

**23<sup>rd</sup> ANNUAL  
Furniture City Long Course Invitational**

Sponsored by 

**Prelim/Final Meet  
and Age Group - Senior Development Bonus Afternoon Sessions**

**High Point City Lake Park Pool  
High Point, North Carolina  
June 10-12, 2011  
revised 4/19/2011**

- Sanction:** Conducted under sanction of USA-Swimming, Inc. issued by North Carolina Swimming, Inc. Sanction Number: NC11069
- Sponsor:** High Point Swim Club, Inc. and the High Point Parks and Recreation Department
- Facility:** High Point City Lake Park Pool is an 8-lane, 50 meter competition course with WaveEater non-turbulent lane ropes. Starting depths are 5 feet off permanently mounted Paragon starting blocks on both ends of the pool. There is an 8-lane 25-yard warm-up, warm-down area adjacent to the competition course. A gym and spectator seating overlook the pool. There is plenty of deck space for swimmers, coaches, and officials. The park has picnic areas, a playground, miniature golf, train ride, carousel, and a water slide so bring the entire family.  
This pool is NOT certified by USA-Swimming
- Hotel Info:** See latest information and links for new local hotels on [www.polarbearswim.org](http://www.polarbearswim.org).
- Timing:** The Colorado System timing system and 8 lane display scoreboard. Hy-Tek Meet Manager software will be used.
- Rules:** This meet will be conducted under the 2011 USA Swimming Rules and Regulations and the North Carolina Swimming Handbook except as noted herein. The NCS scratch rule will be in effect. The scratch rule is attached. *All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck.*
- Eligibility:** All swimmers must be currently USA Swimming registered. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- DISABILITY STATEMENT:** HPSC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and or registered service animals. Failure to provide advance notice may limit HPSC's ability to accommodate requests.
- Classification:** The prelim/finals sessions are limited to those swimmer's that have achieved a minimum for their age of the NAG "BB" in the 200's and shorter and the NAG "A" in the 400's. The

standard is listed per event below. Entries to the AM session will not be accepted if entered with "NT".

Afternoon sessions are open to all registered swimmers not qualified for the prelim/finals am sessions.

**Format:**

All prelim/final morning events will be swum as prelims and finals with exception of SUNDAY events and as noted below. For prelims, all ages will be combined into one single event. The evening championships will swum by respective age groups: one heat of 10 –Under, 11-12, 13-14, 15-Over in event order with exceptions as noted. There will also be a non-scoring bonus final for the 9<sup>th</sup> through 16<sup>th</sup> preliminary swimmers for 15-Overs.

All 200, 400 Events: 400 individual events will be deck seeded. 200 M events may be deck seeded at the discretion of meet management due to session length. Check-in for each event will end at the conclusion of warm-up daily. Swimmers not properly checked in will be scratched from that event. **For 400 M prelim/final morning meet events, the minimum time standard is the NAG "A" time for all age groups. For 200 M prelim/final morning meet events, the minimum time standard is the NAG "BB" time for 13-14 and 15- Over age groups. High Point Swim Club reserves the right to add up to 8 exhibition swimmers to events 400 and longer, provided they will not put the session length over the 4 hours.**

**400 IM (Include Proof of Time for prelim/final morning meet entries)**

- Scored as three age groups for the morning A session: 11-12, 13-14 and 15-Over Timed Final.
- Limited to fastest 24 seeded swimmers per sex per age group (14-Under and 15-Over for morning A session and 13/14 and 15-Over for afternoon BB session).
- Swum slowest to fastest by age group during prelims or afternoon timed finals
- Evening Finals will be used to swim the fastest properly checked in swimmers.
- One heat of 11-12, 13-14 and two heats of 15-Over will swim at night.

**400 Free (Include Proof of Time for prelim/final morning meet entries)**

- Scored as three age groups for the morning A session: 11-12, 13-14 and 15-Over Timed Final.
- Limited to fastest 24 seeded swimmers per sex per age group (14-Under and 15-Over for morning A session and 13/14 and 15-Over for afternoon BB session).
- Swum slowest to fastest by age group during prelims or afternoon timed finals
- Evening Finals will be used to swim the fastest properly checked in swimmers.
- One heat of 11-12, 13-14 and two heats of 15-Over will swim at night.

**200 Butterfly, Breaststroke, and Backstroke**

- Will be contested in three age groups: 11-12, 13-14 and 15-Over.
- The 11-12 events will be swum in the prelim sessions only and contested as timed final. The 13-14 and 15 and Over will be swum as prelim final with the top 8 13-14 and top 16 15 and Over swimming at finals.
- **All afternoon events will be swum as Timed finals.**

**Prelim/Final Session Relays**

- Will be contested in three age groups: 11-12, 13-14 and 15-Over.
- The relays will be swum as follows: The fastest 8 relays, after positive check in closes, will swim in finals. The remaining positively checked in relays will swim in the prelim sessions.
- All relays are eligible to score.
- Each team is allowed to enter 2 relays. Only one relay per club will be scored.

**Entry Limit:**

Prelim/Final meet swimmers competing may enter 3 events per day, with a meet limit of 8. Those over entered will be removed from the events that put them over the limit of 8 events for the meet.

Swimmers entered only in the Age Group – Senior Development afternoon sessions may enter 4 events per day with no meet limit.

**Entries:** **Entries submitted in Hy-Tek Team Manager format require no hard copy entry forms. “NT” will NOT be accepted for entry in to the morning Prelim/Final portion of the meet.** The summary sheet included here may be used as needed to calculate required fees. Email is preferred for electronic entries, but disks are also acceptable and fees must be received by the entry deadline. Submit Long Course Times Only, show swimmer’s age as of June 10, 2011. Late entries will be accepted at the discretion of the meet director. We reserve the right to refuse late entries. Late entries will be charged double entry fees. We reserve the right to limit the meet to 300 properly registered swimmers for the morning session and 250 registered swimmers for the afternoon sessions in order to maintain session start times. You will be immediately notified if your entries are not accepted.

**Entry Deadline:** Tuesday, May 31, 2011 at 12:00 noon.

|              |                       |                       |                     |
|--------------|-----------------------|-----------------------|---------------------|
| <b>Fees:</b> | Individual events     | Prelim/Final Sessions | \$3.50 per event    |
|              |                       | Age Group – Senior    | \$2.50 per event    |
|              |                       | Development Sessions  |                     |
|              | Relay events          |                       | \$8.00 per relay    |
|              | Facility Surcharge    |                       | \$12.00 per swimmer |
|              | Travel Fund Surcharge |                       | \$3.00 per swimmer  |

Make check payable to **HIGH POINT SWIM CLUB**. Fees must accompany your entries and are not refundable.

**Send entries to:** High Point Swim Club  
 c/o **23<sup>rd</sup> Annual FCI**  
 PO Box 5815  
 High Point NC 27262  
 Email: meetentries@polarbearswim.org

**Scoring:** Only Prelim/Final meet events will be scored.  
 Individual events score 9-7-6-5-4-3-2-1.  
 Relay events score 18-14-12-10-8-6-4-2.

**Awards:** Team awards for first three places and high point awards per age group will be awarded for Prelim/Final meet events only. Individual awards 1<sup>st</sup> through 8<sup>th</sup> will be awarded for events, (P/F and Afternoon Session) by age group (10-Under, 11-12, 13-14, 15 & Over) for all sessions.

**Safety:** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horse play will be tolerated.

|                  |                  |  |                                   |
|------------------|------------------|--|-----------------------------------|
| <b>Warm-ups:</b> | First 30 minutes | general warm-up. NO DIVING, all lanes. |                                   |
|                  | Last 25 minutes  | Lanes 1 & 8                            | Pace work, No diving              |
|                  |                  | Lanes 2, 3, 6, & 7                     | Competition starts, one-way swims |
|                  |                  | Lanes 4 & 5                            | General warm-up, no diving        |

The contiguous short course pool will be open for general warm-up throughout the meet with NO DIVING. These procedures may be modified at the discretion of the meet director/referees to accommodate specific situations.

**Schedule:** Morning warm-ups begin at 7:00 AM. Prelims start at 8:15 A.M. Afternoon warm-ups begin no earlier than 12:00 with competition 45 minutes later. Evening championships warm-ups will be 5:00 P.M. and start competition at 6:00 P.M. on Friday and Saturday. Out of State teams may practice Thursday evening from 6:45 PM until 8:00 PM but **must** call Head Coach Aaron Reeves for arrangements.

**Coaches and Officials Meeting:** There will be a coaches meeting on Friday June 10<sup>th</sup> beginning at 6:50 AM in the Hospitality area. Officials will meet 30 minutes prior to each session in the Hospitality area.

**Meet Officials:**

|                 |                    |                |
|-----------------|--------------------|----------------|
| Meet Director   | Stuart Nunn        |                |
| Meet Referee    | Skip Queen         |                |
| Meet Marshall   | Dick Cottam        |                |
| Other Questions | Coach Aaron Reeves | (336) 887-4772 |

Please provide names and phone numbers of certified officials who may be willing to work at this meet. We also appreciate volunteer timers.

**Hospitality:** Our club takes great pride in providing a first class hospitality tent for coaches, officials, and timers. Food and drink will be provided throughout the meet.

**Concessions:** A wide variety of food, drinks, and snacks will be available for sale. T-shirts, towels, and swim equipment will also be available. Concessions are located in the gymnasium. Additionally we will have Pannell Swim Shop and Glenn Monogramming (a.k.a The Towel Lady).

**Directions:** High Point is near the intersection of I-40 and I-85 in central North Carolina.

From I-85, take exit 118 off I-85 onto Business 85. Take the first exit turn right. Follow this road to High Point – Greensboro Road, turn left and continue through Jamestown and you will find City Lake Pool on your right.

From I-40, take exit 210 (NC Hwy 68) toward High Point. Turn left at Wendover Avenue then turn at the first right onto Penny Road. Follow Penny Road to the end. Turn left onto Greensboro – High Point Road. The park is on your left about one mile.

# FURNITURE CITY INVITATIONAL

## Order of Events

Friday Prelim/Final Session Events

Warm up at 7:00am Meet start 8:15am

To swim in the Prelim/Final Session swimmers Must be faster than the QT.

"NT" entries will NOT be accepted.

|    |                                   |            |
|----|-----------------------------------|------------|
| 1  | Girls 100 Breaststroke            | Session QT |
|    | 10 & Under                        | 2:02.29    |
|    | 11-12                             | 1:41.89    |
|    | 13-14                             | 1:36.39    |
|    | 15 & Over                         | 1:33.89    |
| 2  | Boys 100 Breaststroke             |            |
|    | 10 & Under                        | 1:59.79    |
|    | 11-12                             | 1:40.89    |
|    | 13-14                             | 1:28.09    |
|    | 15 & Over                         | 1:26.39    |
| 3  | Girls 200 Freestyle               |            |
|    | 10 & Under                        | 3:23.59    |
|    | 11-12                             | 2:50.79    |
|    | 13-14                             | 2:44.39    |
|    | 15 & Over                         | 2:39.49    |
| 4  | Boys 200 Freestyle                |            |
|    | 10 & Under                        | 3:13.99    |
|    | 11-12                             | 2:47.79    |
|    | 13-14                             | 2:35.19    |
|    | 15 & Over                         | 2:28.59    |
| 5  | Girls 100 Butterfly               |            |
|    | 10 & Under                        | 1:55.19    |
|    | 11-12                             | 1:30.79    |
|    | 13-14                             | 1:22.89    |
|    | 15 & Over                         | 1:20.39    |
| 6  | Boys 100 Butterfly                |            |
|    | 10 & Under                        | 1:53.19    |
|    | 11-12                             | 1:29.49    |
|    | 13-14                             | 1:16.99    |
|    | 15 & Over                         | 1:13.39    |
| 7  | Girls 200 IM                      |            |
|    | 10 & Under                        | 3:46.49    |
|    | 11-12                             | 3:14.79    |
|    | 13-14                             | 3:05.69    |
|    | 15 & Over                         | 3:01.19    |
| 8  | Boys 200 IM                       |            |
|    | 10 & Under                        | 3:44.79    |
|    | 11-12                             | 3:13.89    |
|    | 13-14                             | 2:55.99    |
|    | 15 & Over                         | 2:48.89    |
| 9  | Girls 12 & Under 200 Medley Relay |            |
| 10 | Boys 12 & Under 200 Medley Relay  |            |
| 11 | Girls 13 & Over 200 Medley Relay  |            |
| 12 | Boys 13 & Over 200 Medley Relay   |            |

Friday Afternoon Age Group – Senior Development Session Events  
 Warm up no earlier than 12:00 Meet start 45 minutes later  
 To swim in the afternoon session, you must not be faster than the QT.

|    |                                   |                      |
|----|-----------------------------------|----------------------|
| 13 | Girls 100 Breaststroke            | Should Not<br>Faster |
|    | 10 & Under                        | 1:47.00              |
|    | 11-12                             | 1:33.80              |
|    | 13-14                             | 1:29.00              |
|    | 15 & Over                         | 1:26.70              |
| 14 | Boys 100 Breaststroke             |                      |
|    | 10 & Under                        | 1:46.00              |
|    | 11-12                             | 1:32.50              |
|    | 13-14                             | 1:21.30              |
|    | 15 & Over                         | 1:19.70              |
| 15 | Girls 200 Freestyle               |                      |
|    | 10 & Under                        | 2:58.50              |
|    | 11-12                             | 2:37.70              |
|    | 13-14                             | 2:31.80              |
|    | 15 & Over                         | 2:27.20              |
| 16 | Boys 200 Freestyle                |                      |
|    | 10 & Under                        | 2:52.40              |
|    | 11-12                             | 2:34.90              |
|    | 13-14                             | 2:23.30              |
|    | 15 & Over                         | 2:17.20              |
| 17 | Girls 100 Butterfly               |                      |
|    | 10 & Under                        | 1:37.90              |
|    | 11-12                             | 1:22.90              |
|    | 13-14                             | 1:16.50              |
|    | 15 & Over                         | 1:14.20              |
| 18 | Boys 100 Butterfly                |                      |
|    | 10 & Under                        | 1:36.50              |
|    | 11-12                             | 1:21.50              |
|    | 13-14                             | 1:11.10              |
|    | 15 & Over                         | 1:07.70              |
| 19 | Girls 200 IM                      |                      |
|    | 10 & Under                        | 3:19.90              |
|    | 11-12                             | 2:59.80              |
|    | 13-14                             | 2:51.50              |
|    | 15 & Over                         | 2:47.30              |
| 20 | Boys 200 IM                       |                      |
|    | 10 & Under                        | 3:18.90              |
|    | 11-12                             | 2:58.10              |
|    | 13-14                             | 2:42.40              |
|    | 15 & Over                         | 2:35.90              |
| 21 | Girls 12 & Under 200 Medley Relay |                      |
| 22 | Boys 12 & Under 200 Medley Relay  |                      |
| 23 | Girls 13 & Over 200 Medley Relay  |                      |
| 24 | Boys 13 & Over 200 Medley Relay   |                      |

Saturday Prelim/Final Session

Warm up 7:00 am Meet start 8:15 am

|    |                                      |            |
|----|--------------------------------------|------------|
| 25 | Girls 50 Freestyle                   | Session QT |
|    | 10 & Under                           | 40.79      |
|    | 11-12                                | 36.39      |
|    | 13-14                                | 35.19      |
|    | 15 & Over                            | 34.49      |
| 26 | Boys 50 Freestyle                    |            |
|    | 10 & Under                           | 40.19      |
|    | 11-12                                | 35.29      |
|    | 13-14                                | 32.79      |
|    | 15 & Over                            | 31.19      |
| 27 | Girls 11 & Over 200 Backstroke       |            |
|    | 11-12                                | 3:00.19    |
|    | 13-14                                | 2:47.39    |
|    | 15 & Over                            | 2:44.29    |
| 28 | Boys 11 & Over 200 Backstroke        |            |
|    | 11-12                                | 2:56.39    |
|    | 13-14                                | 2:40.69    |
|    | 15 & Over                            | 2:31.29    |
| 29 | Girls 12 & Under 50 Backstroke       |            |
|    | 10 & Under                           | 49.89      |
|    | 11-12                                | 42.29      |
| 30 | Boys 12 & Under 50 Backstroke        |            |
|    | 10 & Under                           | 50.09      |
|    | 11-12                                | 42.19      |
| 31 | Girls 11 & Over 200 Breaststroke     |            |
|    | 11-12                                | 3:23.69    |
|    | 13-14                                | 3:11.99    |
|    | 15 & Over                            | 3:05.69    |
| 32 | Boys 11 & Over 200 Breaststroke      |            |
|    | 11-12                                | 3:20.79    |
|    | 13-14                                | 3:01.99    |
|    | 15 & Over                            | 2:54.29    |
| 33 | Girls 12 & Under 50 Breaststroke     |            |
|    | 10 & Under                           | 54.89      |
|    | 11-12                                | 45.59      |
| 34 | Boys 12 & Under 50 Breaststroke      |            |
|    | 10 & Under                           | 55.09      |
|    | 11-12                                | 47.09      |
| 35 | Girls 11-12 400 Freestyle            | 5:32.39    |
| 36 | Boys 11-12 400 Freestyle             | 5:27.09    |
| 37 | Girls 13 & Over 400 Freestyle        |            |
|    | 13-14                                | 5:16.59    |
|    | 15 & Over                            | 5:08.89    |
| 38 | Boys 13 & Over 400 Freestyle         |            |
|    | 13-14                                | 5:02.79    |
|    | 15 & Over                            | 4:50.19    |
| 39 | Girls 12 & Under 200 Freestyle Relay |            |
| 40 | Boys 12 & Under 200 Freestyle Relay  |            |
| 41 | Girls 13 & Over 200 Freestyle Relay  |            |
| 42 | Boys 13 & Over 200 Freestyle Relay   |            |

Saturday Afternoon Age Group – Senior Development Session

Warm up not before 12:00 Meet start 45 minutes later.

|    |                                      |         |
|----|--------------------------------------|---------|
| 43 | Girls 50 Freestyle                   |         |
|    | 10 & Under                           | 36.40   |
|    | 11-12                                | 33.70   |
|    | 13-14                                | 32.50   |
|    | 15 & Over                            | 31.80   |
| 44 | Boys 50 Freestyle                    |         |
|    | 10 & Under                           | 36.10   |
|    | 11-12                                | 32.60   |
|    | 13-14                                | 30.30   |
|    | 15 & Over                            | 28.80   |
| 45 | Girls 11 & Over 200 Backstroke       |         |
|    | 11-12                                | 3:00.20 |
|    | 13-14                                | 2:47.40 |
|    | 15 & Over                            | 2:44.30 |
| 46 | Boys 11 & Over 200 Backstroke        |         |
|    | 11-12                                | 2:56.40 |
|    | 13-14                                | 2:40.70 |
|    | 15 & Over                            | 2:31.30 |
| 47 | Girls 12 & Under 50 Backstroke       |         |
|    | 10 & Under                           | 43.70   |
|    | 11-12                                | 39.00   |
| 48 | Boys 12 & Under 50 Backstroke        |         |
|    | 10 & Under                           | 43.90   |
|    | 11-12                                | 38.70   |
| 49 | Girls 11 & Over 200 Breaststroke     |         |
|    | 11-12                                | 3:23.70 |
|    | 13-14                                | 3:12.00 |
|    | 15 & Over                            | 3:05.70 |
| 50 | Boys 11 & Over 200 Breaststroke      |         |
|    | 11-12                                | 3:20.80 |
|    | 13-14                                | 3:02.00 |
|    | 15 & Over                            | 2:54.30 |
| 51 | Girls 12 & Under 50 Breaststroke     |         |
|    | 10 & Under                           | 48.30   |
|    | 11-12                                | 42.10   |
| 52 | Boys 12 & Under 50 Breaststroke      |         |
|    | 10 & Under                           | 48.50   |
|    | 11-12                                | 43.10   |
| 53 | Girls 400 Freestyle                  |         |
|    | 10 & Under                           | 6:05.90 |
|    | 11-12                                | 5:32.40 |
|    | 13-14                                | 5:16.60 |
|    | 15 & Over                            | 5:08.90 |
| 54 | Boys 400 Freestyle                   |         |
|    | 10 & Under                           | 6:06.80 |
|    | 11-12                                | 5:27.10 |
|    | 13-14                                | 5:02.80 |
|    | 15 & Over                            | 4:50.20 |
| 55 | Girls 12 & Under 200 Freestyle Relay |         |
| 56 | Boys 12 & Under 200 Freestyle Relay  |         |
| 57 | Girls 13 & Over 200 Freestyle Relay  |         |
| 58 | Boys 13 & Over 200 Freestyle Relay   |         |

Sunday Morning Session

Warm up 7:00 am Meet start 8:15 am

|    |                               |         |
|----|-------------------------------|---------|
| 59 | Girls 12 & Under 50 Butterfly |         |
|    | 10 & Under                    | 48.59   |
|    | 11-12                         | 39.39   |
| 60 | Boys 12 & Under 50 Butterfly  |         |
|    | 10 & Under                    | 46.89   |
|    | 11-12                         | 39.59   |
| 61 | Girls 11 & Over 200 Butterfly |         |
|    | 11-12                         | 2:59.29 |
|    | 13-14                         | 2:48.29 |
|    | 15 & Over                     | 2:42.69 |
| 62 | Boys 11 & Over 200 Butterfly  |         |
|    | 11-12                         | 2:58.49 |
|    | 13-14                         | 2:38.79 |
|    | 15 & Over                     | 2:30.59 |
| 63 | Girls 100 Backstroke          |         |
|    | 10 & Under                    | 1:48.89 |
|    | 11-12                         | 1:31.09 |
|    | 13-14                         | 1:24.29 |
|    | 15 & Over                     | 1:20.39 |
| 64 | Boys 100 Backstroke           |         |
|    | 10 & Under                    | 1:45.69 |
|    | 11-12                         | 1:31.39 |
|    | 13-14                         | 1:20.59 |
|    | 15 & Over                     | 1:16.49 |
| 65 | Girls 100 Freestyle           |         |
|    | 10 & Under                    | 1:32.99 |
|    | 11-12                         | 1:19.59 |
|    | 13-14                         | 1:16.19 |
|    | 15 & Over                     | 1:14.39 |
| 66 | Boys 100 Freestyle            |         |
|    | 10 & Under                    | 1:31.09 |
|    | 11-12                         | 1:17.39 |
|    | 13-14                         | 1:11.49 |
|    | 15 & Over                     | 1:08.39 |
| 67 | Girls 11-12 400 IM            | 6:23.99 |
| 68 | Boys 11-12 400 IM             | 6:20.19 |
| 69 | Girls 13 & Over 400 IM        |         |
|    | 13-14                         | 6:00.99 |
|    | 15 & Over                     | 5:50.59 |
| 70 | Boys 13 & Over 400 IM         |         |
|    | 13-14                         | 5:44.49 |
|    | 15 & Over                     | 5:27.09 |

Sunday Afternoon Age Group – Senior Development Session  
 Warm up not before 12:00 Meet starts 45 minutes later.

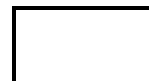
|    |                               |         |
|----|-------------------------------|---------|
| 71 | Girls 12 & Under 50 Butterfly |         |
|    | 10 & Under                    | 42.10   |
|    | 11-12                         | 36.30   |
| 72 | Boys 12 & Under 50 Butterfly  |         |
|    | 10 & Under                    | 41.00   |
|    | 11-12                         | 36.20   |
| 73 | Girls 11 & Over 200 Butterfly |         |
|    | 11-12                         | 2:59.30 |
|    | 13-14                         | 2:48.30 |
|    | 15 & Over                     | 2:42.70 |
| 74 | Boys 11 & Over 200 Butterfly  |         |
|    | 11-12                         | 2:58.50 |
|    | 13-14                         | 2:38.80 |
|    | 15 & Over                     | 2:30.60 |
| 75 | Girls 100 Backstroke          |         |
|    | 10 & Under                    | 1:35.30 |
|    | 11-12                         | 1:23.30 |
|    | 13-14                         | 1:17.80 |
|    | 15 & Over                     | 1:16.30 |
| 76 | Boys 100 Backstroke           |         |
|    | 10 & Under                    | 1:33.30 |
|    | 11-12                         | 1:23.60 |
|    | 13-14                         | 1:14.50 |
|    | 15 & Over                     | 1:10.60 |
| 77 | Girls 100 Freestyle           |         |
|    | 10 & Under                    | 1:21.90 |
|    | 11-12                         | 1:13.50 |
|    | 13-14                         | 1:10.40 |
|    | 15 & Over                     | 1:08.60 |
| 78 | Boys 100 Freestyle            |         |
|    | 10 & Under                    | 1:20.60 |
|    | 11-12                         | 1:11.40 |
|    | 13-14                         | 1:06.00 |
|    | 15 & Over                     | 1:03.10 |
| 79 | Girls 13 & Over 400 IM        |         |
|    | 13-14                         | 6:01.00 |
|    | 15 & Over                     | 5:50.60 |
| 80 | Boys 13 & Over 400 IM         |         |
|    | 13-14                         | 5:44.50 |
|    | 15 & Over                     | 5:27.10 |

**Entry Summary Sheet  
FURNITURE CITY INVITATIONAL  
HIGH POINT CITY LAKE PARK, HIGH POINT, NC**

Use this form or equivalent Hy-Tek report for a summary of entries.

| Age Group                     | Individual          |                 |                                |                 |
|-------------------------------|---------------------|-----------------|--------------------------------|-----------------|
|                               | Total # of Swimmers | Total # Entries | Total Surcharge Fee \$15/swimr | Total Entry Fee |
| 10 & Under Girls              |                     |                 |                                |                 |
| 10 & Under Boys               |                     |                 |                                |                 |
| 11-12 Girls                   |                     |                 |                                |                 |
| 11-12 Boys                    |                     |                 |                                |                 |
| 13-14 Girls                   |                     |                 |                                |                 |
| 13-14 Boys                    |                     |                 |                                |                 |
| 15-OV Womens                  |                     |                 |                                |                 |
| 15-OV Mens                    |                     |                 |                                |                 |
| Total Relay Entries           |                     |                 |                                |                 |
| Total Individual Entries/Fees |                     |                 |                                |                 |

Make checks payable to: HIGH POINT SWIM CLUB



Return this summary sheet with entry fees to:

High Point Swim Club  
c/o 23<sup>rd</sup> Annual FCI  
PO Box 5815  
High Point NC 27262

USA-Swimming, Inc., North Carolina Swimming, High Point Swim Club, High Point Parks & Recreations and other governing bodies of the facilities shall be held harmless for any and all liabilities or claims for damages arising by reasons of injuries to anyone during the conduct of this meet.

Signature: \_\_\_\_\_

Call Letters: \_\_\_\_\_

Coach: \_\_\_\_\_

Wk Phone: \_\_\_\_\_

Club: \_\_\_\_\_

Hm Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_