordinator, Chris Kitchens . Evaluation requirements are found at USA Swimming .		
RELEASE	USA Swimming, Inc., North Carolina Swimming, Inc., and SwimMAC Carolinas, Inc., shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.		

FOR QUESTIONS OR MORE INFORMATION, PLEASE email the [meet directors](#) or [meet management](#).

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ORDER OF EVENTS

Women			Thursday May 10, 2012	Men		
Event #	LCM	SCY	Event	SCY	LCM	Event #
1	17:20.49	16:42.49	1500 Freestyle			
			800 Freestyle	09:15.19	08:27.89	2

Women			Friday May 11, 2012	Men		
Event #	LCM	SCY	Event	SCY	LCM	Event #
3	02:05.49	01:48.59	200 Freestyle	01:39.49	01:55.49	4
5	01:13.89	01:03.49	100 Breaststroke	56.39	01:06.69	6
7	01:04.99	55.09	50 Backstroke	50.29	59.39	8
9	01:02.99	54.59	100 Butterfly	49.59	57.09	10
11	04:59.69	04:16.79	400 Individual Medley	03:54.79	04:35.49	12
13	01:13.89	01:03.49	50 Breaststroke	56.39	01:06.69	14
15			400 Freestyle Relay			16

Women			Saturday May 12, 2012	Men		
Event #	LCM	SCY	Event	SCY	LCM	Event #
17	02:18.19	02:00.19	200 Butterfly	01:49.09	02:06.29	18
19	26.89	23.09	50 Freestyle	20.69	24.29	20
21	01:04.99	55.09	100 Backstroke	50.29	59.39	22
23	04:23.79	04:51.09	400 Freestyle	04:30.19	04:05.19	24
25	02:39.49	02:16.69	200 Breaststroke	02:02.39	02:24.49	26
27	01:02.99	54.59	50 Butterfly	49.59	57.09	28
29			800 Free Relay			30

Women			Sunday May 13, 2012	Men		
Event #	LCM	SCY	Event	SCY	LCM	Event #
31	09:03.49	10:02.79	800 Freestyle			
32	02:22.19	02:01.79	200 Individual Medley	01:50.09	02:09.49	33
34	02:19.49	01:58.89	200 Backstroke	01:49.19	02:08.19	35
36	58.19	50.29	100 Freestyle	44.99	52.59	37
			1500 Freestyle	15:44.29	16:14.29	38
39			400 Medley Relay			40

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Warm-Up Procedures

The Warm-Up Marshall shall monitor all warm-up sessions. All meet participants are expected to follow the guidelines outlined below. The Warm-up Marshall will make any adjustments to this schedule.

GENERAL WARM-UP

9:00 AM to 2:30 PM, Thursday
6:30 AM to 7:30 AM, Friday through Sunday

- Enter the pool from the starting end only.
- During this period the pool will be open for general warm-up only. No paddles allowed.
- Requests for specific lane use other than general warm-up should be made to the Warm-up Marshall.

SESSION 1 SPECIFIC WARM-UP

2:30 PM to 3:30 PM, Thursday
7:30 AM to 8:25 AM, Friday through Sunday

Lane 1 Push 50's and 100's
Lane 2 Dive 25's & 50's from starting end only
Lanes 3 to 8 General warm-up (no diving)

SESSION 1 SPECIFIC WARM-UP

3:30 PM to 3:50 PM, Thursday
8:25 AM to 8:50 AM, Friday through Sunday

Lanes 1 & 8 Push 50's & 100's
Lanes 2 & 7 Dive 25's & 50's from starting end only
Lanes 3 to 6 General warm-up (no diving)

Only those swimmers competing in the Prelims 1 Session will be permitted to warm up between 8:00 AM and 8:55 AM.

In the event it becomes necessary to split the preliminaries into two tiers, the following warm-up schedule will be in effect for the second preliminary session:

SESSION 2 SPECIFIC WARM-UP

12:00 PM to 12:30 PM, Friday through Sunday

Lane 1 Push 50's & 100's
Lane 2 Dive 25's & 50's from starting end only
Lanes 3 to 8 General warm-up (no diving)

SESSION 2 SPECIFIC WARM-UP

12:30 PM to 12:55 PM, Friday through Sunday

Lanes 1 & 8 Push 50's and 100's
Lanes 2 & 7 Dive 25's & 50's from starting end only
Lanes 3 to 6 General warm-up (no diving)

ALL FINALS SESSIONS

The guidelines for each Finals session will be the same as above with the exception that the general warm-up will start at 4:30 PM, and specific warm-up will start at 5:20 PM. These guidelines are in effect except as modified by the Meet Referee.

NOTE: ONLY THOSE SWIMMERS COMPETING IN THE FINALS SESSION WILL BE PERMITTED TO UTILIZE THE COMPETITION POOL BETWEEN 5:20 AND 5:55 PM.

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Please see www.charlotteultraswim.com for hotel, car rental and other travel information.

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