



CAROLINA

## 2015 DYNAMO VS SWIMMAC CAROLINA SENIOR DUAL MEET

Hosted By SwimMAC Carolina

November 7-8, 2015

Held At SwimMAC @ Charlotte Latin

9850 Providence Rd., Charlotte, NC 28277; Phone: (704) 846-5335

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.

**Sanction #NC15189**

<b>MEET DIRECTORS</b>	<b>MEET ENTRY COORDINATOR</b>
Chris Conklin (252) 347-6489 <a href="mailto:Thnkgod247@yahoo.com">Thnkgod247@yahoo.com</a>	Sarah Holman (859) 516-8107 <a href="mailto:sholman@swimmaccarolina.org">sholman@swimmaccarolina.org</a>
<b>MEET REFEREE</b>	<b>MEET MARSHALL</b>
Kim Eudy (704)578-0881 <a href="mailto:kimeudy@carolina.rr.com">kimeudy@carolina.rr.com</a>	Julio Zarate (301)717-3462 <a href="mailto:jzarate@swimmaccarolina.org">jzarate@swimmaccarolina.org</a>

### FACILITY

The SwimMAC Swim Center is a 30,000 square foot facility featuring a 50 meter by 25 yard Paddock Pool racing tank. The pool is equipped with Competitor 4" Racing Lanes and uses Paddock stainless steel starting platforms. The facility also features a Colorado 5000 timing system and a ten lane scoreboard. Hy-Tek Meet Manager software will be used. In the 25 yard competition pool, the pool depth ranges from 6 feet at the starting end to 12 feet at the far end of the pool with ten, 8 foot wide lanes. There will be up to 12 additional lanes available for continuous warm up and warm down. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. There is bleacher seating for 600 competitors and spectators.

### MEET FORMAT

This is a Dual, Senior timed final pre-seeded meet unless otherwise indicated. Meet Management reserves the right to add breaks between events if deemed necessary. Swimmers in the 500 Free and 1000 Free will need to provide their own counters.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	1:00 – 2:20 pm	2:30 pm	Senior
2	Sunday	9:00 – 10:20 am	10:30 am	Senior

## DEADLINE AND MEETING SUMMARY:

Day, Date	Time	For:
Wed., Oct. 28, 2015	11:00 pm	Entry Deadline
Sat., Nov. 7, 2015	2:15 pm	Coaches Meeting (Hospitality Room)
November 7 and 8, 2015	One hour prior to start of each session	Officials Meeting (Hospitality Room)
Sat., Nov. 7, 2015	1:45 pm	Positive Check-In for Events 3-4 (400 IM)
Sat., Nov. 7, 2015	2:30 pm	Positive Check-In for Events 13-14 (500 Free)
Sun., Nov. 8, 2015	10:20 am	Positive Check-In for Events 33-34 (1000 Free)

### SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

### RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. The NCS Scratch Rule is in effect for this meet; the NCS Scratch rule is included in the Meet Announcement.

### ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline and be registered members of the following teams: **SwimMAC Carolina and Dynamo Swim Club**. Entries listed as "Registration Applied For" will not be accepted. There will be no ondeck registration available at this meet.

### SWIMMERS WITH DISABILITIES

SwimMAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit SwimMAC's ability to accommodate all requests.

## ENTRIES

Entries can be e-mailed in a HY-TEK file. All computer entries must be accompanied by a hard copy of the entire entry. Please list swimmer's age as of the first day of the meet. All entries, manual or computer generated, must include the following forms:

1. Official HY-TEK Summary Sheet
2. Payment of Fees. Please mail hard copy and check to:

SwimMAC Carolina  
9850 Providence Road  
Charlotte, NC 28277  
Attention: Julio Zarate

E-mail entries to Sarah Holman at [sholman@swimmacarolina.org](mailto:sholman@swimmacarolina.org)

All relay only swimmers including alternates must be listed and pay the NCS Travel Fund surcharge.

## ENTRY LIMITATIONS

Swimmers are limited to four (4) individual events per day and eight (8) total for the meet. Each club may enter up to five (5) relay teams per relay event but only up to three (3) relay teams may score for each team.

## ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

## ENTRY DEADLINES

The Meet Entry Coordinator must receive entries by **Wednesday, October 28, 2015 by 11:00 pm**. Late entries may be accepted at the discretion of the meet referee. No telephone or fax entries will be accepted. There will be no on deck entries.

## ENTRY FEES

<b>Make checks payable to SwimMAC Carolina; All fees are non-refundable</b>	
Individual Event	\$2.50 per individual event
Relays	\$8.00 per relay
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	None
Late Entry Fee	Normal per event charge

## SEEDING

The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim slowest to fastest unless otherwise indicated for all timed final events.

All events 400 yards and longer will be deck-seeded. A positive check-in by the deadline indicated in the Deadline and Meeting Summary is required to be seeded into the event. The 400 IM and 500 Free will be swum slowest to fastest in event order. The 1000 Free will be swum slowest to fastest alternating girls and boys.

SwimMAC will be seeded in **ODD** lanes and Dynamo will be seeded in **EVEN** lanes.

<b>CHECK-IN</b>	Positive check-in will be at the Clerk of Course. There will be a positive check-in for all individual events of 400 yards or longer as indicated in the Deadline and Meeting Summary above.
<b>SCRATCHES</b>	There will be no penalty for scratching pre-seeded events at the block. The NCS Scratch Rule is in effect for this meet. The NCS Scratch Rule is included in the Meet Announcement on the last page.
<b>SCORING</b>	Individual events: 11-9-8-7-6-5-4-3-2-1 Relay events: 22-18-16-14-12
<b>AWARDS</b>	No awards will be given at this meet.
<b>RESULTS</b>	Results will be posted at <a href="http://www.swimmaccarolina.org">www.swimmaccarolina.org</a> within 24 hours of the meets conclusion. At the conclusion of the meet, teams may obtain HY-TEK backups either on a memory stick or via email attachment. Live results will be posted at <a href="http://www.swimmaccarolina.org">www.swimmaccarolina.org</a> as well.
<b>COACHES</b>	All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of certification/registration and shall prominently display their registration cards at all times while on deck. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Coaches are accountable for the information presented.
<b>OFFICIALS/TIMERS/ VOLUNTEERS</b>	There will be a need for officials. SwimMAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of certification/registration. Officials shall prominently display their registration cards at all times while on deck. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.
<b>HOSPITALITY/ CONCESSIONS</b>	There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.
<b>WARM-UP</b>	In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be lanes available for continuous warm-up/down. There is to be no diving or horseplay in this area.

**WAIVER/RELEASE**

**As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. SwimMAC, Charlotte Latin School, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.**

## 2015 Dynamo vs SwimMAC Carolina Senior Dual Meet

### Summary of Fees/Release Form

Complete and email or mail this form along with entry fees to (checks payable to SwimMAC Carolina):

SwimMAC Carolina    ATTN: Sarah Holman    9850 Providence Rd., Charlotte, NC 28277

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Cost per	Total
Total Individual Entries	\$3.00 per event	
Total Relay Entries	\$8.00 per relay	
Total Swimmers (Travel Fund & Facility Surcharge)	\$13.00 per swimmer	
Late Fees		
<b>Total Fees Due</b>		

#### **Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. SwimMAC Carolina, Charlotte Latin @ SwimMAC, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet. \_\_\_\_\_

SIGNATURE (Coach or Club Representative)

CLUB

# SWIMMAC VS DYNAMO SENIOR DUAL MEET

## ORDER OF EVENTS

Saturday, November 7

Warm-up: 1:00 pm      Meet Start: 2:30 pm

Girls	Event	Boys
1	200 Medley Relay	2
	10 MINUTE BREAK	
3	400 IM	4
5	100 Backstroke	6
7	200 Butterfly	8
9	100 Freestyle	10
11	200 Breastroke	12
13	500 Freestyle*	14
	10 MINUTE BREAK	
15	400 Freestyle Relay	16

**\*Swimmers will need to provide their own counters.**

Sunday, November 8

Warm-up: 9:00 am      Meet Start: 10:30 am

Girls	Event	Boys
17	200 Free Relay	18
	10 MINUTE BREAK	
19	200 Freestyle	20
21	100 Breastroke	22
23	100 Butterfly	24
25	200 Backstroke	26
27	200 Breastroke	28
29	50 Freestyle	30
31	200 IM	32
33	1000 Free*	34
	10 MINUTE BREAK	
35	400 Medley Relay	36

**\*Swimmers will need to provide their own counters.**

## NCS Scratch Rule

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

- .1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.
- .2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer is entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.
- .3 Preliminary and Finals Events
  - A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies
  - B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of \$100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.
  - C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete
  - D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim
  - E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)
- .4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:
  - A. The Referee is notified in the event of illness or injury and accepts the proof thereof.
  - B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.
  - C. The swimmer was not named in any finals heat during the initial announcement of results
  - D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

## 208.4. RELAY SCRATCH RULE

- .1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.