Charles Stockton Memorial

"PIRATE'S GOLD"

Rutherford County Swim Team

"RCST"

March 9, 2019

Isothermal Community College

286 ICC Loop Rd, Spindale, NC 28160

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
Sanction #NC19004

MEET DIRECTOR	MEET ENTRY COORDINATOR
Mike Kernodle 828-287-4673 (H) 828-980-7276 (C) kernodles@bellsouth.net	Mike Kernodle 173 N. Meridian Street Rutherfordton, NC 28139 828-287-4673 (H) – 828-980-7276 (C) kernodles@bellsouth.net
MEET REFEREE	**MEET MARSHAL**
Jim Riggs jsriggs1@bellsouth.net	Steve Jones sjones@rcsnc.org
ADMINISTRATIVE OFFICIAL	
Mike Kernodle kernodles@bellsouth.net	

FACILITY Competition pool; 25 yards, 6 lanes, indoor pool. The pool depth ranges from 3.5 feet at the turn end to 10 feet at the starting end with 5' wide lanes separated with four (4) inch competitor anti-wave lane lines. All starts from the turn end, including relay starts, must begin from within the water. The pool is equipped with stainless steel, permanently mounted starting blocks. Colorado Timing electronic timing/starting system will be used. The competition course has not been certified in accordance with 104.2.2C(4).

MEET FORMAT This is a Timed Final, Age Group Meet.

Session	Day	Warm-up	Meet Start	Age Group
1	Saturday	8:00 AM	9:00 AM	ALL

DEADLINE AND MEETING SUMMARY: (keep section in chronological order)

Day, Date	Time	For:
Wedn, February 27th	Midnight	Entry deadline
Saturday, March 9th	8:45 AM	Coaches/General Meeting
Saturday, March 9th	8:30 AM	Official Briefings

SAFETY

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

RACING STARTS

Any swimmer entered in the meet, unaccompanied by an USA Swimming member coach, must be certified by an USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional, and exceptions are stated. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited.
Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. Swimmers must be registered prior to entry deadline. There will be no on deck registration available at this meet. This is a "closed" league meet and only swimmers who are members in good standing with a member BRSL team may participate.

SWIMMERS WITH DISABILITIES

RCST welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit RCST's ability to accommodate all requests.

ENTRIES

Entries should be submitted in Hy-tek format and do not require any hard copy entry forms. Email is preferred for electronic entries however, disks are also acceptable. A completed and signed Entry Summary Sheet (included in the announcement) and payment in full must be received by the Meet Entry Coordinator by the entry deadline or submitted at the meet prior to any swimmer participating in the meet. A swimmer's age on the first day of the meet will determine their age for the entire meet. RCST entries will be entered first and then accept teams/entries in the order received, until the four/eight-hour rule is reached. Entries received thereafter will be returned immediately.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 3 individual events plus 2 relays for this meet.

ENTRY VERIFICATION

An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINES The Meet Entry Coordinator must receive entries by the date and time listed in the Deadline and Meeting Summary. Late entries may be accepted at the discretion of the Meet Referee. There will be no on deck entries.

ENTRY FEES

Make checks payable to: Rutherford County Swim Team; All fees are non-refundable	
Per Swimmer	**$15.00**

SEEDING The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

CHECK-IN Swimmers are not required to Check-in.

SCRATCHES There will be no penalty for scratching pre-seeded events at the block. We encourage coaches to notify Clerk of Course of known scratches before the meet begins.

SCORING This meet will not be scored.

AWARDS Ribbons will be awarded to the top 6 finishers in each age group event. Ribbons will be awarded to the top 3 relays in each relay event.

RESULTS At the conclusion of the meet, teams may obtain Hy-Tek backups either on a memory stick or via email attachment. Results will be sent by e-mail to each participating team. Results will be posted on the NCS website and times submitted to SWIMS

COACHES All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coach's meetings.

OFFICIALS/TIMERS/ VOLUNTEERS There will be a need for officials. RCST welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the official's level of certification must also be presented. Any official's assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

HOSPITALITY/ CONCESSIONS

There will be limited hospitality available to all coaches and officials. Limited refreshments will be available at the concession stand.

WARM-UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. There is to be no diving or horseplay in the facility.

WAIVER/RELEASE

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. RCST and Isothermal Community College, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

Saturday, March 9, 2019

Warm-up: 8:00 AM; Meet Start: 9:00 AM

Girls/Women	Event	Boys/Men
1	8 & Under 100 Free Relay	2
3	10 & Under 200 Free Relay	4
5	12 & Under 200 Free Relay	6
7	14 & Under 200 Free Relay	8
9	Open 200 Free Relay	10
11	8 & Under 100 IM	12
13	10 & Under 100 IM	14
15	11-12 100 IM	16
17	13-14 200 IM	18
19	Senior 200 IM	20
21	8 & Under 25 Free	22
23	10 & Under 50 Free	24
25	11-12 100 Free	26
27	13-14 100 Free	28
29	Open 100 Free	30
31	8 & Under 25 Breast	32
33	10 & Under 50 Breast	34
35	11-12 100 Breast	36
37	13-14 100 Breast	38
39	Open 100 Breast	40
41	8 & Under 25 Back	42
43	10 & Under 50 Back	44
45	11-12 100 Back	46
47	13-14 100 Back	48
49	Open 100 Back	50
51	8 & Under 25 Fly	52
53	10 & Under 50 Fly	54
55	11-12 100 Fly	56
57	13-14 100 Fly	58
59	Open 100 Fly	60
61	8 & Under 100 Medley Relay	62
63	10 & Under 200 Medley Relay	64
65	12 & Under 200 Medley Relay	66
67	14 & Under 200 Medley Relay	68
69	Open 200 Medley Relay	70

Meet Management may combine events according to number of entries.