

**2011 NC SHARK'S AQUATICS CLUB 7th ANNUAL
SUMMER INVITATIONAL
JUNE 10 –12, 2011
Shelby City Park, Shelby, NC**

Sanction: Held under the sanction of the United States Swimming Inc.
Issued by North Carolina Swimming Inc. Sanction#NC11068.

Site Information: The ten lane outdoor competition pool has eight-foot wide lanes equipped with 6 inch Competitor "Wave Eater" lane lines. The pool itself is a deck level design that allows for turbulence reduction in all lanes. Pool depth ranges from 4 feet to 13 feet deep. An adjacent outdoor, 3 lane 25-yard warm down pool, located approximately 20 feet from lane 1, will be available during competition on all three days. The 50 meter pool is not certified with USA Swimming. Colorado Electronic timing system will be used in conjunction with a Daktronics 10-Lane scoreboard, bleacher seating for 150 spectators is available. A covered concession and vendor area will accommodate 120 as well. Stainless steel blocks are permanently mounted, 4 feet above the water line, in the shallow end of the pool. The pool has ample deck area for team tents and folding chairs. Dressing areas without lockers are available.

Rules: The meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Official Handbook and NCS Safety Program, except where rules therein optional and exceptions are herein stated.

Classification: The meet shall be an **OPEN** meet.

Eligibility: All swimmers must be registered with the USA Swimming Inc.

Entries: Please list swimmers age as of the first day of the meet. Submit entries with long course meter times by email or on disk using the Hy-tek program if possible. **We will limit entries to the first 450 properly registered athletes.** Late entries will be accepted at the discretion of the Meet Director at double the entry fee.

Entry Deadline: All entries, fees and summary forms are due on June 1, 2011.

Entry Limit: Swimmers may enter 4 individual events per day plus relays.

Entry Fees: \$2.00 per individual event, \$8.00 per relay, \$3.00 NCS travel fund, \$8.00 per swimmer facility surcharge. Make checks payable to SAC.

Payment of entry fees must be by check payable to Sharks Aquatic Club prior to competition.

Mail Entries to: David Messenger
802 Meadowbrook Road
Kings Mountain, NC 28086
Or Email: sharks_coachdave@yahoo.com

Meet format: Timed finals

Seeding: All individual events except those that are **400** meters or longer shall be pre-seeded. Individual events 400 meters and longer shall require positive check by 15 minutes before the conclusion of Warm-up. Failure to check in will result in the swimmer being scratched from the event. The North Carolina Scratch Rule will be in effect. Relay events will be pre-seeded and they will not require positive check-in. Relay cards listing the swimmers' names for each relay must be turned into the head timer before their relay is swum. Relay cards will be available for each team in their team packet. Only the 1500 free shall be swam fastest to slowest alternating heats of women and then men.

Disability: SAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SAC's ability to accommodate all requests.

Race Start: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Awards: Ribbons will be given to the top ten places in the individual events and to the top three places in relay events.

Scoring: Ten and under events will be scored as 8 & under and 10 & under. The open events will be scored as 13-14 and 15 and over. We will use ten place scoring with points doubled for relays.

Warm-up: Team lane assignments will be issued and posted. General warm-up during the first thirty minutes will be circle swimming only and **NO DIVING**. The next twenty minutes will be specific warm-up. Lanes 1 and 10 will become pace lanes. Lanes 2 & 9 will remain general warm. Lanes 3, 4, 5, 6, 7 and 8 will be for one way dive start lanes.

Warm-up Times: Friday--5:00 PM until 6:00 PM
Saturday & Sunday AM (13 and over) 7:30 AM until 8:30 AM
Saturday & Sunday PM (12 and under) Not before 12:30 PM

Set-Up: Friday, June 10th, teams are welcome to enter the facility and set up after 4:00PM. Gates will be closed for public swim until this time.

Smoking: Is strictly prohibited on deck at the Shelby City Park during SAC events.

Warm-up Pool: Restricted to USA Swimmers. Only swimmers participating in that session's events may enter warm up pool.

Timers: Swimmers will need to supply their own timers for the 1500, 400 IM and 400 Free.

Safety: The North Carolina Safety Program will be in effect. Coaches and parents must supervise their children. No horseplay will be tolerated. Glass containers are prohibited. Only properly registered swimmers participating in the meet may enter the competition or the warm down pool.

Coaches Meeting: Coaches meeting will be Friday at 4:30 PM in the hospitality room, if deemed necessary. All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck.

Officials Meeting: There will be an officials meeting 30 minutes prior to each session in hospitality.

Meet Director: David Messenger 704-907-1983

Meet Marshal: Curtis Hopper

Meet Referee: Jim Riggs

Meet Coordinator: Rob Martelle

Hospitality: Will be provided for coaches and officials

Directions: Posted on www.sharksaquaticclub.com

Release: “USA Swimming, Inc., North Carolina Swimming, Inc., and Sharks Aquatics Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.”

Order of events

Female events are odd numbers.

Male events are even numbers.

Friday PM Warm-up 5:00 PM. Meet Start @ 6:00 PM

Event#

1-2	Open	1500 Free
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Saturday AM Warm-up 7:30 AM. Meet Starts @ 8:30 AM

Event#

3-4	Open	200 Medley Relay
5-6	Open	200 Free
7-8	Open	200 Breast
9-10	Open	100 Back
11-12	Open	200 Fly
13-14	Open	100 Free
15-16	Open	400 IM

Saturday PM Warm-up 12:30PM. Meet Starts @ 1:30PM

Event#

17-18	10 & U	200 Medley Relay
19-20	11-12	200 Medley Relay
21-22	10 & U	200 IM
23-24	11-12	200 IM
25-26	10 & U	50 Free
27-28	11-12	50 Free
29-30	10 & U	100 Breast
31-32	11-12	50 Breast
33-34	10 & U	50 Back
35-36	11 & 12	100 Back
37-38	10 & U	100 Fly
39-40	11-12	50 Fly

Sunday AM Warm-up 7:30 AM. Meet Starts @ 8:30

Event#		
41-42	Open	200 IM
43-44	Open	50 Free
45-46	Open	100 Breast
47-48	Open	200 Back
49-50	Open	100 Fly
51-52	Open	200 Free Relay
53-54	Open	400 Free

Sunday PM Warm-up 12:30 PM. Meet Starts @ 1:30 PM

Event#		
55-56	10 & U	200 Free Relay
57-58	11-12	200 Free Relay
59-60	10 & U	100 Free
61-62	11-12	100 Free
63-64	10 & U	50 Breast
65-66	11-12	100 Breast
67-68	10 & U	100 Back
69-70	11-12	50 Back
71-72	10 & U	50 Fly
73-74	11-12	100 Fly
75-76	10 & U	200 Free
77-78	11-12	200 Free

**Entry Summary Sheet
SAC INVITE
SHELBY CITY PARK, SHELBY, NC**

TEAM NAME _____

OFFICIAL
ABBREVIATION _____ COACH _____

ADDRESS _____ EMAIL _____

CITY _____ STATE _____ ZIP _____

TOTAL INDIVIDUAL ENTRIES _____ X \$2.00 ENTRY FEE \$ _____

TOTAL NUMBER OF RELAYS _____ X \$8.00 PER RELAY \$ _____

TOTAL NUMBER OF SWIMMERS _____ X \$9.00 SURCHARGE \$ _____

MAKE CHECKS PAYABLE TO SAC **TOTAL DUE** \$ _____

Return this summary sheet with entry fees to:

David Messenger
802 Meadowbrook Rd.
Kings Mountain, NC 28086

USA Swimming, Inc., North Carolina Swimming, Inc., and Sharks Aquatics Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.”

Signature of Coach or Team Official: _____

Club: _____

Date: _____ Title: _____