



NOMAD HOLIDAY INVITATIONAL

Hosted by North Mecklenburg Aquatics

December 12-14, 2014

NOMAD AQUATICS AND FITNESS

11202 HARRIS RD.

HUNTERSVILLE, NC 28078

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

Sanction #14212

MEET DIRECTOR	MEET ENTRY COORDINATOR
Rebekah Allen 704-763-3849 myfamilyx4@gmail.com	Julie Connelly 980-621-1743 nomadentries@gmail.com
MEET REFEREE	MEET MARSHALL
Lou Mondelli / Tom Donahue Lou Mondelli / 704-661-2584 mondellil@bellsouth.net / tdonahue@pfgnc.com	Bill Darrenkamp

FACILITY The 25 yard x 25 meter competition pool with 10 lanes, depth is 6 ft. is equipped with non-turbulent 8’ wide lane lines and built-in/permanent starting blocks. An electronic timing system with scoreboard will be used. 1500 sq.ft locker rooms are provided for athletes. Spectator seating for 500 is available. Spectators may bring their tents and chairs. Visit www.nomadaquatic.com to view the facility. The competition course has not been certified in accordance with 104.2.2C(4).

CLASSIFICATION This is a closed meet.

MEET FORMAT This is a timed final, pre-seeded, age group meet for ages 12 & under. Ages 13-14, and Senior events will be pre-seeded, prelim / final, and timed final events.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday Timed finals	4:00 PM	5:00 PM	8 & Under – Seniors
2	Saturday PRELIMS	8:00 AM	9:00 AM	13 –Senior
3	Saturday Timed finals	12:00	1:00	10 & Under, 11-12
4	Saturday FINALS	5:00	6:00	13 – Senior
5	Sunday PRELIMS	8:00AM	9:00AM	13 – Senior
6	Sunday Timed finals	12:00	1:00	10 & Under, 11-12
7	Sunday Finals	4:00	5:00	13 – Senior

DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Tuesday, December 2, 2014	5:00 PM	Entry deadline
Friday, Dec. 12, 2014	3:45 PM	Coaches/General Meeting
Friday, Dec. 12, 2014	4:15 PM	Officials Briefing
Saturday, Dec. 13, 2014	8:00 AM/ 12:00 PM/ 4:00 PM	Officials Briefing
Sunday, Dec. 14, 2014	8:00 AM/ 12:00 PM/ 4:00 PM	Officials Briefing
Sunday, Dec. 14, 2014	8:30 AM	Positive check in for 1000 and 1650

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Only feet first entry into warm down lanes at all times and during warm ups except during specific warm ups periods while under the direct supervision of a certified coach. No glass is allowed in the pool area or locker rooms at any time. Running and horseplay will not be allowed. As at any pool, the deck may be slippery and caution should be taken to prevent accidents. Swimmers are not allowed in pool equipment rooms or work out rooms. NO blocking of fire exits, which includes doorways and passages.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The NCS Scratch Rule is in effect for this meet. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. There will be no on deck registration available at this meet.

SWIMMERS WITH DISABILITIES

Nomad Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit Nomad's ability to accommodate all requests.

ENTRIES

Email is to be used for all entries. No telephone, fax, or mailed entries will be accepted. Entries should be Hy-tek or compatible software. All times must be in Short Course Yards Only. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Director by the entry deadline as stated in the deadline and meet summary above. A swimmer's age on the first day of the meet will determine their age for the entire meet. Nomad entries will be entered first and then accept teams/entries in the order received, until the four hour rule is reached. Entries received thereafter will be returned immediately. All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.

ENTRY LIMITATIONS

12 & Under swimmers may swim a maximum of 4 individual events plus 2 relays per day. Swimmers 13 & older may swim a total of 3 individual events per day and 2 relays for the meet.

RELAY ENTRIES

All relays will be swum as timed finals. All relays for ages 13 & older will be swum during prelims sessions. Only 2 relays per gender may score for each team.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. There will be no on deck entries. Late entries may be accepted at the discretion of the Meet Referee.

ENTRY FEES

Make checks payable to: Nomad Aquatics; All fees are non-refundable	
Individual Event	\$3.00 per event
Relays	\$8.00 per relay
Facility Surcharge	\$10.00 per swimmer
Late Entry Fee	Up to double the IE and relay fees listed

SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All distance events (400 IM, 500 Free, 1000 Free, and 1650 Free) will be seeded fast to slow.

CHECK-IN

A positive check-in, located on pool deck by the announcers table, will be required for the following events: 1000/1650 FREE

Check-in deadline for these events will be a 1/2 hour prior to the session start to scratch, seed, and produce meet programs

DATE	EVENT	SESSION START	CHECK-IN DEADLINE
Sunday, December 14, 2014	1000	9:00 AM	8:30 AM
Sunday, December 14, 2014	1650	9:00 AM	8:30 AM

Swimmers that fail to check in will be scratched from the event and not seeded.

SCRATCHES

There will be no penalty for scratching pre-seeded events (prelims and timed finals). A swimmer, who has positively checked in, seeded, and fails to compete in a Finals evening event shall be barred from his/her next individual event. The NCS Scratch Rule is in effect for this meet. Coaches and swimmers are expected to be familiar with the rule.

SCORING	<p>Individual events will be scored up to the sixteenth (16th) place. Senior events will be scored as 15-18. Standard scoring points are as follows:</p> <ul style="list-style-type: none"> • Individual: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1 • Relays: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2- <p>Swimmers that are older than age 18 will be exhibition only and will not be allowed to swim in finals.</p>
AWARDS	<p>Medals will be awarded to the top 3 individual finishers in each age group 8 & Under, 9-10, 11-12, 13-14, 15-18. 4th-8th place individual finishers will be awarded ribbons. Ribbons will also be awarded for 1st – 3rd place relays. Hi-Point trophies will be awarded for the top 3 finishers in each age group.</p>
RESULTS	<p>Results will be posted on NOMAD’S website within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain Hy-tek backups either on a memory stick or via email attachment.</p>
COACHES	<p>All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee’s discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings. Coaches are responsible for any and all information discussed and disseminated at the meeting.</p>
OFFICIALS/TIMERS /VOLUNTEERS	<p>There will be a need for officials. NOMAD Aquatics welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official’s assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area behind the warm pool at the date and time listed in the deadline and meet summary.</p>
HOSPITALITY/ CONCESSIONS	<p>There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.</p>
WARM-UP	<p>In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.</p>

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. Nomad Aquatics, Nomad Aquatics and Fitness Center, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your teams swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

ORDER OF EVENTS

Friday, December 12, 2014

Warm-up: 4:00 PM; Meet Start: 5:00 PM

Girls/Women	Event	Boys/Men
1	8 & UNDER 100Y MEDLEY RELAY	2
3	SENIOR 400Y IM	4
5	13-14 400Y IM	6
7	8 & UNDER 100Y FREE RELAY	8
9	11-12 200Y IM	10
11	10 & UNDER 200Y IM	12
13	8 & UNDER 25Y FREE	14
15	SENIOR 500Y FREE	16
17	8 & UNDER 25Y BACK	18
19	13-14 500Y FREE	20
21	8 & UNDER 25Y BREAST	22
23	11-12 500Y FREE	24
25	8 & UNDER 25Y FLY	26
27	10 & UNDER 200Y FREE	28

Saturday, December 13, 2014
PRELIMS
Warm-up: 8:00 AM; Meet Start: 9:00 AM

Girls/Women	Event	Boys/Men
29	13-14 200Y IM	30
31	SENIOR 200Y IM	32
33	13-14 100Y BACK	34
35	SENIOR 100Y BACK	36
37	13-14 200Y BREAST	38
39	SENIOR 200Y BREAST	40
41	13-14 100Y FREE	42
43	SENIOR 100Y FREE	44
45	13-14 200Y FLY	46
47	SENIOR 200Y FLY	48
49	13-14 200Y MEDLEY RELAY	50
51	SENIOR 200Y MEDLEY RELAY	52
FINAL WARM-UPS AT 5 MEET AT 6		

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Saturday, December 13, 2014
TIMED FINALS
Warm-up: 12:00; Meet Start: 1:00

Girls/Women	Event	Boys/Men
53	10 & UNDER 50Y BACK	54
55	11-12 50Y BACK	56
57	10 & UNDER 100Y FREE	58
59	11-12 100Y FREE	60
61	10 & UNDER 100Y IM	62
63	11-12 100Y IM	64
65	10 & UNDER 50Y BREAST	66
67	11-12 50Y BREAST	68
69	10 & UNDER 100Y FLY	70
71	11-12 100Y FLY	72
73	10 & UNDER 200Y MEDLEY RELAY	74
75	11-12 200Y MEDLEY RELAY	76

Saturday, December 13, 2014
FINALS
Warm-up: 5:00; Meet Start: 6:00

Girls/Women	Event	Boys/Men
29	13-14 200Y IM	30
31	SENIOR 200Y IM	32
33	13-14 100Y BACK	34
35	SENIOR 100Y BACK	36
37	13-14 200Y BREAST	38
39	SENIOR 200Y BREAST	40
41	13-14 100Y FREE	42
43	SENIOR 100Y FREE	44
45	13-14 200Y FLY	46
47	SENIOR 200Y FLY	48

Sunday, December 14, 2014
PRELIMS
Warm-up: 8:00; Meet Start: 9:00

Girls/Women	Event	Boys/Men
77	13-14 200Y FREE	78
79	SENIOR 200Y FREE	80
81	13-14 100Y BREAST	82
83	SENIOR 100Y BREAST	84
85	13-14 200Y BACK	86
87	SENIOR 200Y BACK	88
89	13-14 100Y FLY	90
91	SENIOR 100Y FLY	92
93	13-14 50Y FREE	94
95	SENIOR 50Y FREE	96
97	13-14 200Y FREE RELAY	98
99	SENIOR 200Y FREE RELAY	100
101	13-14 1000Y FREE	102
103	SENIOR 1000Y FREE	104
105	13-14 1650Y FREE	106
107	SENIOR 1650Y FREE	108

Sunday, December 14, 2014
TIMED FINALS
Warm-up: 12:00; Meet Start: 1:00

Girls/Women	Event	Boys/Men
109	11-12 200Y FREE	110
111	10 & UNDER 100Y BACK	112
113	11-12 100Y BACK	114
115	10 & UNDER 50Y FREE	116
117	11-12 50Y FREE	118
119	10 & UNDER 100Y BREAST	120
121	11-12 100Y BREAST	122
123	10 & UNDER 50Y FLY	124
125	11-12 50Y FLY	126
127	10 & UNDER 200Y FREE RELAY	128
129	11-12 200Y FREE RELAY	130

Sunday, December 14, 2014
FINALS
Warm-up: 5:00; Meet Start: 6:00

Girls/Women	Event	Boys/Men
77	13-14 200Y FREE	78
79	SENIOR 200Y FREE	80
81	13-14 100Y BREAST	82
83	SENIOR 100Y BREAST	84
85	13-14 200Y BACK	86
87	SENIOR 200Y BACK	88
89	13-14 100Y FLY	90
91	SENIOR 100Y FLY	92
93	13-14 50Y FREE	94
95	SENIOR 50Y FREE	96

NOMAD HOLIDAY INVITATIONAL

Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to NOMAD AQUATICS):

NOMAD AQUATICS
ATTN: REBEKAH ALLEN
11202 HARRIS RD.
HUNTERSVILLE, NC 28078

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$3.00 per event	
Relay Entries		\$8.00 per relay	
Swimmers (Travel Fund & Facility Surcharge)		\$10.00 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. NOMAD AQUATICS, NOMAD AQUATICS AND FITNESS, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative)

CLUB