



# High Point Swim Club

Aaron Reeves – Head/Senior Coach  
Chrissy Milkosky- Head Age Group Coach

Memo

To: NCS Board

Re: NCS LSC SC Schedule for 1009-10

From: Aaron Reeves Technical Planning Chair

The attached template is being forwarded to the NCS Board for approval. The committee feels that this template is in the best interest of the LSC and its membership.

Meets that are bid and sanctioned need to meet the progression established in this schedule. While it is not the intent of the Technical Planning and Sanctioning Committees to disallow meets or flexibility of formats, rather to have competition meeting the standard and criteria that has been established and asked for by the Senior and Age Group Committees.

It is the position of these committees that a systematic progression of meets and related competitions be held with the intent of providing appropriate levels of competition, at particular times of the year. The intended outcome of this progression will aid in producing better swimmers, and improve retention of swimmers.

The committees want to see fewer open meets from mid November through the end of January to allow for appropriate levels of competition amongst the swimmers that are attending meets. An increase in meets that service the novice (Senior Development and B/C) swimmer so they are able to compete against similar talent and feel a sense of accomplishment and provide opportunities for the best and fastest to compete against each other is the goal.

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